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**President's Message**

Welcome to the month of May where we finally can feel spring in the air. Now that we have the opportunities to gather and meet in person at the MGDM, I urge everyone to come out to the various events organized by the ZSO, as the social interactions with our friends in the community can be of great help to all of our mental health.

For instance, the entertainment committee has organized a Sports Night for Sat. May 14<sup>th</sup> (see flyer). We encourage everyone in the community to come out for this fun evening and support all the volunteers who work so hard to put all these memorable events together.

We are happy to say that the **Bollywood Music/Ghazal night** held at the MGDM was a great success.

This is the time of the year where we are preparing for the AGM to be held this year on Sunday, July 17<sup>th</sup> at 11:00 am virtually and with limited numbers in-person. We are looking for dedicated volunteers to come forward and put in their nominations for the following positions.

Executive VP for 2 yrs

Treasurer for 2 yrs

Secretary for 1 yr

Executive officer 1 for 2 yrs

Executive officer 2 for 1 yr (1 year already served by Mashya as outgoing President)

Asst Secretary for 2 yrs

If you know anyone within our community with bookkeeping or accounting background, please consider helping us. You can find the nomination form in this NL or online.

Although in the past 2 years, some have unintentionally allowed their ZSO membership to expire we are happy that our membership is once again growing. In order to maintain the Darbe Mehr, we continue to depend on funds gathered through membership fees and through donations. We are excited to offer a new feature on [www.zso.org](http://www.zso.org) which allows individuals and families to not only pay for their membership online, but to also tick a box with the option of automatic annual renewal which should make renewal much easier for everyone. If however you still wish re-new your membership the "old fashioned" way, I am happy to send you a membership form where you can mail in a cheque. Simply call me at 416-575-1134.

For the month of May, we aim to continue get price quotes to continue the necessary repairs and maintenance of the MGDM grounds and the driveway.

We are now open for private booking as the restrictions for private gatherings at the MGDM have been lifted. For availability and booking please contact Hoofrish Patel [evp@zso.org](mailto:evp@zso.org)

Have you ever considered advertising your business in the ZSO newsletter? Prices are available on [www.zso.org](http://www.zso.org) or contact the newsletter editor at [newslettereditor@zso.org](mailto:newslettereditor@zso.org) for additional details.

For MGDM hours and all future events you can always visit [www.zso.org](http://www.zso.org).

*Wishing you all Tandarosti,*  
**Mitra Jam, ZSO President**



## Scout's Children's Nowruz Party

The Children's Nowruz Party held on Sunday, March 13, 2022 at the MGDM was a great success. The event was well conceived, well planned and well executed by Anahita and Ferozshaw Ogra. Mitra and Baharam Jam were extremely helpful in providing their support in facilitating this event to introduce elements of the Scouting movement to the Kanoun children. Equally important was that the 100 Toronto Scouts were exposed to the joys of Nowruz the Persian way. The function was well attended by Parents and Seniors.

Once again after a long duration the MGDM hall was reverberating with the pleasant sounds of Zoroastrian youth enjoying themselves.



The MGDM hall was as noisy as a fish market on a Sunday morning and as busy as a hornet's nest. The youth were entertained at play stations with face painting, Nowruz craft and sabzeh growing.

The joy of Nowruz was highlighted by the presence of our famous Amur Nowruz (Baharam Jam) and Nane Sarma (Mandana Bastani). Our (Apro) highly active Amur Nowruz entertained the youth and brought happiness and joy to all of them.



guest Zia Bulsara created a slide show depicting the past seven years of Scouting activities, camps and Canadian Jamboree.

Then came the famous 'Jamva Chalo'. The youth were treated with pizzas, chips, cup cakes and tim-bits. The parents were served tasty chicken buns, chips, cup cakes and tim-bits. The most important treat for all was water.

Mandana Bastani and Kashmira were the Mistresses of Ceremony. Anahita, Ferozshaw, Mitra and Jamshed's were congratulated for their efforts in organizing the event. The help and contribution of the volunteers from ZSO Board of Directors, Kanoun, Beavers, Cubs and Scouts was appreciated. The leadership qualities of our Section Leaders Adil Bulsara, Maneckji Appo, Avan Aga, Hoofrish Patel, Kashmira Prasad, Aimey Panthaky, Mandana Bastani, Kashmira Bulsara, Sohrab Bhiwandiwalla and Jason Buhariwalla have to be complimented.

The 100 Toronto Scout Group is grateful to have the sponsorship of the ZSO and the help given by the President Mitra Jam. The 100 Toronto Scout Group is hopeful that some of the Kanoun Youth will soon be part of the Zoroastrian Scout group. One can only savor the occasion and hope there will be many more happier moments to come. Once a Scout always a Scout.

*Article submitted by Rohin Kiash*





## Maple Syrup Hike - April 9th

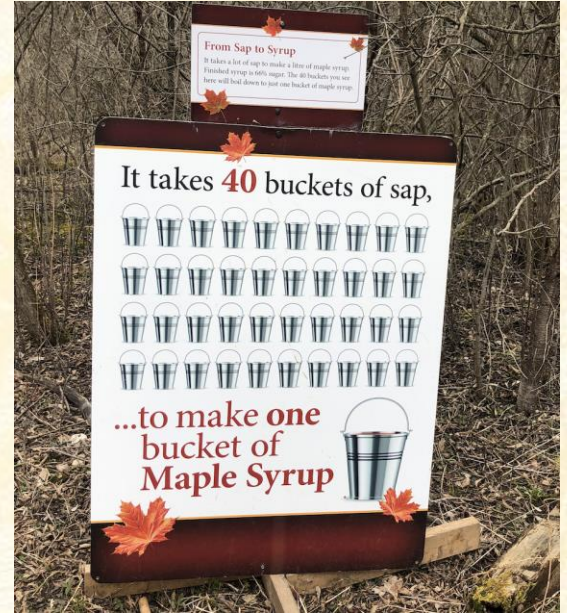
On April 9th at the Kortright Conservation Center, ZSO members and friends learned how to turn maple sap into maple syrup. Zoroastrians from all over Toronto and GTA came out for an adventurous hike through the forest filled with maple trees and more.

Along the way, the Kortright conservation crew took us through various pit-stops explaining the history of maple syrup in Canada – beginning with how the Indigenous people discovered it and ending with how maple syrup is made today. Along the way, we were treated to some tasty maple syrup samples.

A few things we learned:

1. Canada is the leading maple syrup producer in the world
2. Maple syrup colour goes from light to dark depending on the time of season (February-light, April-dark)
3. It takes 40 buckets of tree sap to make 1 bucket of syrup

Thanks to the ZSO Youth Committee for planning an event that brought together hikers who love to learn new things and meet new people.



Watch the video coverage of the event on the ZSO youth Instagram: @zsoyouthevents. For more events like this, follow the Youth Committee on Instagram at @zsoyouthevents, and keep an eye out for the latest events through the ZSO email.

*Report Submitted by Fravash Chothia*

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## Upcoming Prayers at Darbe Meher

We are happy to welcome back in-person attendance for prayers and events. Below are dates for upcoming Shenshai Prayers.

Prayers will also be live streamed on the ZSO YouTube Channel. If you are attending in person – please ensure names are given to Hoshang Udvadia via email at [hudwadia@hotmail.com](mailto:hudwadia@hotmail.com) or by calling him on 416-499-4957.

- 1) Monday, May 23, 2022 @ 10.30 am Shenshai Zarthosht no diso with lunch.
- 2) Sunday, May 29, 2022 @ 10.30 am Shenshai Maidyarem Gahambar with lunch.
- 3) Friday, June 3, 2022. @ 6 pm Shenshai Homaji Baaj with dinner.



## Seniors' Corner



Over 50 Seniors attended the Seniors lunch on April 15th. The event was Chair Yoga, led by Yasmin Khory. It was encouraging to see the Seniors doing different movements using their hands, necks, shoulders, legs, while engaging their core muscles too, as well as some breathing exercises.

Please come out and join our Seniors Events – dates for May are below:

Friday, May 13<sup>th</sup> – 11:00 am

Friday, May 27<sup>th</sup> – 11:00 am

All events are held at the Darbhe Meher. We look forward to see you all in great numbers!

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## 12<sup>TH</sup> World Zoroastrian Congress 2022



Reminder that registration is now open for the 12<sup>th</sup> WZC to be held in New York City from July 1<sup>st</sup> to July 4<sup>th</sup>, 2022. Discounted registration is still available until May 31<sup>st</sup>.

Recent program highlights include:

“A Conversation with Dr. Jamshed Choksy and Dr. Yuhan Sohrab-Dinshaw Vevaina”, and “Conquering the Unquiet Mind: A Guide to Mental Well-Being” with Mehernaz Madon and Khushro Unwalla.

Please visit the Congress website for registration details and more information at <https://wzc2022.nyc/>.

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## Condolences

**Keyhan Kalanpour**, on April 23<sup>rd</sup> in Toronto. Oldest son of Farangis Khadivi and Cyrus Kalanpour, brother to Jahan and Jamshid. May his soul rest in peace.

**Hoshang Nanavati (Major)**, on April 29<sup>th</sup> just prior to his 94<sup>th</sup> birthday. Husband of Frene Nanavati, father of Rashna Cussen, Shireen Preksta, and Sarosh Nanavati. Grandfather to James, Sheena, Lisa, Darcie, Curtis, Sam and Max. Great grandfather to Ava, Tessa, Vayda and Priya. Loving brother to the late Frainy Nanavati, Moti Balsara and Kawus Nanavati. May his soul rest in peace.

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## NewsLetter Editor – Open Position

ZSO is looking for new ideas for our Newsletter to keep our community moving forward – and a Newsletter Editor that can help take us there. If you want to give back to your community, share your creative ideas and are not afraid to challenge the status quo – then please send your interest to [newslettereditor@zso.org](mailto:newslettereditor@zso.org).



## Newsletter Requests

Please note that the deadline for receiving submissions for the ZSO newsletter is the 20<sup>th</sup> of each preceding month. Any materials received after this date will be published on a best-effort basis.

**Editor:** Armaity Bamji **Assistant Editor:** TBD

Please note that all requests for inclusions in the ZSO NL should be emailed to [newslettereditor@zso.org](mailto:newslettereditor@zso.org) and [asstnleditor@zso.org](mailto:asstnleditor@zso.org). Please copy Hoofrish Patel at [evp@zso.org](mailto:evp@zso.org) for approval.

*The distribution or reproduction, in part or whole of the Zoroastrian Society of Ontario's monthly Newsletters by any means or via any media, requires authorization by the Society's Board of Directors. Any unauthorized distribution or reproduction is strictly prohibited.*

## Miscellaneous

### ZSO Contacts:

Emergency situations: Khushru Chothia (416) 677-7555

Messages on the auto-dialer: Pedram Yazdani at [admin@zso.org](mailto:admin@zso.org)

- **Please copy Mitra Jam at [president@zso.org](mailto:president@zso.org) for approval**

Renting MGDM hall (for post-funeral prayers/rituals or for private functions): Hoofrish Patel at [evp@zso.org](mailto:evp@zso.org)

### Newsletter advertising rates:

Inserts: \$200      Quarter page/Business card: \$55      Half page: \$75      Full page: \$125

Miscellaneous two-liners: \$15

10% discount for 12 consecutive months of advertising.



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L7B 1E7  
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[www.zstudies.ca](http://www.zstudies.ca)

## اهنودگات هات 31 بند 11

ای خداوند خردهنگامی که در روز ازل جسم و جان افریدی و از منش خویش قدرت اندیشیدن و سخن گفتن و رهبری کردن عنایت فرمودی خواستی هر کس به دلخواه خود و با کمال ازادی کیش خود را انتخاب کند .

### جشن اردیبهشت گان

#### جشن ماهانه

بر اساس گاهشماری زرتشتیان جشن اردیبهشت گان از جشن های ماهیانه است که در روز اردیبهشت از ماه اردیبهشت که برابر با 22 اپریل است برگزار میشود .

اردیبهشت دومین امشاسپند است و این نام در اوستا اشته و هیشته یا ارته و هیشته میباشد . و ایرانیان از هزاران سال پیش در روز جشن اردیبهشت گان لباس سفید رنگ می پوشیدند که نمایان گر پاکیزگی است. و از سویی همزمان است با زمانی که در بسیاری از مناطق ایران گل ها شکوفا شده اند .





## ورزش و سلامتی

همانند گذشته می توانید در برنامه هفتگی یوگا دوشنبه به صورت مجازی شرکت کنید. هر هفته زمان و نشانی پیوند را در ایمیل خود دریافت می کنید. با شرکت در آن به سلامتی خود اهمیت دهید.



## ایین گاهنبار

نخستین چهره گاهنبار سال جدید از 10 تا 14 اردیبهشت برابر با 30 اپریل تا 4 may می باشد. هدف از برگزاری این ایین کهن که از نیاکان ما به ارث رسیده بخشش و دهش و ایجاد همبستگی و هماروزی و باخبرشدن زرتشتیان از حال یکدیگر در جامعه میباشند. پس بسیار مناسب است که همانند گذشته با شرکت در برگزاری ایین دیرین همکاری و همفکری لازم را داشته باشیم. خیر اندیشی خود را به مناسبت گاهنبار میتوانید به صورت آنلاین یا با چک به انجمن پرداخت کنید.



## کانال تلگرامی کانون فرهنگی زرتشتیان اونتاریو

با پیوستن به گروه تلگرامی کانون فرهنگی اونتاریو از اخبار و برنامه های جامعه آگاه شوید . نشانی این کانال تلگرامی را به آگاهی دیگران هم برسانید .

نشانی کانال تگرامی <https://t.me/zsokanoun>

به کانون به نشانی [kanoun@zso.org](mailto:kanoun@zso.org) نیز میتوانید در تماس باشید و نظر ها و پیشنهاد ها و خبر ها را بفرستید.

## لطفا حق عضویت خود را به انجمن پرداخت نمایید .

با پرداخت حق عضویت خود هم انجمن را از نظر مالی پشتیبانی کنید و هم اینکه همزوری خود را به انجمن و جامعه نشان دهید . شما میتوانید به صورت آنلاین و یا تارنمای انجمن یا با فرستادن چک و پرکردن فرم حق عضویت خود را انجام دهید .

## نشر نوشته در بخش فارسی خبرنامه

در صورت تمایل میتوانید مطالب خود را در مورد تاریخ , دین , سنت یا موضوع های اجتماعی به صورت فارسی برای انتشار در بخش فارسی خبر نامه به نشانی ایمیل کانون بفرستید . طبیعتا این نوشته ها پس از نظر خواهی و داوری افراد متخصص منتشر خواهد شد .

مناسبت ها و رخدادهای ماه گذشته

با سپاس از همه افرادی که در برگزاری این مناسبت ها همزوری کردند.

ضبط شده ای این برنامه ها را میتوان در این ادرس ببینید :

<https://www.youtube.com/c/ZoroastrianSocietyofOntario>





## **NOMINATION FORM – 2022**

(Please print or write clearly and complete all sections on both sides of this Form)

We, the undersigned, being members in good standing of the Zoroastrian Society of Ontario (ZSO), nominate the following member of ZSO who is a permanent resident of Ontario

\_\_\_\_\_ of \_\_\_\_\_,  
(Name of member nominated) (City)

for election to serve on the Board of Directors as:

\_\_\_\_\_  
(Position)

Dated at \_\_\_\_\_ this \_\_\_\_\_ day of \_\_\_\_\_, 2022.  
(City) (Date) (Month)

\_\_\_\_\_  
(Proposer's Name)

\_\_\_\_\_  
(Proposer's Name)

\_\_\_\_\_  
(Proposer's Signature)

\_\_\_\_\_  
(Proposer's Signature)

I, \_\_\_\_\_ (Nominee), consent to this Nomination, and agree to abide by the Constitution and By-laws of the ZSO and all Resolutions passed by the members of the ZSO at all General Meetings.

\_\_\_\_\_  
(Nominee's Signature)

### **Please Note:**

1. For this nomination to be valid, it must be delivered to the attention of the "ZSO Secretary" before 11:00 AM EST on, Sunday June 12<sup>th</sup>, 2022, at the registered office of the ZSO.
2. The Nominee must complete the Bio-data Form overleaf.
3. The Nominee and the Proposers must be members in good standing (up to date with their Membership Fees) on the date that this Nomination Form is signed.





## Zoroastrian Society of Ontario

3590 Bayview Avenue  
Toronto, ON, M2M 3S6  
Tel: (416) 225-7771

Reg# 88897 0241 RR0001  
Website: <http://zso.org>

### NOMINEE'S BIO-DATA FORM - 2022

**Nominee's Name:**

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**Member of ZSO since:**

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**Past Social/Community  
Activities:**

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**Education Background:**

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**Professional Background/  
Occupation:**

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**Objectives I'd like to  
achieve if elected:**

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**Dated: \_\_\_\_\_**





# DONATION FORM

Please complete the form below and send it along your donation cheque. This form will ensure we have your correct mailing address to send your tax receipt.

Tax receipts will be issued for donations of \$25 and higher.

First Name: \_\_\_\_\_

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Please mail cheques to : Zoroastrian Society of Ontario  
Attn: Treasurer  
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**\*\*All cheques payable to Zoroastrian Society of Ontario**



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*Mosaic Interfaith with Temple Har Zion &  
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### ***Our Religious Symbols: Uses and Abuses Monday, May 9th, 2022 7 pm on zoom***

*Join our dynamic and diverse community panel,  
TBA (Buddhism)*

*Mona Munro (Christianity)*

*Dr. Ragini Sharma (Hinduism)*

*Dr. Liyakat Takim (Islam)*

*Cantor Rachael Littman (Judaism)*

*Ran Perhar (Sikhism)*

*Fred Mirza (Zoroastrianism)*

*& moderator*

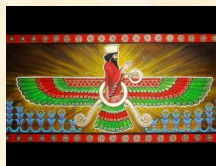
*Dr. Karen Mock*

*to learn about the meaning and importance of many of our religious symbols. It is also important for parents, educators and law enforcement to learn how some of these symbols have been distorted and abused by extremist groups and hate mongers...and how to tell the difference.*

*Please contact us for further information.*

*Fran Isaacs: [thisisfran@yahoo.com](mailto:thisisfran@yahoo.com) / Shabnees Siwjee: [shabnees@yahoo.ca](mailto:shabnees@yahoo.ca)*

*Register at [harzion.ca](http://harzion.ca) to receive the zoom link*



MOSAIC INTERFAITH WAS FOUNDED IN 1980 AND IS MADE UP OF CONGREGATIONS REPRESENTING BUDDHISM, CHRISTIANITY, HINDUISM, ISLAM, JUDAISM, SIKHISM AND ZOROASTRIANISM

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