



Zoroastrian Society of Ontario

Newsletter – May 2021
Volume 47, Number 10

MEHRABAN GUIV DARBE MEHR

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Toronto, Ontario M2M 3S6



WHAT'S NEW, PRES?

For this message, I went online looking for an inspirational quote to share and found this one: “Doing good to others is not a duty; it is a joy, for it increases your own health and happiness.” The quote is attributed to none other than Asho Zarthushtre! How perfect!

With ZSO's next AGM coming up on July 18th, I found this quote especially meaningful. What better way for a Zarthushti to do good than to serve our beautiful community. And while there are many ways to do that, your Board is eager to see the next generation of bold, passionate, and dedicated members – like you – offer themselves to serve on the incoming Board of Directors. Just click the link to the [Nomination Form](#), complete and submit it by Sunday, June 13th, ensuring your membership for 2021-22 is paid. As we have said in the past, ZSO was built on the selfless service rendered by its dedicated volunteers over the past 50 years. With your support, I am sure ZSO's best years lay ahead.

While the pandemic is not over, there is hope on the horizon; vaccines are being rolled out and we urge you to get yours as quickly and safely as possible once available. If your Board can be of any assistance, feel free to reach out to me. The sooner we reach some form of 'herd immunity' the sooner we will be able to enjoy each other's company in-person! I am looking forward to that day.

Till then, we are committed to continue bringing you events to keep you informed, entertained and most of all, spiritually connected to our Zarthushti traditions. Coming up on Sunday, May 2nd are two such events in quick succession: first “Power of Mindfulness – Relieving Anxiety” session by Delna Mistry Anand at 10 AM, followed by the Maidyozarem Gahambar (F) at 11 AM. Our mental and spiritual well-being is equally if not more important than our physical health and for that reason, we do hope you will join one or both these events that we are lucky to be able to host.

Click [here](#) to join the “Relieving Anxiety” session with Delna Mistry Anand at 10 AM on May 2nd

Click [here](#) to join the “Maidyozarem Gahambar” at 11 AM on May 2nd

A reminder for those enrolled in the Children's Religion Classes set for May 2 at 11 AM. Scouts and Yoga continue as scheduled, alternate Sundays and each Wednesday, respectively.

In preparation for the AGM, we have commenced the engagement with GVP LLP to audit ZSO's Financials for year-ended March 31, 2021. Committee Chairs will soon also receive an email requesting a report of last year's activities – though it was a challenging and different year, many online activities took place thanks to our dedicated Mobeds and amazing volunteers.

The 2020-21 ZSO Academic Scholarship application is now open. Please click [here](#) for details.

Tandarosti,

Mashya Amroliwalla
President

MGDM - UPDATE

With the evolving COVID-19 Pandemic and rising cases, the city of Toronto is in a lockdown. Keeping the health and safety of our custodian and members as top priority, as well as following the changes under the Emergency Management and Civil Protection Act (EMCPA) for places of worship and the specific conditions which include limiting capacity and ensuring that public health measures are followed such as face coverings, physical distancing and environmental cleaning and disinfecting, the ZSO Board of Directors has decided to CLOSE the Mehraban Guiv Darb e Meher (MGDM) until further notice.

All upcoming visits to MGDM are cancelled except for any post-funeral prayers with a limited capacity of 10 people including the priest and custodian. These bookings MUST be booked by contacting Hoofrishi Patel (evp@zso.org).

When visiting the MGDM please be reminded of the following mandatory requirements and guidelines:

- Use the online [self-assessment tool](#) before every visit to the MGDM
- Wearing a non-medical mask/face covering is **mandatory**
- Bring your own prayer book and head covering
- Refrain from bringing Sukhar, loban or other prayer related items from home
- Maintain a social distance of two meters/six feet
- Follow entry and exit signs
- Social gatherings, including those that occur before or after a prayer service remains suspended
- Avoid opportunities for the virus to spread through touch, either directly or indirectly through surfaces and objects, including objects that may be used in rituals or ceremonies

Suspended Services

- Drop in visits
- Social gatherings, including those that occur before or after a prayer service remains suspended
- Navjote, weddings and other close contact activities
- Consumption of food and drink remains suspended
- Indoor singing, use of instruments and choir service
- Sharing and distribution of materials and objects such as books, scarves, caps, water, etc.

We continue to encourage all our members to watch our prayers online. Please subscribe to the ZSO YouTube channel at the following link and turn notifications ON to be alerted of all upcoming events.

<https://www.youtube.com/channel/UC3aC8WOPppyeQFjcTcFcaGQ>

We thank you for your patience and appreciate your cooperation.

ZSO Board

Staying Cyber Secure

While health officials continue to advise the best way to stay safe with your health, follow the link below for 10 practices for staying cybersecure while working remotely....

A few tips include saving your work regularly, logging off and password protecting your cell phone.

Check out the full list published by the Better Business Bureau at the link below – Stay Cyber Safe!

[Stay CyberSecure while WFH](#)

ZSO Annual General Meeting – 2021

This year – subject to prevalent conditions – the Zoroastrian Society of Ontario's Annual General Meeting will be held on Sunday, July 18, 2021 at 11 AM Eastern Time.

The backbone of any religious not-for-profit charity, such as ZSO, is its membership. And ZSO is blessed to have a wealth of selfless, dedicated and talented members, like you, passionate about volunteering to serve and strengthen our vibrant Zoroastrian community together.

Your Board is excited to confirm the following positions become vacant at the upcoming AGM:

President – 2 Year Term
Vice President – 2 Year Term
Secretary – 2 Year Term
Assistant Treasurer – 2 Year Term
Executive Officer 2 – 2 Year Term (1 Year if filled by outgoing President)
Assistant Secretary – 1 Year Term

If you've ever wanted to showcase your talent, air your ideas and collaborate with passionate fellow Zoroastrians, in Ontario, across North America and around the world, complete a nomination form as the first step to bring your vision to life!

Oh and did we mention, this year ZSO proudly completes its 50th year.... Yes, it's the organization's Golden Jubilee year; such a memorable milestone in our ongoing journey!

We certainly feel tremendous gratitude to the visionary founders and volunteers who have achieved so much for ZSO in its first 50 years. And by the Grace of Ahura Mazda, we are thrilled to start the next 50 years and more, with you leading the way to realize the vision of the next generation!

So what are you waiting for? Just complete and mail the nomination form (link in President's message above) to the address below or email to secretary@zso.org by 11 AM Eastern Time on Sunday, June 13, 2021:

Secretary
Zoroastrian Society of Ontario
3590 Bayview Ave
Toronto ON M2M 3S6

It's your turn to make a positive impact on our shared Zoroastrian destiny!

Membership Renewals – 2021/2022

Your ZSO membership renewal was due on April 1, 2021. ZSO recommends completing your renewal online, securely, at www.zso.org and receive immediate confirmation. Click [here](#) for a step-by-step guide.

We are happy to announce that we currently have over 55% of our members renewed to date. Of these – over 50% have renewed online. We encourage all members to renew as soon as possible to avoid missing any communication from the ZSO. If renewal is not completed by June 1st – then you will no longer receive regular emails/newsletters or auto-dialler messages.

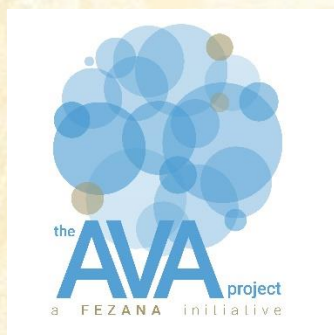
If you need additional help or have any questions, please email secretary@zso.org. For technical questions – please email admin@zso.org.

Interfaith Events

The interfaith group MOSAIC together with the Organization for Islamic Learning (OIL) is organizing a 2-day virtual interfaith event which will take place on Sunday, May 30th and on Sunday, June 6th from 2 to 4:30 pm. On both days.

There will be speakers across various faiths including Christianity, Sikhism, Zoroastrian, Judaism and Buddhism on May 30th and from Islam, Hinduism and First Nations on June 6th. Each session will be followed by a Q&A period with the whole panel in attendance on June 6th. Please hold the dates and look for additional details soon.

AVA Project



2021-2031: “UN Decade on Eco-System Restoration”

On Saturday June 5th 2021, the United Nations will launch its “UN Decade on Eco-System Restoration” and has declared that day as the World Environment Day on the theme of eco-system restoration. Pakistan will act as the global host for this event. Details of this event can be obtained from the website:

www.detailonrestoration.org

FEZANA has a UN-NGO Committee. Miss Afreed Mistry and Dr. Behram Pastakia are the Co-Chairs of this Committee as well as the Ava Project.

The Ava Project has already drawn 185 volunteers from 10+ countries. Its goal is to educate, inform, motivate and mobilize our Zoroastrian community over the next ten years in order to have a sustainable eco-friendly environment for the future generations.

Members of this Committee have organized various programs to inaugurate the launch of the UN’s Decade on Eco-system Restoration, one of which is to grow a “Perpetual Haftsh/seen Garden”. This garden may be grown on the Darbe Meher property or in your own backyard, indoors or balcony with any fruit which could be used for the No-rooz Haftsheen Table. Some of the fruits suggested, and would depend on the locally climatic and ecological requirements are: pomegranate, apple, pear, plum, cherry, etc.

It is requested that you take photos or videos and send it to: Freddy Mirza by e-mail at mirzafa2003@yahoo.ca before May 16th 2021 in order to make a collage and share it during program by FEZANA on June 5th 2021.

If you like to get involved or need more information, please visit the FEZANA’s website:

<https://www.fezana.org/theavaproject> and sign up as a volunteer here: <https://bit.ly/2Kmqrur>

Norooz Celebration 2021

We did the best we could with the Norooz this year. Since we could not congregate at the MGDM we decided to bring the MGDM to the people via a live feed YouTube show. Since March 2020, it is easy to find all the things that have not gone well or as planned, but what if we focused on the positive things that happened in the past year? That was the theme for the show this year.

The show included several participants from the Zartoshti community expressing one positive thing that happened to them personally this year, which made for a fun and enjoyable event. The show also included singing, dancing and poetry. Please find the YouTube link below to enjoy with your family and friends.

[Virtual Norooz 2021](#) Wishing all a prosperous Norooz and spring equinox.

Iranian Zoroastrian Cultural Kanoun of the ZSO

Khordad Sal – Zayesh-E-Zarthost Virtual Celebrations

On March 26, 2021 the birth of Ashu Zartosht was celebrated virtually on YouTube live with a program beginning with a prayer and speech by Mobed Kerman Katrak followed by inspirational talks on Zoroastrian philosophies, There was music and singing to celebrate the occasion. Below is a link to the YouTube video for you to enjoy. We are hoping that next year we can meet in person to celebrate this wonderful occasion.

[Khordad Sal/Zayesh-E-Zarthost](#)

FEZANA – U of T Professorship Update

ZSO in communication with the FEZANA executive is happy to note that we are very close to the finish line for the funding of the FEZANA Professorship at the University of Toronto. Nearly 250 individuals and institutions from all over the world have donated towards a landmark endeavor. A full status update shall be provided at FEZANA's 34th Annual General Meeting, to be held virtually on May 8th, 2021.

ZAH is Looking for Volunteers

Meheryar Rivetna, from Houston, TX, has published a book *Zarathustra: The Man And The Message*. A book aimed to dispel the myths within the Zoroastrian faith with an exegesis of Zarathustra's timeless hymns—the Gathas and other interesting topics.

Meheryar is donating all proceeds from the sale of the books to the Library of the Zoroastrian Association of Houston (ZAH) which is also home of FIRES (FEZANA Information, Research and Education System.) The ZAH library is dedicated to advance knowledge of the Zoroastrian religion, history and culture.

The mailing costs of the book outside the U.S. being steep, Meheryar is looking to have the book printed in Canada and sold to interested Zoroastrians there. He is looking for a volunteer who is willing to help in this cause with the following tasks:

- a) Store the books when they are printed
- b) Take on the task of correspondence with potential buyers to post the books when orders are received
- c) Keep a tally of the inventory of books as they are sold for accounting purposes, and report back to the ZAH Library Committee liaison
- d) Transfer the funds from the sales to the ZAH Library Committee
- e) Importantly, this individual should be a good communicator.

If interested, please contact Meheryar Rivetna, mrivetna@comcast.net.

ZSO Academic Scholarship 2021

Calling all Students – below is a link to the ZSO Scholarship application for 2021. The deadline to receive applications is 19th July 2021 and as per past practice, the selected recipient will be announced during the Shenshai Navroze celebrations on August 16th 2021.

Please visit the link below to download and complete the application and feel free to forward to any Zoroastrian youth who may be eligible.

[ZSO Academic Scholarship Application 2021](#)

Call for ZYNA Representatives

ZSO is looking for two Zarathusti Youth (16-35 years of age) to represent ZSO on the ZYNA Committee (FEZANA sub-committee). ZYNA is a youth-centred and youth-led committee of FEZANA consisting of Zarathusti youth from across the Zarathusti diaspora in North America. The ZYNA committee meets at large on a quarterly basis and members must be available and maintain active attendance and participation.

For any questions, please email Zamyad Meherji at AsstSecretary@zso.org.

FEZANA Scholarships – Applications Now Being Accepted

Did you know that FEZANA awards more than \$70,000 in scholarships every year? The application portal is now open and will close on July 1, 2021 at 23.59. EST. For more information and for the application, please visit: <https://fezana.org/scholarships/>

Scholarships are available for students who are pursuing graduate studies, undergraduate studies, performing and creative arts, culinary arts, and sports. Scholarships range from \$1,000 to \$10,000 and are based on academic standing, community service, and financial need.

Candidates can apply in multiple categories by filling out the same common application form.

FEZANA Scholarship Committee academicscholarships@fezana.org

Parliament of World Religions – FEZANA

FEZANA will be participating in the **8th Parliament of World's Religions** and invites you to register (see Early Bird registration info below) and participate in the **8th Parliament of the World's Religions**, hosted for the **first time virtually, this year on 17-18 October, 2021**.

The theme of this parliament is ***"Opening our Hearts to the World: Compassion in Action."***

Three programs we'd like to focus on submitting on behalf of FEZANA are:

- *Panel Discussion on Zoroastrian Perspective on Environmental Sustainability and Climate Action*
- *Music Performances (vocal and instrumental)*
- *Religious Ceremony or Observance (e.g. Navjote ceremony, Mukta observance/ceremony, jashan ceremony)*

If you'd like to participate as a speaker, performer, or be a part of the creative team for **programs submitted by FEZANA**, or if you would like to lead the production of a program, please contact us with your interest as soon as possible, but latest by 11th May, 2021. We highly encourage the youth of our NA Zoroastrian community to actively engage themselves in this parliament.

If you want to submit your independent proposal for a program or an event independently, please go through all the information at <https://parliamentofreligions.org/webform/2021-program-proposal-form>

You can take advantage of the **Early Bird registration of \$50/person** ending on **31st May 2021** (versus the regular registration of \$90/person) by registering at <https://parliamentofreligions.org/webform/2021-parliament-worlds-religions-registration>

YOGA – Good for the Soul!



There's nothing like a good 1 hour stretch for your bones, muscles and tendons and our weekly Yoga Nights are perfect for this!

Every Wednesday at 6:00 pm, our Youth Committee hosts yoga sessions with Mitra Jam. We explore stretches and core exercises and you control the intensity depending on your level of comfort. Mitra provides a comfortable environment as she walks us through an hour of Yoga including evergreen exercises like sun salutations, child's pose, cobra pose, and various balancing exercises like the tree pose, crescent moon, and twisting lunge. The stretches end off with 10 minutes of relaxing meditation in Shavasana.

Once a week yoga has benefited the well-being of all members who join and we encourage everyone to participate as being active is now more important than ever!

When we asked Mitra what she likes most about hosting online yoga, she responded with, "Being given the opportunity to give back to my community in a meaningful way and guiding them through meditation and yoga poses. I will continue to do so even after this pandemic. It has also been very rewarding for me to explore and be welcomed to everyone's home who choose to practice Yoga with Mitra".

Yoga night is a great way to stay both physically and mentally fit. Follow our IG for more events like this: @ZSOYOUTH

Report submitted by Araash Chothia

***"God could not
be everywhere, and
therefore he made
mothers."***

- RUDYARD KIPLING



Wishing moms from every walk of life A Happy Mothers Day filled with much love ♥!"

ZSO Board of Directors

ZSO Response on Fire Rituals to City of Toronto

ZSO Board would like to share the following response to a question that the Toronto Fire Services posed to our President regarding a request for a permit to build an outdoor Fire Pit to practise the Zoroastrian Faith. Below is an excerpt of the response to the Captain from Ervad Kerman Katrak.

In response to your query, Fire is an essential ingredient in Zoroastrian worship. Zoroastrians can offer their devotions in front of the flame of a candle. However, to the best of our knowledge, we are not aware of any stage in our history, the need of a 'fire pit in their backyard' to practice the religion. The Sacred fires are kept glowing only in our places of Worship.

There is one festival that Zoroastrians celebrate, where a bon fire is lighted outside. It is called Jashn-e-Sadeh, which reflects the importance of light, fire and energy. It occurs on or around January 30th of each year. The bon fire is to drive back the winter and bring back the warmth and light of summer.

We have observed this event, outside the grounds of our Place of Worship in Toronto, and throughout the years, we have always obtained permission from the Toronto Fire Department.

Condolences

SOLI NICHOLSON, on April 1st in Scarborough, ON. Beloved husband of Viloo Nicholson and brother of Alou and Rohinton Nicholson. May his soul rest in peace.

Dr. MEHRABAN KHODAEI, on April 6th in Toronto, ON. Beloved husband of Mrs. Shahnaz Khodaei and father of Nasim & Richard Fortune, Noshin & Razagh Vaseghi and Minoo & Alistair Thornton. Grandfather of Christopher, Aiden, Artin, Melina and Charlie. May his soul rest in peace.

SUDHIR MATHUR, on April 18th in Markham, ON. Beloved father of Sharul, father-in-law of Percy Daruwala and grandfather of Shehzeen, Meherzeen and Tahsheen. May his soul rest in peace.

AMY DARA MADAN, on April 22nd. Wife to late Dara and mother to Homyar & Xerxes; mother-in-law to Pearl and Jeroo; grandmother to Zeenia, Jehan, Anaisha and Kevan. May her soul rest in peace.

DORIS LYNN HOMJI, on April 23rd. Wife of Kavasji Homji, daughter of late Villie and Homi Homji. Sister to Dawn Briggs, Dixie Jones and late Paul Jones. Sister-in-law of Rashna Jefferies and Coombi Karanjia. May her soul rest in peace.

HOMAN DADNAM, on April 25th. Beloved husband of Banoo Jahieh Dadnam, beloved father of Shaham, Shahram and Shahrzad. May his soul rest in peace.

On behalf of my brother Navroze and I and all of our extended family, we wish to thank you very much for your time to participate in viewing the one year anniversary of the passing of our beloved father Russi Dinshaw Balsara.

After a totally unprecedented year with all of us struggling to navigate this pandemic, we are grateful that the ZSO was able to host the anniversary prayers via you tube. This allowed many who would not have had a chance to pay their respects last year to do so safely.

Thank you to all the organizers, administrators, Mehbad Dastur and his son Xersis for their service in performing the ceremony and to my aunt Dhun Contractor for providing all the fruits and flowers.

Khorshed Balsara and Navroze Balsara

Newsletter Requests

Please note that the deadline for receiving submissions for the ZSO newsletter is the 20th of each preceding month. Any materials received after this date will be published on a best-effort basis.

Editor: Armaity Bamji (newslettereditor@zso.org)

Please note that all requests for inclusions in the ZSO NL should be emailed to newslettereditor@zso.org
Please copy Hoofrish Patel at evp@zso.org for approval.

The distribution or reproduction, in part or whole, of the Zoroastrian Society of Ontario's monthly Newsletters by any means or via any media, requires authorization by the Society's Board of Directors. Any unauthorized distribution or reproduction is strictly prohibited.

Miscellaneous

ZSO Contacts:

Emergency situations: Khushru Chothia (416) 677-7555

Messages on the auto-dialer: Pedram Yazdani at admin@zso.org

- **Please copy Mashya Amroliwalla at president@zso.org for approval**

Renting MGDM hall (for post-funeral prayers/rituals or for private functions): Hoofrish Patel at evp@zso.org

Newsletter advertising rates:

Inserts: \$200 Quarter page/Business card: \$55 Half page: \$75 Full page: \$125

Miscellaneous two-liners: \$15

10% discount for 12 consecutive months of advertising.



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اهنودگات - یسن ۲۸ - بنڊ ۱۴

بی گمان، من روانم را با انڊیشه نیک همساز می کنم. و می دانم که هر کاری که برای فڊای دانا انجام گیرڊ، چه پاڊاشی دارد. تا تاب و توانایی دارم، آیین راستی را به همه فواهیم آموخت.

جشن خردادگان



جشن خردادگان، جشن ماهانه است. این جشن به مناسبت برابر شدن نام ماه و روز در گاهشماری زرتشتی گرامی داشته می شود. خرداد، امشاسپندی است که از نظر واژگانی به «تکامل» ترجمه می شود. به طور سنتی خرداد امشاسپند نگهبان آب ها است.

ڊرباره پیگونی برگزاری این جشن به طور سنتی آگاهی زیادی نداریم اما به احتمال زیاد آڊاب و رسوم در پیوند با آب مانند نیایش های مربوط به آب یا مراسم «آب زور» برگزار می شده است. این مراسم را در کنار رودها یا آب جاری برگزار می کرده اند و با فواندن اوستای در ستایش آب مراسمی را انجام می داده اند. زرتشتیان به طور سنتی از هر نوع آلودگی آب یا بی احترامی به آن فودداری می کردند.

در دنیای امروز بسیار مهم است که به آب احترام بگذاریم و از مصرف زیاد آب فودداری کنیم.

ورزش و سلامتی



با توجه به در فواست وزارت بهداشت کانڊا و به منظور جلوگیری از گسترش ویروس کرونا هیچ گردهمایی و رویداد ورزشی برگزار نخواهد شد.

اما می توانید در برنامه هفتگی یوگا هر چهارشنبه به صورت مجازی شرکت کنید. هر هفته زمان و نشانی پیوند را در ایمیل فود دریافت می کنید. با شرکت در آن به سلامتی فود اهمیت بڊهید.



گرڊم ایی ماهیانه بانوان:



با توجه به در فواست وزارت بهداشت کانڊا و به منظور جلوگیری از گسترش ویروس کرونا هیچ گردهمایی

برگزار نخواهد شد. اما بسیار مناسب است که بانوان با ایجاد گروه های مجازی (زوم، واتس آپ و ...)

گرڊم ایی های فود را ادامه بڊهند و گزارش یا زمان یا روش آن را برای آگاهی رسانی در فبرنامه به کانون هم اعلام نمایند.

فراهوان پشتیبانی مالی به انجمن

به دلیل وضعیت موجود در پیوند با ویروس کووید-۱۹، محل ڊرمهر و انجمن بر روی عموم بسته می باشد. این وضعیت تا آگاهی رسانی دولت استان اونٲاریو ادامه فواهد داشت. با توجه به عڊم مضور افراد در محل ڊرمهر، کمک های فیرانڊیشی نیز کاهش یافته است، در مالی که هزینه های ثابت انجمن و ڊرمهر باید ڤرڊافت شوند. امیدواریم مانند همیشه پشتیبانی و کمک شما اعضای انجمن ادامه داشته باشد. کمک های مالی فود را با فرستادن چک یا ڤرڊافت آنلاین ادامه بڊهید.

کانال تلگرامی کانون فرهنگی زرتشتیان انتاریو

با پیوستن به گروه تلگرامی کانون فرهنگی زرتشتیان ایرانی از اخبار و برنامه های جامعه آگاه شوید. نشانی این کانال تلگرامی را به آگاهی دیگران هم برسانید. نشانی کانال تلگرامی: <https://t.me/zsokanoun>
با کانون به نشانی kanoun@zso.org نیز می توانید در تماس باشید و نظرها، پیشنهادهای و خبرها را بفرستید.

لطفاً حق عضویت خود را به انجمن پرداخت نمایید

با پرداخت حق عضویت خود، هم انجمن را از نظر مالی پشتیبانی کنید و هم این که هم‌اوری خود را با انجمن و جامعه نشان بدهید. حق عضویت خود را می توانید به صورت آنلاین از تارنمای انجمن یا با فرستادن چک و پر کردن فرم مربوط پرداخت کنید.

نشر نوشته در بخش فارسی خبرنامه

در صورتی که مایل به انتشار نوشته هایی کوتاه در مورد تاریخ، دین، سنت یا موضوع های اجتماعی هستید می توانید نوشته خود را به فارسی و حداکثر در هفت خط برای انتشار در بخش فارسی خبرنامه به نشانی ایمیل کانون بفرستید. طبیعتاً این نوشته ها در صورت نیاز پس از نظرخواهی و داوری افراد متفحص منتشر خواهد شد. انتشار نوشته به مجامع خبرنامه هم بستگی خواهد داشت.

مناسبت ها و رخدادهای ماه گذشته

با سپاس از همه افرادی که در برگزاری این مناسبت ها هم‌اوری کردند.

جشن فروردینگان

جشن فروردینگان، نخستین جشن ماهانه سال نو خورشیدی در درمهر برگزار و به طور زنده و آنلاین پخش شد.



امسال، با توجه به شرایط کنونی و محدودیت های بهداشتی کووید-۱۹، امکان برگزاری این جشن با حضور شرکت کنندگان وجود نداشت، اما اوستافوانی در روز پنجشنبه ۸ آوریل ۲۰۲۱ ساعت ۶:۳۰ پسین از یوتیوب انجمن پخش شد:

<https://www.youtube.com/c/ZoroastrianSocietyofOntario>

گهنبار چهره میدیوزم گاه

اوستافوانی گهنبار چهره میدیوزم گاه امسال به دلیل همه گیری کووید ۱۹ بدون حضور شرکت کنندگان

روز جمعه ۳۰ آوریل ساعت ۶:۳۰ پسین از کانال یوتیوب انجمن برگزار خواهد شد. این اوستافوانی



پس از تهیه و فرستادن خبرنامه برای آماده سازی خواهد بود:

<https://www.youtube.com/c/ZoroastrianSocietyofOntario>

خبراندیش های خود را به مناسبت گهنبار می توانید به صورت آنلاین یا با چک به انجمن بفرستید.

رخداها

درگذشت دکتر مهربان فدایی را به فویشان و نزدیکان آن روانشاد آرامش باد گفته و برای بازماندگان تندرستی و دیرزیوی آرزو مندیم.



NOMINATION FORM – 2021

(Please print or write clearly and complete all sections on both sides of this Form)

We, the undersigned, being members in good standing of the Zoroastrian Society of Ontario (ZSO), nominate the following member of ZSO who is a permanent resident of Ontario

_____ of _____,
(Name of member nominated) (City)

for election to serve on the Board of Directors as:

(Position)

Dated at _____ this _____ day of _____, 2021.
(City) (Date) (Month)

(Proposer's Name)

(Proposer's Name)

(Proposer's Signature)

(Proposer's Signature)

I, _____ (Nominee), consent to this Nomination, and agree to abide by the Constitution and By-laws of the ZSO and all Resolutions passed by the members of the ZSO at all General Meetings.

(Nominee's Signature)

Please Note:

1. For this nomination to be valid, it must be delivered to the attention of the "ZSO Secretary" before 11:00 AM EST on Sunday, June 13th, 2021, at the registered office of the ZSO. Or Emailed directly to Secretary@zso.org.
2. The Nominee must complete the Bio-data Form overleaf.
3. The Nominee and the Proposers must be members in good standing (up to date with their Membership Fees) on the date that this Nomination Form is signed.



Zoroastrian Society of Ontario

3590 Bayview Avenue
Toronto, ON, M2M 3S6
Tel: (416) 225-7771

Reg# 88897 0241 RR0001
Website: <http://zso.org>

NOMINEE'S BIO-DATA FORM - 2021

Nominee's Name:

Member of ZSO since:

Past Social/Community
Activities:

Education Background:

Professional Background/
Occupation:

Objectives I'd like to
achieve if elected:

Dated: _____



DONATION FORM

Please complete the form below and send it along your donation cheque. This form will ensure we have your correct mailing address to send your tax receipt.

Tax receipts will be issued for donations of \$20 and higher.

First Name: _____

Last Name: _____

Address: _____

City _____ Province _____ Postal Code _____

Donation Amount: \$_____

Please mail cheques to : Zoroastrian Society of Ontario
Attn: Treasurer
3590 Bayview Ave
North York, ON, M2H 3S6

****All cheques payable to Zoroastrian Society of Ontario**



ZOROASTRIAN SOCIETY OF ONTARIO

3590 BAYVIEW AVENUE, TORONTO, ONTARIO M2M 3S6

MEMBERSHIP FORM

Membership Application: ☐ Renewal ☐ New Member Membership Year April 1st 20____ - March 31st 20____

Membership Category/Fees

<input type="checkbox"/> Family	<input type="checkbox"/> Individual	<input type="checkbox"/> Student	<input type="checkbox"/> Senior	<input type="checkbox"/> Family senior
Includes children under the age of 18	Non-student over age 18	Full time student age 18-25	Age 65 and over	Both spouses age 65 and over
\$100	\$60	\$30	\$30	\$50

Applicant Information

Last Name: _____ First Name: _____
Spouse Last Name: _____ Spouse's First Name: _____
Address: _____ Apartment/Suite# _____
City: _____ Province: _____ Postal Code: _____
Home Phone: (____) - ____ - ____ Cell Phone: (____) - ____ - ____
Email: _____ Age: _____ Signature _____

Dependent Information:

First & Last Name	Age

Select your communication methods: Auto dialer (US & Canada), E-Mail and SMS Messages (SMS within Canada Only)

Auto dialer voice messages: ☐ Home ☐ Cell ☐ Spouse Cell: _____

SMS Messages: ☐ Yes ☐ No

Newsletter: ☐ Email ☐ Spouse Email: _____ ☐ Regular Mail

Total Enclosed: Cash \$_____ Cheque \$_____

(All cheques payable to "Zoroastrian Society of Ontario" and mailed to Attn: ZSO Treasurer (Membership Form) 3590 Bayview Avenue, Toronto, ON, M2M 3S6). Please note the bank will **NOT** accept cheques payable to "ZSO".

☐ I have reviewed the ZSO Constitution & Bylaws* and agree to abide by them (*available on the ZSO website zso.org)

NEW MEMBERS must be introduced by two ZSO members in good standing and approved by the ZSO Board of Directors (BOD).

Existing ZSO Member

Print Full Name _____

Signature _____

Existing ZSO Member

Print Full Name _____

Signature _____

Approved by the ZSO BOD

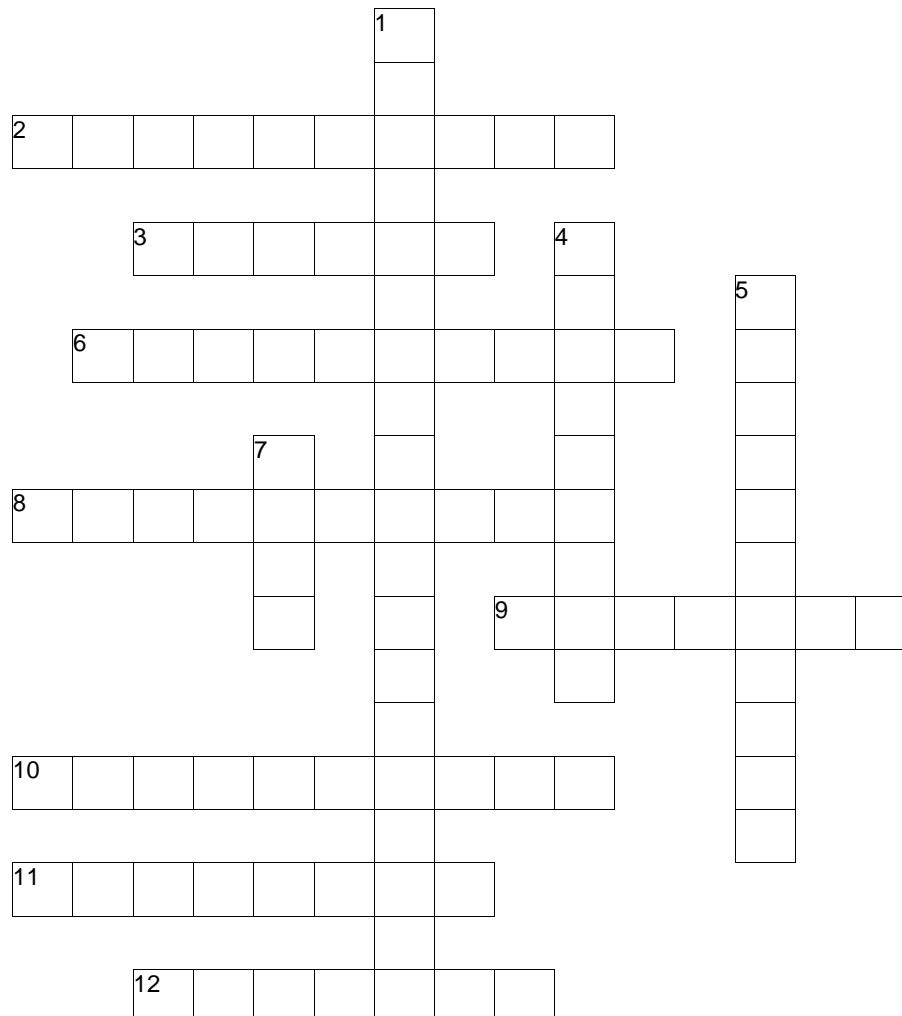
☐ Yes ☐ No

Signature _____

Name: _____

Date: _____

Mental Health Awareness



Across

- 2.** sadness; gloom; dejection.
- 3.** a specific response by the body to a stimulus, as fear or pain, that disturbs or interferes with the normal psychological equilibrium of an organism
- 6.** the branch of medicine concerned with the diagnosis and treatment of mental illness
- 8.** growing to manhood or womanhood; youthful
- 9.** a mental health problem characterized by an alternation between extreme euphoria and deep depression
- 10.** to give advice to; advise
- 11.** a state of serious emotional and mental deterioration, of organic or functional origin
- 12.** a state of apprehension and psychic tension occurring in some forms of mental disorder

Down

- 1.** Having a tendency to dwell on unwanted thoughts or perform certain repetitious rituals, especially as a defense against anxiety from unconscious conflicts
- 4.** of or relating to the treatment of obesity
- 5.** a technique in which one focuses one's full attention only on the present, experiencing thoughts, feelings, and sensations but not judging them
- 7.** to make easier or less difficult; contribute to; facilitate



Havovi Patel

**WZCC TORONTO & 'JOBS FOR EVERY ZORO'
PRESENTS**

RECRUITMENT AND CAREER STRATEGIES

**Tune in for the keys to getting on the HR
Manager's shortlist.**

**Need help finding the right career?
Listen in to the Methodology of the Job Search**

**SATURDAY
MAY 8TH, 2021
10:30AM EST**

**SUNDAY
MAY 9TH, 2021
8:00PM IST**

Zubin Treasuryvala

**\$6.00 FOR NON
MEMBERS**

**COMPLIMENTARY
FOR ALL WZCC
MEMBERS**

For registration click here:

**[https://wzcc-
toronto.ticketspice.com/recruitment-
and-career-strategies](https://wzcc-toronto.ticketspice.com/recruitment-and-career-strategies)**

**For questions please contact:
wzcctoronto@gmail.com**





The World Zoroastrian Organisation

World Zoroastrian Organization, U.S. Region Ltd.

6943 Fieldstone Drive, Burr Ridge, Illinois 60527-5295

Phone: (630) 654-8828 . Fax: (630) 654-8838 . kayomehta@aol.com

AN APPEAL FOR ZOROASTRIANS IN ECONOMIC DISTRESS DUE TO COVID PANDEMIC

Zarathushtis in India are continuing to suffer severely from the brunt and after effects of the Corona virus. **WZO Trust, India** has been extremely busy assisting affected individuals. By the end of September, assistance was provided to over **two thousand (2,295) recipients**. This aid was provided as payments to Hospitals, Purchase of ventilators, aid to individuals in economic distress and in the form of distribution of food grains to the needy. The need to continue these forms of aid is absolutely imperative with the onslaught of the second wave of the Corona virus. Every day there are requests from individuals and institutions who have been financially impacted due to the Pandemic - either medically, or by way of, loss of income.

We will best be able to extend support for community members affected by the pandemic:

- Providing financial support to full time Mobeds that work at Agiyaries on a daily wages basis and were unable to carry out duties due to the lockdown and Agiyaries remaining shut.
- Individuals who have lost their jobs or suffered cuts in salaries.
- Business men and entrepreneurs who have suffered losses.
- Zoroastrian agrarians suffering losses on account of being unable to transport their produce; poor Zoroastrians who have brick kilns, cattle dairy farms, poultry farms and the like.
- Distributing foods grains in cities, towns and villages to the needy.
- Providing Oxygen and equipment to hospitals. A single Ventilator costs USD10,000.

The task is humongous but we are determined to play a very proactive role and do our very best. The recovery period is still very distant but WZO is committed to continue their mission to provide the needed support to the affected individuals.

They need our help. With your assistance, we can help our fellow community members in their hour of need. We request your generous Donations to help them during this terrible pandemic situation. **Please donate generously to WZO US Region to provide the much needed help.** Your donation will enable our fellow Zarathushtis mitigate and survive this disaster. Kindly make your donation checks payable to "**WZO**" with a reference to "**Corona**" and mail them to **WZO US Region address**. Please make sure to provide your mailing address, email and phone number to facilitate receipt for your kind donation.

Thank you very much for your Zoroastrian Spirit.

With kind regards,
Kayomars P. Mehta
President
WZO US Region Ltd.
6943 Fieldstone Drive, Burr Ridge, IL 60527-5295, USA.

kayomehta@aol.com
Res: 630-654-8828
Cell: 630-430-5296

Ushta ahmai yahamai ushta kahmai-chit.

Happiness to him, who make others Happy. Ushtavaiti Gatha, Yasna 43.

The mission of World Zoroastrian Organization is to be of service to all, by providing critical assistance and support to the needy anywhere in the world. WZO US Region Ltd. is a registered tax deductible 501(c) 3 charitable organization registered in USA. Tax Exempt I.D: 36-4236575.



Love My Neighbour

Aime mon prochain



The Board of Directors of the **Ontario Zoroastrian Community Foundation** are excited to share the news of our support of a nationwide project called Love My Neighbour, inspired by Millennium Kids and Canadian faith communities, which exists to increase COVID vaccines delivered throughout the developing world to end the COVID-19 pandemic.

The Love My Neighbour project has a goal to supply 38 million additional vaccines to our neighbours living in lower-income countries – that's one for each grateful Canadian. We know delayed vaccinations in poor regions around the world put everyone at risk of additional COVID mutations for years to come.

Ontario Zoroastrian Community Foundation is committed to support this project as part of Canadian faith communities in an effort to ensure the world's most vulnerable people have access to the COVID-19 vaccine.

We are asking our CANADIAN Zoroastrian communities to support this worthy cause. The OZCF has formed a support web page tilted "Zoroastrians for Love My Neighbour" and will also be encouraging other Zoroastrian organizations in Canada to support this worthwhile initiative. As a community of Canadian Zoroastrians, we are attempting to raise **\$25,000** which will help administer approximately **1000 vaccines** to those in need.

You will receive a tax receipt from **UNICEF**. That's where **YOU** come in!

As of April 16, you, your friends, family and/or colleagues can donate to our "Zoroastrians for Love My Neighbour" project in partnership with UNICEF Canada. Each 2-dose vaccine will amount to a donation of \$25 for a global neighbour. We need to spread the word across Canada in order to ignite the generosity Canadians are known for and ensure our poorest 4 billion global neighbours receive access to the lifesaving COVID vaccines in 2021. (The global partnership, COVAX, is currently aiming to vaccinate only 20% of this half of the globe in 2021!)

Each donation will fund everything needed to deliver a 2-dose vaccine from the manufacturer to people in the world's hardest-to-reach places. This includes the vaccines, per-person cost for transport, cold chain protection, health worker training, and safe disposal of needles and waste.

How you can help!

- Visit www.ozcf.com and click on the link <https://fundraise.unicef.ca/lovemyneighbour/ozcf-love-my-neighbour> to donate
- This will help us track monies donated by Zoroastrian towards this cause.
- Remember, all donors will receive tax receipts from **UNICEF**

Join us in gifting forward, as we leverage our connections to end the global pandemic and help those most vulnerable.

On behalf of the OZCF Board, thank you for your support and generosity.

Xerxes Madan,
President, OZCF