



Zoroastrian Society of Ontario

Newsletter – February 2021
Volume 47, Number 7

MEHRABAN GUIV DARBE MEHR

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WHAT'S NEW, PRES?

The year 2021 was much looked forward to by all in anticipation of turning the page on 2020 and January has zoomed by. The good news is there is light at the end of the pandemic tunnel we thought seemed endless. While we know there is some way to go before the light, we are optimistic it will be sooner than later. Meanwhile here are a few things your Board & Committees have been busy with in January and a glimpse into what's coming up in February.

The Board, Committees and groups have been attending and holding meetings and events using Microsoft Teams and Zoom as we've been doing since March; these include Board meetings, Committee updates and interactive or live-streaming events, both within and outside ZSO.

While technology is a great way to keep us connected, we do miss out on two major factors that have been the backbone of ZSO for 50 years, one is the personal interaction – wherein we share in each others joy as well as sorrow – the other being the financial factor. And while we are away from our beloved Darbe Mehr, costs to maintain it continue unabated. Costs that are normally met primarily through memberships, events and donations. With events and donations pretty much going hand-in-hand, the lack of in-person events meant a lack of fund-raising opportunities and a decline in donations. To this end, the Board put out an initial appeal on December 22nd to raise \$10,000 by January-end. Thanks to the overwhelming generosity of the community, we are happy to report that we surpassed this goal well before the month ended, with donations totaling \$13,500!

On behalf of the Board, I am so grateful for the support of each and every donor and we were therefore encouraged to renew the donation appeal – this time with a more ambitious goal of raising \$25,000 by March-end. Please see the [renewed appeal](#) below and share the same with your friends and well-wishers for their support. I know with your generosity we will surely exceed the goal this time around too!

The Board is pleased to welcome Meherwan Wadia as the Constitution Committee Chair and Pedram Yazdani as the IT Committee Chair, taking over from Meherwan, who had done a commendable job. Please refer to the full [list](#) of Committees and Chairs posted on the ZSO website, available to all members.

The Youth and Entertainment Committees have some exciting things in store, so stay tuned!

We are less than 50 days and 50 nights (Sadeh!) away from Nowrooz and we will as always hold Panjeh/Mukhtad prayers and the Nowrooz day Jashan. We plan to live-stream the same and also communicate in-person attendance details, subject to public health directives, closer to the dates. I am excited, as I'm sure we all are, for the advent of Spring, bringing with it fresh hope, positivity and a promise for us to continue with our objectives to grow our beautiful community even stronger together!

Tandarosti,

Mashya Amroliwalla
President

MGDM - UPDATE

With the evolving COVID-19 Pandemic and rising cases, the city of Toronto is in a lockdown. Keeping the health and safety of our custodian and members as top priority, as well as following the changes under the Emergency Management and Civil Protection Act (EMCPA) for places of worship and the specific conditions which include limiting capacity and ensuring that public health measures are followed such as face coverings, physical distancing and environmental cleaning and disinfecting, the ZSO Board of Directors has decided to CLOSE the Mehraban Guiv Darb e Meher (MGDM) until further notice.

All upcoming visits to MGDM are cancelled except for any death prayers with a limited capacity of 10 people including the priest and custodian. These bookings MUST be booked by contacting Hoofrish Patel (evp@zso.org).

When visiting the MGDM please be reminded of the following mandatory requirements and guidelines:

- Use the online [self-assessment tool](#) before every visit to the MGDM
- Wearing a non-medical mask/face covering is **mandatory**
- Bring your own prayer book and head covering
- Refrain from bringing Sukhar, loban or other prayer related items from home
- Maintain a social distance of two meters/six feet
- Follow entry and exit signs
- Social gatherings, including those that occur before or after a prayer service remains suspended
- Avoid opportunities for the virus to spread through touch, either directly or indirectly through surfaces and objects, including objects that may be used in rituals or ceremonies

Suspended Services

- Drop in visits
- Social gatherings, including those that occur before or after a prayer service remains suspended
- Navjote, weddings and other close contact activities
- Consumption of food and drink remains suspended
- Indoor singing, use of instruments and choir service
- Sharing and distribution of materials and objects such as books, scarves, caps, water, etc.

We continue to encourage all our members to watch our prayers online. Please subscribe to the ZSO YouTube channel at the following link and turn notifications ON to be alerted of all upcoming events.

<https://www.youtube.com/channel/UC3aC8WOPppyeQFjcTcFcaGQ>

We thank you for your patience and appreciate your cooperation.

ZSO Board

Thank You

“My family and I would like to thank our friends for the support given to us for attending my late husband Dinyar Jussawalla's funeral and other ceremonies on zoom and for condolence cards, emails as well as phone calls. It would be remiss if we did not thank our priests, our custodian as well as ZSO Board of Directors.”

Roshan Dinyar Jussawalla

Update on FEZANA U of T Professorship

Since our last communication with you, we suspended our fundraising campaign in April 2020 due to the Coronavirus pandemic. It disrupted our plan to raise US \$1.5 million by April 30, 2020, so we renegotiated our agreement with UoT.

Our new agreement is to raise US \$1.1 million by April 30, 2021. Once funds are transferred, UoT will match equivalent amount in Canadian dollars up to a maximum of CAD 1.5 million and create an endowment fund in perpetuity in support of a professorship in Zoroastrian languages and literature.

Currently we have raised a total of US \$820,000 in cash and pledges, with an additional conditional pledge of US \$50,000, to match the last US \$50,000. We are at the finish line! We ask your help to close the final gap, which is US \$230,000.

For US donations click below to donate on FEZANA's website

[**DONATE in US\\$**](#)

For Canadian donations click below to donate on Zoroastrian Society of Ontario's website

[**DONATE in CAN\\$**](#)

The Ava Project – Volunteers Wanted

The FEZANA UN-NGO Committee is looking for participants to join our team for implementing The Ava Project.

The Ava Project will bring together a group of people from across the World to form a working group that exchanges ideas pertaining to the environment. The first project is related to the creation of Water and an activity associated with water, i.e. cleaning up of the waters. For more information or to sign up for the project, please fill in this form:

<https://forms.gle/tKWYTqzEoHS5Knbg9>

Individuals who sign up will be contacted for future discussions and meetings.

Miss Afreed Mistry
Mr. Behram Pastakia
Co-Chairs, FEZANA UN-NGO Committee

Call for Nominations of FEZANA Officers

This is a reminder that the current FEZANA Executive's term will end at the 2021 FEZANA Annual General Meeting and it is now time to prepare for elections of FEZANA Officers for a new term.

Below is a link to the nomination form for the election of the following FEZANA Officers for the 2021-2023 Term:

- 1) Vice-President
- 2) Secretary

The deadline for receiving all nominations is midnight (US EST) on February 15, 2021 with the results of the elections announced at the 2021 FEZANA AGM.

[**FEZANA OFFICER NOMINATION FORM**](#)

Freddy Mirza – Good Deeds in Action

It is not every day that the Owners of Toronto Star, one of the largest English Dailies in Canada, appreciate and recognize one of our own. That is what happened in January as Freddy Mirza, a.k.a. 'Aapro' Freddy was recognized personally for his work with the Santa Box Program. The Santa Box Program is sponsored by Toronto Star. Every Christmas the Santa Box program delivers approximately 4,000 gift boxes to children in the GTA. This brings joy to the children and their parents are thankful.

Jordan Bitove and Paul Rivett, the Owners of Toronto Star expressed their appreciation for 'Aapro' Freddy's role especially during the pandemic, for organizing the depot, liaising with volunteers with conference calls and supporting the members of his team. 'Aapro' Freddy's contribution was vital to the success of 2020 efforts.

'Aapro' Freddy has been organizing the Santa Box Depot for the past 30 years. He is always present in our 100 Toronto Scout Group uniform. His contribution to this cause is a role model to our Scout Group. He gives our group the reason to be proud of him.

The 100 Toronto Scout Group and the members of the ZSO wish to congratulate 'Aapro' Freddy on his skills, attitude and charm for organizing the Santa Box Program depot.

The 100 Toronto Scout Group wishes to congratulate all the Parents and Youths that have volunteered each year to distribute the Santa Boxes. 'Aapro' Freddy's wife Kety Mirza deserves all the praise for supporting her husband. It is universally understood that "for every successful Man, there is a Woman pushing him out of the house".

Freddy Mirza, we the 100 Toronto Scout Group salute you.
A Newfie would sweetly say "Hee's Sum Gud, Bye!"

Submitted by Rohin Kiash

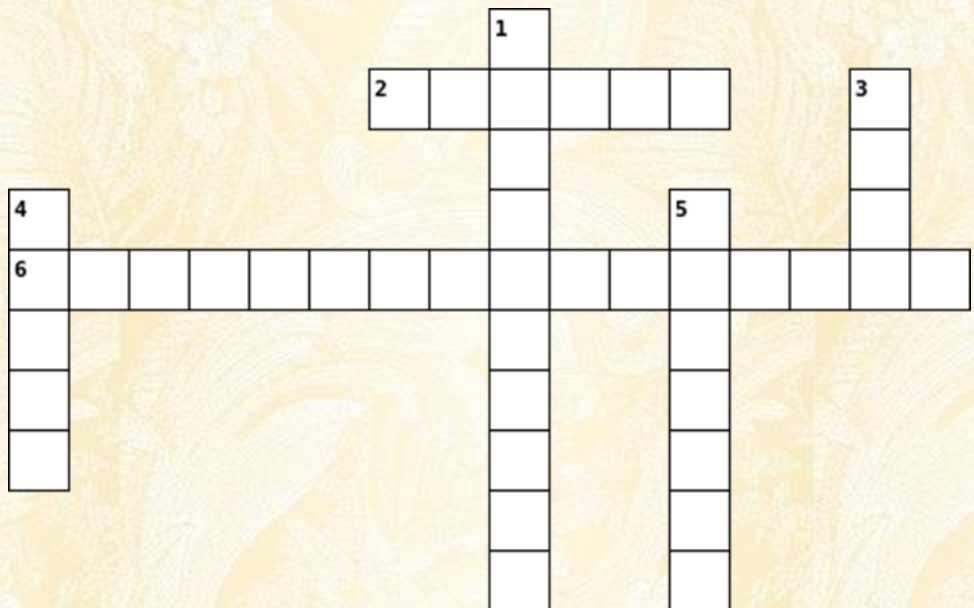
GEN-Z Crossword

Across

2. Opposite of sickness.
6. Concern about and action aimed at protecting the environment.

Down

1. An assembly or meeting, especially a social or festive one or one held for a specific purpose with many people.
3. Facilities where people exercise indoors.
4. Opposite of war.
5. A substance used to stimulate the production of antibodies and provide immunity against one or several diseases.



Submitted by Avakhshia Pour-Bemani

ZSO – Boiler Replacement

On December 24th, the boiler that heats the Prayer Room, custodian's apartment and adjoining areas at the Mehraban Guiv Darbe Mehr stopped working after many years of operating.

Members of the House & Garden Committee as well as Directors were very helpful and acted swiftly to ensure our custodian, Farrokh Farhadian, and his family as well as our Darbe Mehr were kept sufficiently heated during this time. The Committee wanted to avoid any additional expenses such as water pipes freezing & bursting so people pitched in by bringing portable heaters to help keep the entire place and our custodian's apartment (where Farrokh lives with his family) warm, especially since it was during the holiday period and of course winter season.

The House and Garden committee along with the Board of Directors quickly obtained and reviewed several quotations from various vendors. Taking into account recommendations received, including a positive referral provided by our sister organization OZCF, cost and delivery timelines, the Board, with the Committee's recommendations, decided to work with Star HVAC company. We are also fortunate enough to have the expertise of our volunteers in the H&G committee helping the Board make timely decisions as required. The Board is especially thankful to H&G Chair, Kersi Khambatta, and our in-house HVAC expert, Yezdi Sheriar, for their timely and competent guidance throughout.

The new heating system and boiler - a Slant/Fin Model GG399 - was fully operationalized by January 8th and the MGDM heating systems once again operating as normal. The total cost incurred was \$14,565.70 which includes removal of the old boiler, installation of the new one and a One Year Parts & Labour Warranty as well as Limited Lifetime warranty on the Heat Exchanger. *Note: there is a separate HVAC unit mounted on the roof above the main hall, used for heating/cooling of the hall. This unit and Main Hall heating were unaffected and remain in-service with no concerns at this time.*

Your Board and H&G committee continue to look into other areas of the building that are in need of care, such as the aging water pipes circulating hot water from the boiler, driveway surface repair/replacement, outdoor repairs and improvements such as landscaping, installation of a new wash basin by the entrance for all the devotees to wash their hands and other general upkeep requirements.

We are grateful for your continuous support. Please contact the Board or H&G Committee with any feedback. Stay blessed and safe.

Mehrnaz Dehmiri
Board Liason, H&G Committee



Jashn-e-Bahmangan



Bahmangan was celebrated at the Mehraban Guiv Darbe Mehr, Toronto, Canada on January 16, 2021.

The Festival started with a short introduction, prayers and explanation in Farsi and English by Mobed Kerman Katrak, who has been performing all Religious/Cultural events since the last 33 years in Toronto.

Bahman is also the name of one of the Archangels of Zoroastrianism which is called Vohuman or Vohu-Mana in Avesta; meaning intellectual mind. It refers to the good moral state of mind that enables an individual to accomplish his duties. This Archangel also protects the animal kingdom.

In ancient Iran, festivities to celebrate this day took place among common people as well as royals and noblemen. The festival is recorded by many authors including Biruni, Asadi Tusi, Anwari and many others. According to Biruni, in

Khorasan, an assortment of all sorts of grain and vegetables, were cooked and served to everyone.

A common practice belonging to this day was cooking Ash - a kind of Iranian soup like stew - namely Ash-Bahmangan, prepared from all kinds of available grains, vegetables as a sign to give thanks to our God, Ahura Mazda.

Respecting Bahman, as the Archangel protecting the animal kingdom, people do not eat meat on this day. It was usual to wear new clothes for this festival. Today, the modern day Zoroastrian-Iranian festival of Bahman-Rooz continues to be a holy day for Zoroastrians everywhere in the world.

Bahman Plant: This plant is the same as the equivalent modern Persian term Zardak-e Sahrayi, which blooms in the month of Bahman. It has a red or white root. Since it was a medical plant, it is mentioned in medical texts from which it passed into Latin and in the form béhen into French. Two varieties, béhen rouge and béhen blanc, are found and still used in medicine. In some parts of Iran, Bahmangan is celebrated as Fathers' day. In this ceremony, participants stand side by side, join hands and recite prayers.

Thanks to Farrokh Farahdian, our Darbe Mehr Custodian, Kanoun for bringing all the items required for the ceremony, Pedram Yazdani for his professional technical help and Soheila Shidfar for the set-up of the Bahmangan Table and being the main co-ordinator of the event.

Please click or paste this link for watching the full video of this event:

<https://www.youtube.com/watch?v=NkWgW73ZHxc&feature=youtu.be>

Submitted by Ervad Kerman Katrak

Canadian Zoroastrian Business Directory

WZCC in collaboration with the FaceBook Group – Zoroastrian Community in Canada – are establishing a directory for Zoroastrian owned Canadian businesses. *“The goal is for all businesses to have an equal opportunity and marke share.”* If you are a business owner and would like to to be included – please click on the link below and complete the survey.

[Business Owners/Professionals Questionnaire](#)

Interfaith Meeting – January 20th, 2021 Vaccinations & Public Health Advice

Below is an excerpt from notes provided by Freddy Mirza who attended this meeting.

Dr. Tam mentioned in her address that:

- (a) The tests carried out by Pfizer as well Moderna to over 10s of 1000s of people and showed 90% effectiveness
- (b) Faith leaders and institutions are the pillars of the faith communities and do great sacrifices.
- (c) Everyone will have access to the vaccine with there will be a least amount of mobility to achieve maximum success
- (d) Hoping to complete the immunization process by Sept 2021.
- (e) Delays expected due to the technical problems faced by Pfizer
- (f) In any case, they have promised and are committed to the deliver four million vaccines by the end of March 2021.
- (g) So far, the reports received from those who have been vaccinated are very encouraging.
- (h) Those below 12 years of age, or pregnant, or have a health condition related to immunity suppression, are not advised to take the vaccine. This advice could change as more data becomes available.
- (i) The National Public Health Advisory Committee mentioned that people in the following categories have been identified as a priority to be the vaccinated:
 - i. LTC and shared living residents and staff.
 - ii. Age more than 70; age is an important factor
 - iii. Health care providers and personnel support staff
 - iv. Indigenous seniors & adults
 - v. Essential workers (food preparations/deliveries)
 - vi. Each Province and Territory will have to make their own guidelines in accordance with the National Public Health Advise.

In the Q & A, the following were addressed.

Q: Are there any side effects?

A: Possible side effects could be a slight pain in the arm and soreness, fever, and tiredness for a short period of time; other factors may exist and to consult your family physician if the discomfort continues. HC will continue to monitor the reports they receive. As of Jan 1 2021, nearly 38,000 were vaccinated based on the reports received by HC, only about 10 seniors and 24 others (approx. 0.003%) had some side effects which could also be due to a pre-existing condition at the time of being vaccinated. It is important to share the info of side effects after vaccination in order to inform the HC and help them improve the protection of other seniors awaiting vaccination. It is important to visit only the official HC website for official and authentic information and to help in stop false rumours posted on other websites; seek advice from health care providers and continue with the safety measures (social distancing, personal hygiene and mask) even being vaccinated and obey the advice given by the local public health care advisors.

Q: There is a concern from the congregation attending the places of worship related to the safety of the vaccine as it was developed in a hurry. How safe is it?

A: Usually, in the past it took a long time to develop a vaccine; but recent discovery and development of the MRNA technology using motorized RNA technology has helped in reducing the research period and helped in speeding up by rapidly moving from animals to humans in clinical trials. Other factors include:

- (a) Global support from all the governments.
- (b) HC received rapid data from the manufacturers helped in expediting the analyzing process of the data to review, monitor and make the regulations
- (c) The manufacturers scaled up their facilities as soon as the research data was made available.
- (d) HC did a risk management analyses and was satisfied that the benefits outweighed the risks.

Vaccine Advice – cont'd.

Q: Are places of worship being considered as vaccination sites for expediting the vaccinations?

A: The 2 vaccines approved by HC (Pfizer and Moderna) have very stringent storage and delivery requirements. Now is not the time to consider this option but maybe in the future as newer vaccines with less stringent requirements are approved and become available, the faith groups could approach the local public health advisors for consultations.

Q: There is hesitancy in taking the vaccines because of lack of info relating to its ingredients. What do they contain?

A: Ingredients will be made available by HC. The vaccines do not contain any animal components and are made from genetically grown components. Ingredients will be made available by HC. The vaccines do not contain any animal components and are made from genetically grown components.

Q: When can the places of worship be opened again?

A: At present, we are experiencing a surge. Follow the public health guidelines related to the opening of the places of worship. All COVID-19 related information must be obtained from the Health Canada and other Provincial and Municipal websites related to public safety and health.

Questions from faith leaders (Rabbi Audrey Pollock, Chair of the IPC and other 2 faith leaders):

- (a) What can the faith groups do to assist the government?
- (b) What messages should be sent to the faith communities?
- (c) What financial support is or will be available to provide the help?

Answers:

(a) Send out the official public service information links in the language of the faith. Trust only the Health Canada website for info relating to the distribution of the vaccines as there are other non-governmental website which spread rumours relating to the so-called inequity in providing the vaccines; do not get the information from social media and other non-governmental websites. Help the government in stopping false info and rumours. However, the faith leaders may use their social media for dissemination of the information obtained from the various levels of Government's official websites.

(b) Only official websites should be consulted and not the info obtained on the social media. However, you may use the social media to send out the official info obtained.

(c) Financial support may be available from community based resources for the translations.

Dr. Tam and associates thanked the organizers and the faith leaders for their important roles in providing the physical and spiritual support to their communities.

The session was ended by a Rev from one of the churches with his final advice: "May you have wisdom to keep on doing what you are doing".

For full details on Ontario's vaccination program and most up to date plans – please visit the website below:

[COVID 19 ONTARIO](https://www.health.gov.on.ca/en/COVID19/ONTARIO)

Qissa e Parsi – The Parsi Story

A short documentary produced by Divya Cowasji and Shilpi Gulati for Public Service Broadcasting Trust of India. The Film explores the history of the Parsi community, its relationship to the Indian state and association with the city of Mumbai. It strives to understand the Zoroastrian faith, the philosophy to live, laugh and love that is the backbone of the Parsi way of life.

Please do share this link with anyone you know. [Qissa e Parsi](https://www.zso.org/)

Update on Ervad Zahan Turel – From Parsi Khabar

Community members are aware that 15 year young Mobed Zahan Turel suffered from burns on 24th October 2020 when his jama caught fire whilst performing the Rapithvan Geh boi ceremony at Goti Adarian, Surat. Since WZO Trust's used their good offices to raise funds from institutions and individuals, details of injuries, treatment, donations and expenditures are being shared in the public domain by way of accountability towards donors.

Injuries & Treatment:

After a short stint of a few hours at a local hospital at Surat for immediate treatment Er. Zahan was transferred to Masina Hospital at Mumbai on 25th October 2020 under the care of burns & plastic surgery specialists – Dr. Suhas Abhyankar and Dr. A. M. Vartak. Er. Zahan was found to have suffered 48.50% severe and deep burns on his entire upper body, neck, both hands, ears. The first 3 weeks were critical and saving Zahan from any sort of infection was the only priority. Fortunately his face and legs were not damaged. Doctor conveyed that probably the entire affected body would need skin grafting which would be a very long haul process. Three graftings were expected to be done. At the time of admission Er. Zahan tested Covid Positive and was immediately moved to Covid ICU for isolation. This hindered treatment for a few days as the plastic surgeon and burns specialist were not allowed to enter COVID ward. After intense treatment his Covid report came negative and was again shifted to Normal ICU on 5th November 2020. During his stay at Masina Hospital, Er. Zahaan was given treatment which included two skin grafting surgeries performed on 21st November 2020 and 16th December 2020.

Er. Zahaan was discharged from Masina Hospital on 4th January 2021. Post discharge his daily massage and dressings are being done in Mumbai Daily occupational therapy is presently being undertaken at Masina Hospital's Occupational Therapy Centre. He continues to receive regular counseling. There is every possibility that Er. Zahan may also require reconstructive surgeries and / or cosmetic surgery sometime in the future. Though Er. Zahan is unable to sit for long period of time, he has decided to appear for his school board exams and has started gradual preparations for the same.

For the full article and expenses incurred to date – please go to the link below. We continue to keep Zahan in our prayers.

[Parsi Khabar - Update on Ervad Zahan Turel](#)

Condolences

Percy Kelawala, on January 21st, 2021. Aged 71, Percy was loving husband of Yasmin Kelawala, father of Yazdan Kelawala, father in Law of Crystal Kelawala, grandfather to Sam Kelawala. Brother of Jimmy, Mehernoos and Kashmira Kelawala, Sister in Law of Roshni Kelawala – uncle to Sharmeen Karbhari and Meherooz Kelawala. May his soul rest in peace.

Marzban Jehangir Austin, on January 22nd, 2021. Much loved husband of Guloo and father of Pheroze (Zareen), Navroze (Lisa) and Arshes (Vanessa), who passed away from pancreatic cancer. Marzban was the brother of Erach Austin of Mombasa, late Adi and late Freny (Keki) Bulsara. May his soul rest in peace.

Zenobia Songadwala, on January 28th, 2021. Wife of Dosu, mother to Cyrus and daughter-in-law Amanda. Grandmother to Zanye and Pheodord. May her soul rest in peace.

Newsletter Requests

Please note that the deadline for receiving submissions for the ZSO newsletter is the 20th of each preceding month. Any materials received after this date will be published on a best-effort basis.

Editor: Armaity Bamji (newslettereditor@zso.org)

Please note that all requests for inclusions in the ZSO NL should be emailed to newslettereditor@zso.org
Please copy Hoofrish Patel at evp@zso.org for approval.

The distribution or reproduction, in part or whole, of the Zoroastrian Society of Ontario's monthly Newsletters by any means or via any media, requires authorization by the Society's Board of Directors. Any unauthorized distribution or reproduction is strictly prohibited.

Miscellaneous

ZSO Contacts:

Emergency situations: Khushru Chothia (416) 677-7555

Messages on the auto-dialer: Pedram Yazdani email: admin@zso.org

- **Please copy Mashya Amroliwalla at president@zso.org for approval**

Renting MGDM hall (for post-funeral prayers/rituals or for private functions): Hoofrish Patel at evp@zso.org

Newsletter advertising rates:

Inserts: \$200 Quarter page/Business card: \$55 Half page: \$75 Full page: \$125

Miscellaneous two-liners: \$15

10% discount for 12 consecutive months of advertising.



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اهنودگات - یسن ۲۸ - بند ۱

ای اهورامزدا، ای خداوند جان و فرد، سرم در نمازت خم است و دستهایم افراشته. از تو می فواهم با کارهای راست و درست و پاک خود که از روی فرد و با دانش نیک انجام می گیرد، جهان را آباد و جهانیان را شاد سازم.

۱۷ فوریه، جشن اسفندگان؛ جشن گرامیداشت بانوان خجسته باد!

کانون زرتشتیان انتاریو جشن اسفندگان را به همه بانوان شادباش می گوید.



هرسال به مناسبت این جشن در درمهر گرد می آمدیم و جشنی را به این مناسبت برگزار می کردیم، با توجه به شرایط کنونی و محدودیت های بهداشتی کوید-۱۹، امکان برگزار این جشن به صورت مضوری وجود ندارد و به صورت مجازی نیز برگزار نخواهد شد. به امید این که سال دیگر آن را مانند همیشه برگزار کنیم.

به روان همه درگذشتگان درود باد

ایرستانم اورانو یزه مییده



به مناسبت پُرسه همگانی اسفند ماه کانون زرتشتیان انتاریو برای یادبود درگذشتگان، با توجه به شرایط کنونی و محدودیت های بهداشتی کوید-۱۹، مراسم اوستافوانی را به صورت مجازی و همزمان از کانال یوتیوب انجمن زرتشتیان انتاریو در **ساعت ۵:۰۰ پسین شنبه، روز اورمزد از ماه اسفند زرتشتی (۲۵ بهمن ماه) برابر با ۱۳ فوریه** برگزار می نماید.

برای اعلام نام درگذشتگان، لطفاً با خانم ها فورشید زند (416-553-0226) و بیتا شکیبا (416-871-9593) تماس بگیرید.

برای شرکت در این برنامه در این روز به نشانی یوتیوب انجمن مراجعه نمایید: <https://www.youtube.com/c/ZoroastrianSocietyofOntario>

ورزش و سلامتی



با توجه به در فواست وزارت بهداشت کانادا و به منظور جلوگیری از گسترش ویروس کرونا هیچ گردهمایی و رویداد ورزشی برگزار نخواهد شد. اما می توانید در برنامه هفتگی یوگا هر چهارشنبه به صورت مجازی شرکت کنید. هر هفته زمان و نشانی پیوند را در ایمل خود دریافت می کنید. با شرکت در آن به سلامتی خود اهمیت بدهید.



فراخوان پشتیبانی مالی به انجمن

به دلیل وضعیت موجود در پیوند با ویروس کوید-۱۹، ممل درمهر و انجمن بر روی عموم بسته می باشد. این وضعیت تا آگاهی رسانی دولت استان اونتاریو ادامه خواهد داشت. با توجه به عدم حضور افراد در ممل درمهر، کمک های خیراندیشی نیز کاهش یافته است، در مالی که هزینه های ثابت انجمن و درمهر باید پرداخت شوند. برای همآوری فراخوان پشتیبانی مالی آگاهی رسانی شد که فوشبفتانه با پشتیبانی و کمک شما اعضای انجمن همراه بود. امیدواریم که همواره این موضوع را در نظر بگیرید و کمک های مالی خود را با فرستادن چک یا پرداخت آنلاین ادامه بدهید.

گردهمایی ماهیانه بانوان

با توجه به در فواست وزارت بهداشت کانادا و به منظور جلوگیری از گسترش ویروس کرونا هیچ گردهمایی برگزار نخواهد شد. اما بسیار مناسب است که بانوان با ایجاد گروه های مجازی (زوج، واتس آپ و ...) گردهم آیی های خود را ادامه بدهند.

انتقادات، نظرات و پیشنهادات سازنده خود را با ما با ایمیل

kanoun@zso.org در میان بگذارید.

با پیوستن به گروه تلگرامی کانون فرهنگی اونتاریو و آگاهی رسانی درباره آن به دیگران. از برخی اخبار و برنامه ها آگاه شوید.

<https://t.me/zsokanoun>

مناسبت ها و رخدادهای ماه گذشته با سپاس از همه افرادی که در برگزاری این مناسبت ها هم‌زوری کردند.

م جشن سده برگزار خواهد شد

این جشن در تاریخ شنبه ۳۰ ژانویه ساعت ۶:۳۰ پسین از کانال یوتیوب انجمن پخش خواهد شد. جشن سده در آخرین روزهای ماه ژانویه، زمانی خواهد بود که متن خبرنامه برای آماده سازی برای انتشار فرستاده شده است. جشن سده بر همه شاد و امیدواریم که در زمان پخش برنامه همگی بیننده آن باشید و به امید این که سال آینده جشن سده را با افروختن آتش در درمهر برگزار کنیم.



م جشن بهمنگان برگزار شد

این جشن در روز شنبه ۱۶ ژانویه از کانال یوتیوب انجمن پخش شد. بعد از سی و سال برگزاری جشن ها در ممل درمهر، امسال اولین باری است که شوربختانه به دلیل همه گیری ویروس کرونا، برای برگزاری جشن ها به دور هم جمع نمی شویم و این جشن ها به صورت مجازی برگزار می شوند. امیدواریم هرچه زودتر مانند گذشته جشن ها را با گردهم ایی برگزار کنیم. برای این جشن ابتدا نما آهنگ تهیه شده توسط سالنمای راستی پخش شد. پس از آن موبد کرمان کاتراک اوستا خواندند و در مورد ویژگی های این جشن از نظر دینی و تاریخی گفتگو کردند. جشن بهمنگان در پیوند با بهمن امشاسپند است که این ایزد نگاهبان میوانات سودمند است. در ایران این جشن به نام روز پدر نیز نامگذاری شده است. با سپاس از موبد و افرادی که در برگزاری و پخش این جشن یاری کردند.



گاهنبار میدیارم گاه برگزار شد

گاهنبار میدیارم گاه از کانال یوتیوب انجمن زرتشتیان انتاریو در روز یکشنبه ۳ ژانویه برابر با وره‌رام روز و دی ماه زرتشتی برگزار شد. این برنامه با اوستافوانی توسط موبدیارم بهرام ورجاوند اجرا شد. ضبط شده این برنامه را می توانید از یوتیوب انجمن ببینید. با سپاس از موبد و افرادی که در برگزاری و پخش این گاهنبار هم‌زوری کردند.



رفدادهای

سیستم گرمایشی ساختمان درمهر در ماه گذشته به دلیل گهنگی از کار افتاد. پس از بررسی کارشناسان تشخیص داده شد که باید به طور کلی جایگزین شود که با همت و پشتیبانی شما اعضا هزینه آن فراهم و انجام شد. با سپاس از این که همیشه پشتیبان انجمن هستید.



Zoroastrian Society of Ontario

3590 Bayview Avenue
Toronto, ON, M2M 3S6
Tel: (416) 225-7771

Reg# 88897 0241 RR0001
Website: <http://zso.org>

DONATION APPEAL FOR THE ZSOs OPERATIONAL COSTS

We are so very encouraged with the overwhelming response to our initial appeal for donations, to supplement the ZSO's income during the pandemic.

We had established an ambitious target of \$10,000 to be collected over 2 months, i.e., by the end of January. With your generosity, kind hearts and Zoroastrian spirit, your Board is pleased to inform you that total donations received exceeded our goal. We have collected \$13,500.

The ZSO current financial year ends on March 31, 2021 and the Board of Directors has launched a second appeal for donations, having set a target of \$25,000 to be collected by March 31, 2021, to be directed once again towards ZSOs operating costs. Donations can be made online at www.ZSO.org/donate using your PayPal account or credit card as well as by cheque made payable to "Zoroastrian Society of Ontario". We are certain that fellow Zarthushtis will rise to the occasion once again and open their hearts to keep our shining Darbe Mehr blessing all of us for generations to come.

Many members have inquired of ways that they can have candles lit on their behalf at the DM as well as offer sukhad to the fire during this continued lockdown. If you wish to avail of this service to light candles and offer sukhad on your behalf, we are pleased to offer a package to have 2 candles lit and offer 2 pieces of sukhad for \$20. If you are interested in availing of this arrangement, please go to the ZSO website contact the Assistant Treasurer Mehrnaz Dehmiri by email at assttreasurer@zso.org or Kersi Khambatta, Chairperson of the House & Garden Committee at goldkk101@hotmail.com or call him at 416-496-8285 with your name and date you wish to have the candles lit and sukhad offered, while supplies last. We also welcome donations of sukhad to replenish the available stock.

We look forward to your participation and will be grateful to you to spread the word for this donation initiative, with no amount being too small or too large, in support of your Darbe Mehr.

Thank you.

On behalf of the Board of Directors,

Mashya Amroliwalla

President



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درخواست پشتیبانی مالی جدید برای هزینه های جاری انجمن زرتشتیان اونتاریو

از درخواست پشتیبانی مالی پیشین که برای افزایش درآمد انجمن انجام شد، بسیار خشنود هستیم.

در آن زمان جمع آوری ده هزار دلار در طول دو ماه، یعنی تا پایان ژانویه، را هدف قرار دادیم. اما با خیراندیشی شما و نیز دل پاکتان و اخلاق زرتشتی، هیات مدیره خوشحال است که شما را آگاه کند که مجموع رقم دریافتی بیشتر شد و ما 13,500 دلار جمع آوری کردیم.

سال مالی انجمن زرتشتیان اونتاریو در 31 مارچ 2021 به پایان می رسد و هیات مدیره تصمیم گرفته است که یک «درخواست پشتیبانی مالی دوم» را آغاز کند. درخواستی که برای مبلغ 25,000 دلار و تا 31 مارچ 2021 در نظر گرفته می شود. تمامی این مبلغ برای هزینه های جاری انجمن خواهد بود.

این خیراندیشی می تواند به صورت آنلاین از راه www.ZSO.org/donate با استفاده از پی پل یا کارت کردیت باشد یا می تواند از طریق چک به نام Zoroastrian Society of Ontario باشد. ما مطمئن هستیم که شما اعضای انجمن این بار هم با خیراندیشی خود کمک خواهید کرد که درمهر روشن و برای نسل های آینده پابرجا باشد.

بسیاری از اعضا درخواست کرده اند که هر چند در حال حاضر درمهر بسته می باشد، اما از سوی آنها در درمهر شمع روشن شود و یا چوب صندل بر آتش گذاشته شود. اگر شما هم می خواهید که از سوی شما شمع روشن شود یا این که چوب صندل بر آتش گذاشته شود، ما خوشحالیم که به آگاهی اتان برسانیم که با خیراندیشی 20 دلار، می توانیم از سوی شما دو شمع را روشن کنیم و 2 چوب صندل بر آتش بگذاریم. اگر می خواهید که این کار برای شما انجام شود، لطفاً با معاون خزانه دار خانم مهرناز دهمیری، ایمیل assttreasurer@zso.org یا کرسی کامباتا Kersi Khambatta (goldkk101@hotmail.com) مسوول کمیته «ساختمان و فضای سبز» یا شماره تلفن 416-496-8285 تماس بگیرید و با اعلام نام خود و تاریخی که می خواهید این کار برای شما انجام شود، پیام بگذارید.

امیدوار هستیم که شما از این حرکت پشتیبانی خواهید کرد و سپاسگزار می شویم که این درخواست را به آگاهی دیگران هم برسانید. هر مبلغی، چه کم یا زیاد، برای پشتیبانی درمهر خواهد بود.

با سپاس،
از سوی هیات مدیره،
مشیا آمرولی والا
رئیس



DONATION FORM

Please complete the form below and send it along your donation cheque. This form will ensure we have your correct mailing address to send your tax receipt.

Tax receipts will be issued for donations of \$20 and higher.

First Name: _____

Last Name: _____

Address: _____

City _____ Province _____ Postal Code _____

Donation Amount: \$_____

Please mail cheques to : Zoroastrian Society of Ontario
Attn: Treasurer
3590 Bayview Ave
North York, ON, M2H 3S6

****All cheques payable to Zoroastrian Society of Ontario**



**ZSO ENTERTAINMENT & YOUTH COMMITTEE
PRESENT**



LIVE COOKING SHOW

**By: Roshni Mithaiwalla
3rd Generation Celebrity Home Chef**

**SUNDAY, FEBRUARY 28TH, 2021
1PM-2PM
ZOOM LINK TO FOLLOW**

**ROSHINI IS FROM A GENERATION OF CATERERS & HOTELIERS FROM
THE MITHAIWALA FAMILY IN MUMBAI.**

**SHE WISHES TO SHARE HER FAMILY RECIPES CREATED SINCE
1950 WITH THE WORLD.**

**ROSHINI CURRENTLY RUNS A RESTUARANT IN DUBAI AND
OWNS A YOUTUBE CHANNEL: PRETTYPARSICOOK**

[HTTPS://YOUTUBE.COM/C/PRETTYPARSICOOKBYROSHNI](https://youtube.com/c/PrettyParsicookByRoshni)



ZOROASTRIAN SOCIETY OF ONTARIO

3590 BAYVIEW AVENUE, TORONTO, ONTARIO M2M 3S6

MEMBERSHIP FORM

Membership Application: ☐ Renewal ☐ New Member Membership Year April 1st 20____ - March 31st 20____

Membership Category/Fees

<input type="checkbox"/> Family	<input type="checkbox"/> Individual	<input type="checkbox"/> Student	<input type="checkbox"/> Senior	<input type="checkbox"/> Family senior
Includes children under the age of 18	Non-student over age 18	Full time student age 18-25	Age 65 and over	Both spouses age 65 and over
\$100	\$60	\$30	\$30	\$50

Applicant Information

Last Name: _____ First Name: _____
Spouse Last Name: _____ Spouse's First Name: _____
Address: _____ Apartment/Suite# _____
City: _____ Province: _____ Postal Code: _____
Home Phone: (____) - ____ - ____ Cell Phone: (____) - ____ - ____
Email: _____ Age: _____ Signature _____

Dependent Information:

First & Last Name	Age

Select your communication methods: Auto dialer (US & Canada), E-Mail and SMS Messages (SMS within Canada Only)

Auto dialer voice messages: ☐ Home ☐ Cell ☐ Spouse Cell: _____

SMS Messages: ☐ Yes ☐ No

Newsletter: ☐ Email ☐ Spouse Email: _____ ☐ Regular Mail

Total Enclosed: Cash \$_____ Cheque \$_____

(All cheques payable to "Zoroastrian Society of Ontario" and mailed to Attn: ZSO Treasurer (Membership Form) 3590 Bayview Avenue, Toronto, ON, M2M 3S6). Please note the bank will **NOT** accept cheques payable to "ZSO".

☐ I have reviewed the ZSO Constitution & Bylaws* and agree to abide by them (*available on the ZSO website zso.org)

NEW MEMBERS must be introduced by two ZSO members in good standing and approved by the ZSO Board of Directors (BOD).

Existing ZSO Member

Print Full Name _____

Signature _____

Existing ZSO Member

Print Full Name _____

Signature _____

Approved by the ZSO BOD

☐ Yes ☐ No

Signature _____