



## Zoroastrian Society of Ontario

### Newsletter – March 2020 Volume 46, Number 9

#### MARCH

Friday, March 6	11:00am	Seniors Event
Sunday, March 8	12:30pm	Scouts
Sunday, March 8	2:45pm	Children's Religion Class East End
Friday, March 13	6:00pm	Ayathrem Gahambar (S)
March 15 <sup>th</sup> to March 20 <sup>th</sup>		Panjeh – Fasli Mukhtad Days
Thursday, March 19 <sup>th</sup>	6:00pm	Children's March Break Party
Saturday, March 21 <sup>st</sup>	6:00pm	Navroze Jashan/Dinner – <i>see attached flyer</i>
Saturday, March 21 <sup>st</sup>	7:00pm	Kanoun Nowruz Party – <i>see attached flyer</i>
Sunday, March 22 <sup>nd</sup>	11:00am	Children's Religion Class (East & West End)
Wednesday, March 25 <sup>th</sup>	6:00pm	Zayesh-e-Zarthost (Khordad Sal) (F)
Friday, March 27 <sup>th</sup>	11:00am	Seniors Event
Sunday, March 29 <sup>th</sup>	10:00am	Sizdebedar (F)
Sunday, March 29 <sup>th</sup>	12:30pm	Scouts

#### APRIL

Friday, April 3 <sup>rd</sup>	11:00am	Seniors Event
Saturday, April 4 <sup>th</sup>	11:00am	WZCC Meeting
Sunday, April 5 <sup>th</sup>	12:30pm	Scouts
Sunday, April 5 <sup>th</sup>	2:45pm	Children's Religion Class
Tuesday, April 7 <sup>th</sup>	6:30pm	Jashn-e-Fravardegan (F)
Friday, April 17 <sup>th</sup>	11:00am	Seniors Event
Saturday, April 18 <sup>th</sup>	6:30pm	Jashn-e-Ardibeheshtgan (F)
Tuesday, April 21 <sup>st</sup>	6:30pm	Atash-nu-Parabh (S) *
Saturday, April 25 <sup>th</sup>	6:30pm	Bollywood Music Night – <i>see attached flyer</i>
Sunday, April 26 <sup>th</sup>	12:30pm	Scouts
Sunday, April 26 <sup>th</sup>	2:45pm	Children's Religion Class

\*Please provide names for meals to Ervad Hoshang Udwadia at 416-499-4957.

#### Note:

All events will be held at Mehraban Guiv Darbe Mehr unless otherwise specified. ZSO, as publisher, is not responsible for content and support of any flyers it has not issued.

#### MEHRABAN GUIV DARBE MEHR

Telephone: (416) 225-7771

Address: 3590 Bayview Avenue  
Toronto, Ontario M2M 3S6



“Zoroastrian Society of Ontario – ZSO”

Days	Morning Hours	Evening Hours
Monday	CLOSED	4:30PM - 8:30PM
Tuesday	9:00AM - 12:00PM	4:30PM - 8:30PM
Wednesday	CLOSED	4:30PM - 8:30PM
Thursday	CLOSED ALL DAY	
Friday	9:00AM - 12:00PM	4:30PM - 8:30PM
Saturday	9:00AM - 12:00PM	4:30PM - 8:30PM
Sunday	9:00AM - 12:00PM	4:30PM - 8:30PM



## WHAT'S NEW PRES?

Spring is around the corner, heralded by Nowrooz! With Ahura Mazda's blessings and the support of our strong community, in this New Year, ZSO embarks on its plans to carry out the major initiatives that we have been working towards over the last year. Our goal as we have always said, is to be transparent, accountable and get the best value for ZSO. The request for quote on the Floor Tiling is included in this Newsletter and will be sent via email to the community.

As we do each year, Panjeh days will be held at the Darbe Mehr from March 15 – 19. Please contact Khorshid Zandian (416-553-0226) or Bitia Shakiba (416-871-9593) for details. As previously noted in the September 2019 Newsletter, the Darbe Mehr is open to and welcomes all Zoroastrians and their spouses and children, whether Zoroastrian or not, all year round including Panjeh / Mukhtad days in March and August.

This year, both, the Kanoun Nowrooz party and the Jamshedi Navroze Jashan and Dinner will be held on Saturday, March 21. See flyers for details of each event and do register early for the event you plan to attend. Online registrations are open; do turn out in large numbers to celebrate with your family and friends! For future, ZSO and Kanoun are considering joint events so the community can celebrate in even greater numbers! We will celebrate our Prophet Zarathushtra's Birthday on Mah Farvardin, Roz Khordad, Wednesday, March 25th at the Darbe Mehr. Details coming soon to the website.

As the end of March draws near, it is once again time to renew your ZSO membership. This is now easier than ever with the new website allowing 'auto-renewals'. Be sure to select the auto-renew option and simplify your future renewals. Contact [secretary@zso.org](mailto:secretary@zso.org) in case of any questions and please encourage your Zoroastrian friends and their families to join the ZSO to make us ever stronger and united to serve the community's growing needs. Together, we can achieve a lot!

Ontario is home to a growing Zoroastrian community, two organizations strong and undoubtedly ONE community. With that in mind, ZSO is proud to support its sister organization, the OZCF in its fundraising efforts to build the Atash Kadeh on their property in Oakville. ZSO will be donating a sum of One Thousand Dollars to OZCF and providing a full-page advertisement in the OZCF Gala Brochure aimed at fundraising for this great cause that will benefit the entire community.

On behalf of my colleagues on the Board, my wife, Dina and our children Jia and Burzina, I wish you and your families A Very Happy Nowrooz!

Tandarosti,

Mashya Amroliwalla, President

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## SAVE the DATE

The Society of Scholars of Zoroastrianism conference will be taking place in Toronto for the first time. Please see details below. We are looking for a group of 5 volunteers to help us.

### **Society of Scholars of Zoroastrianism**

**Date: Sept. 11-12, 2020**

Location: MGDM, 3590 Bayview Ave., Toronto, ON

Seats: 150 - registration will open in May 2020!

### Tentative Agenda:

Sept. 11th Evening - Meet the Speakers Night with potluck.

Sept. 12th - All day event with 4 speakers, entertainment and 3 meals and snacks will be served.

Contact: Afreed Mistry, Chair SSZ 2020 Conference at [Mistry.Afreed@gmail.com](mailto:Mistry.Afreed@gmail.com) or 416-302-9754



## Valentine's 2020

On the 8th of February, the Scouts hosted their annual Valentine's dinner and dance party themed "Love under the sea". This is the annual fundraising event organized by the 100 Toronto scouts group and has always had a great response. Folks attending got a chance to dress up in blue, green, turquoise – the colours of the sea!



The hosts for the night were the scout group's very own leaders in training Delisia Saldana, Kashmira Balsara and Jason Buhariwalla. They introduced acts playing music and games getting the whole crowd involved. The games were followed with a surprise performance by vocalist Benjamin Irani that amazed the audience.

Many prizes were given out to winners including wine bottles, chocolates and fancy home glass wear. Following games, raffle tickets were sold to raise funds. A flashy photo booth was put up by volunteers. Then the beautiful food prepared by Ferozshaw Ogra and his team including Kashmira Prasad was served complete with carved fruits for display and desert. All in all, it was a wonderful night that finished off with music from DJ Meherwan spinning the music well into the night. A

huge thanks to all sponsors, both individual and companies for advertising. And a final thanks to our ZSO community for continuously supporting the 100<sup>th</sup> Toronto group.

*Submitted by Zruvan Chothia*

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## World Zoroastrian Chamber of Commerce Meeting

Date: Saturday, April 4, 2020

Time: 11:00 am-3:00pm

Venue: Zoroastrian Society of Ontario  
3590 Bayview Ave,  
North York, ON M2M 4A3

**Cost:** \$15 for WZCC Members.

\$25 for WZCC Non-Members

Register online: <https://wzcc-toronto.ticketspice.com/spring-meeting>

Agenda:

11:00 AM - 11:20 AM Arrival, Registration & Networking

11:20 AM Opening remarks by, Mr. Cyrus Patel, WZCC Toronto, Chapter Chair

11:30 AM - 12:30 PM: 'How to Transform Your Health & Lifestyle Using Essential Oils' by Zarine Bharda and Rebecca Leonardes.

12:30 PM - 1:00 PM: Final comments and questions for the speakers

1:00 PM: Lunch, Networking and Round Table (Lunch & Beverages will be served)

Zarine Bharda and Rebecca Leonardes present 'How to Transform Your Health and Lifestyle Using Essential Oils'. Their intention is to educate and inspire others to take control of their health, while showing them how to achieve and maintain a natural lifestyle. This introductory information session will show you the powerful and natural uses of Essential Oils, and how to begin creating educated and empowered choices about maintaining the health of you and your loved ones.

RSVP at least two weeks in advance and receive a free sample before attending the class.



## Newsletter by Post - Update

Over the last approximately one year, ZSO has in its efforts to be environmentally as well as fiscally responsible, encouraged all members to receive the Newsletter by electronic mail. Since April 1, 2019, all members except for Seniors have been receiving the monthly Newsletter by Email only.

To provide ZSO's Senior members a more gradual change-over to this system, the Board agreed to extend the Newsletter by Post to Senior members until March 2020. This would have meant Seniors would also need to make the switch to receive Newsletters by Email or pay to continue receiving a hard-copy by post starting April 1, 2020.

For some months now, Seniors have raised concerns about this approach and have written as well as spoken with several Board members voicing the same. In short, there are Seniors who have access to and can conveniently use email, while other Seniors find it either impractical or extremely difficult to receive Newsletters by Email, relying solely on paper copies of the Newsletter by Post instead.

The Board of Directors has reviewed these concerns and agreed on the following modified approach that it believes will serve both, ZSO's ecological and financial goals as well as Seniors needs:

Senior members in good standing who receive a printed copy of the Newsletter by Post as of March 2020 are requested to confirm if they wish to continue receiving the same by providing their name and address in writing to:

SECRETARY – Seniors Newsletter by Post  
Zoroastrian Society of Ontario  
3590 Bayview Avenue, Toronto, ON M2M 3S6

Or via email to: [secretary@zso.org](mailto:secretary@zso.org) by April 30<sup>th</sup>, 2020.

After April 30<sup>th</sup>:

- Senior members in good standing who have confirmed as above will continue to receive a printed copy of the Newsletter by Post at NO CHARGE.
- Senior members who have NOT confirmed as above need to switch to Newsletter by Email to continue receiving the Newsletter at NO CHARGE.
- Members in good standing who currently receive the Newsletter by Email will continue to do so at NO CHARGE and with no further action required.

For any questions or to make the switch to Newsletter by Email, please contact: [secretary@zso.org](mailto:secretary@zso.org)

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## Study in England this Summer

King's College London Summer Programs is offering **8** tuition free scholarships to bright students from around the globe to study in the 2020 Undergraduate Summer School.

The Summer@King's scholarship covers the 2020 tuition fee of £1,800 and the application deadline is **13 April 2020**.

Apply online via the King's Apply portal. For details on how to submit your summer school application, please follow the instructions on our '[How to Apply](#)' page. Additional application details are available – please contact [secretary@zso.org](mailto:secretary@zso.org) if you are interested.



## Darbe Mehr Initiatives

Since around 2018, ZSO has been planning to fulfill a few major initiatives at the Darbe Mehr. The key ones are:

- Replacing the tiling in the Main Hall and adjacent areas that has been in place for around four decades and is worn.
- Repair/replace the landscaping and walking path by the front lawns.
- Extensive repairs to the driveway.

To do this, the Board laid out a clear, simple and direct process as communicated in the February Newsletter. While this is subject to change based on practical needs and situations, the intent is to deliver the best value to the ZSO, conduct the entire process transparently from start to finish, comply with all applicable laws & regulations and keep ZSO members as well as the Rustom Guiv Foundation (Ontario) (ZSO's lessors) informed every step of the way.

We are confident ZSO members and the Zoroastrian community will come together to bring these and other future initiatives to fruition so that future generations continue to enjoy this beautiful property nestled in the heart of the GTA.

Together we can do so much; alone, so little. Let us come together!

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## Scouts Annual BP Day – 2020

February 23<sup>rd</sup> marked the annual 100<sup>th</sup> Toronto Scouts BP day celebrations held at the DM – which included the ever-popular Cub Car Race! The event was well attended by young and old alike and has become a much-loved annual tradition. The afternoon began with an opening ceremony where several of the youth were promoted to the next level of the Scout ladder – including new leaders being initiated. The scouts also recognized the First Nations tribes, whose land sits beneath our DM. Hosting the event were Danika Surkari and Burzina Amroliwalla, both of whom kept the commentary flowing.



Presentations from the youth included live songs and short skits from members of beavers, cubs and scouts. Afterwards, the grand Kub Kar / Beaver Buggy Rally was held. This is an event that challenges youth to harness their creativity and basic wood working skills to create a gravity driven wood car on wheels. BP day is when the track is open for racing!

The best all round car is determined by the judges and by the race results.

This year's winners for Best Design were: 1<sup>st</sup> place was Zenia Irani, 2<sup>nd</sup> was Arshaan Gazdar and 3<sup>rd</sup> was Avan Ogra. The title of fastest car went to Sophia Irani – with Zenia Irani and Katy Surkari following closely behind in 2<sup>nd</sup> and 3<sup>rd</sup>.

A huge thanks to all Leaders and Parents, with special thanks to Kashmira Prasad and her volunteers for the lunch!





## 17<sup>th</sup> Zoroastrian Games

The Zoroastrian Association of Metropolitan Washington, DC, Inc. (ZAMWI) is excited to welcome athletes, spectators, volunteers, friends and family from across the globe to the 2020 Zoroastrian Games, July 1 - 5!

### **The early-bird registration is only open until March 21<sup>st</sup>!**

To save money, we highly encourage you to take advantage of this early-bird opportunity. You can start your registration by visiting our website <https://www.zgames2020.com>.



Bahar Boroumandrad chairs the registration subcommittee. Please reach out to Bahar at [zgames2020@zamwi.org](mailto:zgames2020@zamwi.org) with any questions.

If you are interested in volunteering, please click the link to complete the volunteer form from <https://www.zgames2020.com/volunteer.html> or by going to our website, and submit the form under *Get Involved*.

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## ZSO Interfaith Activities – Harmony Week

In 2009, the UNO proclaimed that the 1st week in February be dedicated as the Interfaith Harmony Week. This year, Arien Botnick, the Director of Education of the Jewish Solel Congregation in Mississauga, requested Khushroo Mirza to speak on Zoroastrianism to about a dozen Jewish youth of 12 and 13 year olds on Sunday, February 2<sup>nd</sup>.



On Monday, February 3<sup>rd</sup>, the Mayor of Mississauga, Bonnie Crombie hosted a breakfast meeting together with the Interfaith Committee of Peel Steering Committee (ICP-SC) members to mark the beginning of the Interfaith Harmony Week. Since Freddy Mirza is on the ICP-SC as a representative of the Zoroastrian community, he was invited to attend. The other faiths represented were Indigenous, Sikh, Buddhist, Jain, Hindu, Judaism, Christianity and Islam.

Every faith rep was requested to say a short prayer from their scriptures on tolerance, respect and peace, which was theme for this event. There were about 160 people who attended.

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## Travelers Wanted!

Looking for 1 male and 1 female to join a group for a 9-Night Baltic / Scandinavia Europe Cruise on Norwegian Cruise Lines in September 2020.

If you are interested in joining a small Zoroastrian group that has already signed up for this cruise, then please email: [Mistry.Afreed@gmail.com](mailto:Mistry.Afreed@gmail.com)

Details: <https://www.cruiseshipcenters.com/en-CA/FeRemulla/Itinerary?Item=1140500>

Pricing will be cheaper than listed on the website as it will be room sharing with 4 people.



## Ashton Khory picked for Germany's FC Bayern showcase camp



JR Khory has had to re-drywall his basement more than once. It's a price he's happy to pay for his soccer-obsessed son.

But this spring, instead of kicking the ball around his Beamsville basement, kitchen or any other space young Ashton turns into his own pitch, the 11-year-old will be on the field at FC Bayern in Munich, Germany, with some of the top soccer players of his age. Ashton will be taking part in the showcase camp, spending eight days in April in Germany.

"I want to show I can be the best," Ashton said.

*Originally published by Luke Edwards/Torstar*

## 18<sup>th</sup> Annual World Zoroastrian Congress

The Zoroastrian Association of Houston is proud to host the 18th North American Zarathushti Congress (NAZC) to be held in Houston, Texas from December 29th, 2020 thru January 1st, 2021. It is with utmost pleasure and honor to personally invite you, your families, friends and all the community members to attend the Zarathushti Congress. The NAZC 2020 organizing committee is preparing a compelling multi track program catered to age groups, 5 years and up. Our primary focus is to get our community youth and young adults involved, eventually developing them into future leaders.



The congress' first newsletter can be accessed at the link below so please spare a few minutes and have a look at some exciting information regarding the program and entertainment being prepared to give y'all an experience of a lifetime!

<https://nazc2020houston.com/wp-content/uploads/2020/02/Newsletter-Feb2020.pdf>

More details and registration process can be found at <https://nazc2020houston.com/>.

## Health and Fitness

Sports and exercise classes arranged by our Iranian Cultural Kanoun on Sunday afternoons at the Langstaff Community Centre, 155 Maple Red Road, Richmond Hill, ON, L4B 4P9 (Telephone: 905-882-4295).

Avesta Class is in Farsi.

Date	Basketball & Avesta - Gym 'B'	Volleyball – Gym 'C'	Futsal – Gym 'C'
01-Mar	2:30 to 4:00	3:00 to 4:30	4:30 to 5:30
08-Mar	2:30 to 4:00	3:00 to 4:30	4:30 to 5:30
15-Mar	2:30 to 4:00	3:00 to 4:30	4:30 to 5:30
22-Mar	2:30 to 4:00	3:00 to 4:30	4:30 to 5:30
29-Mar	2:30 to 4:00	3:00 to 4:30	4:30 to 5:30



## Condolences

**Jasmine Daroga**, on February 6<sup>th</sup> in Toronto. She is survived by her husband Pervez Sorabji Daroga and Pervez's children Rayomand Daroga and Binaifer Khushrooshi and 5 grand children, brothers Hoshang Rustom Karkaria and Marzban Rustom Karkaria and sister-in-law Beheroze Hoshang Karkaria and nephew Hormuzd Hoshang Karkaria.

**Nadir Rabadi**, on February 8<sup>th</sup>, 2020 in Oakville, Ontario. Son of Shirin and Nariman Rabadi of Bombay. Nadir is survived by his wife, Roshan; his son, Yazzad; his daughter, Shazneen; son-in-law Hanoz; and his grandchildren, Shayaan and Jedd. May his soul rest in peace.

**Sorab Rustomji Italia** on February 13<sup>th</sup> in Mumbai, India. He is survived by Asish Italia and daughter Farzeen Italia. May his soul rest in eternal peace.

**Beji Lentin**, husband of (Late) SILOO LENTIN on February 27<sup>th</sup> in Toronto. He is survived by his daughter Mehernaz Lentin. May his soul rest in peace.

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## A Lasting Tribute to Freddie Mercury

A short, secluded section of Hanworth Road, starting outside World Zoroastrian House (WZH) in Feltham, London has been renamed after one of its most famous residents. 'Freddie Mercury Close' was officially unveiled on Monday, February 24<sup>th</sup> by Freddie's sister, Kashmira Bulsara, and the Mayor of the London Borough of Hounslow, Councillor Tony Louki.

At a ceremony, on a very damp morning, surrounded by friends, family, residents and fans of the great singer and all the UK Committee members and supporters of the World Zoroastrian Organisation (WZO), Kashmira pulled back the special cover to reveal the new street name. The sign is placed outside the WZO's head office, a Faith Group into which Freddie was born and remained up until his death. The WZO is now housed at 1 Freddie Mercury Close.



Although Freddie Mercury died in 1991, his legacy lives on through his wonderful music as well as his being fondly remembered by fans worldwide that especially visit this town. A blue plaque has been placed at the house he lived in at Gladstone Avenue. Freddie is also graciously honoured by the Friends of Feltham Pond, residents led by Angela Parton, who also maintain and tend the recently refurbished memorial space around the now thriving tree on Feltham High Street planted by the late Jer Bulsara, his Mother.

*This is an excerpt from an article on Parsi Khabar. You can read the full article on <https://parsikhabar.net/news/>.*

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## Helping Hands Corner

- A Caregiver is available to look after Seniors in their home.
- Needed - someone who can stitch Sadras.

For any of the above – please contact Khurshid Engineer on 416-520-8325. Please contact Minoo Bharda at [m2bharda@hotmail.com](mailto:m2bharda@hotmail.com) for any other items or to request any assistance.



## Newsletter Requests

Please note that the deadline for receiving submissions for the ZSO newsletter is the 20<sup>th</sup> of each preceding month. Any materials received after this date will be published on a best-effort basis.

**Editor:** Armaity Bamji ([newslettereditor@zso.org](mailto:newslettereditor@zso.org))

Please note that all requests for inclusions in the ZSO NL should be emailed to [newslettereditor@zso.org](mailto:newslettereditor@zso.org)  
Please copy Afreed Mistry at [evp@zso.org](mailto:evp@zso.org) for approval.

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## Miscellaneous

### ZSO Contacts:

Emergency situations: Khushru Chothia (416) 677-7555

Messages on the auto-dialer: Mashya Amroliwalla (647) 285-2105 or [president@zso.org](mailto:president@zso.org)

Renting MGDM hall (for post-funeral prayers/rituals or for private functions): Afreed Mistry at [evp@zso.org](mailto:evp@zso.org)

### Newsletter advertising rates:

Inserts: \$200      Quarter page/Business card: \$55      Half page: \$75      Full page: \$125

Miscellaneous two-liners: \$15

10% discount for 12 consecutive months of advertising.



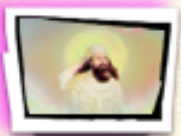
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## اهنودگات - یسن ۳۴ - بند ۱۴

ای خداوند فرد، کسانی از آن پاداش گرانها که نوید داده شده بهره مند خواهند گردید که کار را از روی فرد و منش پاک انجام دهند (برای پیشرفت و آبادانی جهان کوشش نمایند)، فواست خداوند هستی بفش را بر آورده سازند و در پرتو راستی و پاکی در پیشرفت اراده الهی کوشا باشند.



## نوروزتان پیروز و نخته

نوروز آمد، پیروز آمد.....

به آگاهی آن گروه از همکیشان که هنوز بلیت جشن نوروزی را تهیه ننموده اند می‌رسانیم که بهای بلیت از تاریخ ۱۰ مارچ افزایش خواهد یافت. کودکان زیر ۱۲ سال ۶۰ دلار، بزرگسالان اعضا ۸۵ دلار و غیر عضو ۱۰۰ دلار خواهد شد.

Ticket prices for the Norouz Gala will increase starting on March 10<sup>th</sup>. Under 12: \$60, Adult member: \$85 & non-member \$100

... و سالی دیگر با تمام بدی‌ها و خوبی‌ها، کمی‌ها و کاستی‌هایش به اتمام می‌رسد. پایان سالی که آرزومندیم برای همه همکیشان و دوستان و آشنایان همراه با سلامتی، کامروایی و کامرانی در تمام آرزوها و خواسته‌های شما بوده باشد.

سال ۱۳۹۹ خورشیدی (۳۷۵۸ زرتشتی) با شکوه و بزرگی خود از راه می‌رسد و با رسیدنش شادی و شادمانی را برای شما گرامیان به پیشکش می‌آورد. پیشاپیش سالی را با هفت سین سلامتی، سربلندی، سربلندی، سرفرازی، سعادت، سرور و سروری برای تک تک همکیشان از اهورا مزدا خواستار می‌باشیم.

هر روزتان نوروز، نوروزتان پیروز

کلون فرهنگی زرتشتیان ایتاریو

برای آگاهی زمان تمویل سال:

نیویورک: پنجشنبه ۱۹ مارچ ۲۰۲۰ - ساعت ۱۱:۴۹:۳۷ شب  
سانفرانسیسکو: پنجشنبه ۱۹ مارچ ۲۰۲۰ - ساعت ۸:۴۹:۳۷ شب  
تهران: آدینه ۲۰ مارچ ۲۰۲۰ (۱ فروردین) - ساعت ۷:۱۹:۳۷ بامداد

تورنتو: پنجشنبه ۱۹ مارچ ۲۰۲۰ - ساعت ۱۱:۴۹:۳۷ شب  
ونکوور: پنجشنبه ۱۹ مارچ ۲۰۲۰ - ساعت ۸:۴۹:۳۷ شب  
شیکاگو: پنجشنبه ۱۹ مارچ ۲۰۲۰ - ساعت ۱۰:۴۹:۳۷ شب

## گه‌نبار چهره همس پت میدیم گاه

مراسم گه‌نبار خوانی چهره همس پت میدیم گاه در روز یکشنبه ۱۵ مارچ (Sun. Mar. 15th) در دریمهر مهربان گیو از ساعت ۱۱:۰۰ بامداد با همیاری همکیشان گرامی برگزار می‌گردد با باشندگی خود، این مراسم را سپاسدار باشیم.

هما زور بیم و هما زور هما اشو بیم

تماس با ما

انتقادات، نظرات و پیشنهادات سازنده خود را با ما با ایمیل آدرس [kanoun@zso.org](mailto:kanoun@zso.org) در میان بگذارید.

گردهمایی ماهیانه بانوان

بانوان زرتشتی در اولین سه‌شنبه هر ماه از ساعت ۱۰ تا ۱۲ ظهر در درب مهر مهربان گیو گرد هم می‌آیند. شرکت برای همگان آزاد می‌باشد.





	Basketball & Avesta Gym 'B'	Volleyball Gym 'C'	Futsal Gym 'C'
1 - Mar	2.30 - 4.00	3.00 to 4.30	4:30 to 5:30
8 - Mar	2.30 - 4.00	3.00 to 4.30	4:30 to 5:30
15 - Mar	2.30 - 4.00	3.00 to 4.30	4:30 to 5:30
22 - Mar	2.30 - 4.00	3.00 to 4.30	4:30 to 5:30
29 - Mar	2.30 - 4.00	3.00 to 4.30	4:30 to 5:30

## ورزش و سلامتی



همانگونه که آگاهی دارید ورزشهای سالنی والیبال، فوتسال در رده سنی جوانان و بزرگسالان و بسکتبال در

رده سنی کودکان و نوجوانان در مجتمع فرهنگی ورزشی (Langstaff) در روزهای یکشنبه هر هفته برپا می باشد. دیدار و ساعات شادی را با دیگر همکیشان داشته و با ورزش کردن سلامتی خود را بیمه نمایید.

## زایش اشوزرتشت اسپنتمان شادباش باد



اشوزرتشت، پیام آور راستی، اشویی و خرد، ۱۷۶۸ سال قبل از میلاد مسیح به روز خرداد از ماه فروردین (ششم فروردین) در سرزمین ایران زاده شد. او از خاندان اسپنتمان (جد نهم) می باشد و بدین سبب او را اشوزرتشت اسپنتمان نامند.

اشوزرتشت از پدری به نام

پوروشسب و از مادری به نام دوغدو، در نزدیکی دریاچه چیچسب (ارومیه) در آذربایجان چشم به جهان گشود.

در بیست سالگی به کوه اشیدرنه رفت و در تنهایی به اندیشه و نیایش پرداخت تا سامان آفرینش و راز هستی را دریابد.

در سی سالگی و پس از ده سال تفکر و اندیشه، سرانجام در روز خرداد از ماه فروردین سال ۱۷۳۸ پیش از میلاد، نور دانش و بینش اهورایی بر او پدیدار گردید و در این روز به پیامبری برگزیده شد.

کانون زرتشتیان ائتاریو امسال نیز همانند سالیان پیش در روز چهارشنبه، خرداد روز از ماه فروردین برابر با ششم فروردین ۱۳۹۹ خورشیدی (۳۷۵۸ زرتشتی) (Wed. Mar. 25<sup>th</sup> 2020)، جشن زایش پیام آور راستین بشریت را با شکوه تمام در ساعت ۶ پسین در درب مهر مهربان گویو برگزار می نماید.

از دوستانی که تمایل به همکاری (اجرایی و یا هنری) در برپایی این جشن دارند خواهشمندیم با یکی از هموندان کانون تماس بگیرید.

با هموندی و باشندگی خود در این مراسم، باور اندیشه های آن پیامبر را یادآور خواهیم شد.

## روح شادی و جاسبزی درگذشتگان

ارستانوم اوروانو یزه میده یا اشه اُنام فروشه یو - به روان همه درگذشتگان پارسا درود باد

جا سبز باش درگذشتگان مراسمی است که زرتشتیان در نخستین روز سال نو انجام می دهند. در این روز همکیشان با دیدار از خانواده هایی که یکی از عزیزان خود را در سال گذشته از دست داده است، یاد درگذشتگان را گرمی داشته و با خانواده ها همدردی می نمایند.

بدین منظور کانون فرهنگی زرتشتیان ائتاریو همانند سال پیش مراسم جا سبزباش گروهی برای درگذشتگان را برگزار می نماید. این

مراسم در روز آدینه ۲۰ مارچ از ساعت ۵:۰۰ تا ۷:۰۰ پسین در درب مهر مهربان گویو برگزار می گردد.

خانواده هایی که روانشادی را در سال ۱۳۹۸ دارند می توانند با یکی از هموندان کانون تماس بگیرند و برای روح شادی و یادبود درگذشته

خود در این برنامه مشارکت نمایند.



## دیدو بازید نوروزی

شادباش نوروزی یکی از پسندیده ترین کارهایی می باشد که پس از تقویم سال نو در بین ایرانیان و همکیشان متداول می باشد هر کس تلاش می کند تا به دیدار بزرگترها و دوستان خود رفته و نوروز و سال نو را شادباش گفته و سالی با شادمانی و سلامت را برای آنها آرزو نماید. کانون فرهنگی زرتشتیان انتاریو امسال نیز همانند سالهای پیشین مراسم دیدو بازید نوروزی را برنامه ریزی نموده است این مراسم در روز آدینه ۱۵ مارچ از ساعت ۵:۰۰ تا ۷:۰۰ پسین در درب مهر مهربان کیو برگزار می گردد. با حضور خود این مراسم را با شادمانی برگزار کرده و دیدو بازید و شادباش نوروزی را در یک مکان برگزار نمایید.



## جشن نوروزی کودکان

کانون فرهنگی زرتشتیان انتاریو از ساعت ۱۵:۰۰ پسین روز ۱۵ مارچ (Sun. Mar. 15th)، پس از برگزاری کهنبار، جشن نوروزی کودکان را همراه با شادی و شعر خوانی و رنگ آمیزی تقم مرغ در درب مهر مهربان کیو برگزار می نماید. با آوردن کودکان و نو نهالان و باشندگی خود این مراسم را شادتر و شیرینتر نمایید.

به امید دیدار هر چه باشکوهتر شما گرامیان

## کهنبار روزهای پنجه

هر سال در آغاز روز های پنجه آخر سال سنت کهنبار پنجه وجود دارد که همکیشان جشن کهنبار و آفرینگان خوانی را برای روان و فروهر درگذشتگان اجرا می کنند و در باور سنتی به استقبال مضور فروهر درگذشتگان می روند تا میزبان آنان تا سپیده دم نخستین روز سال باشند. سپس با سرایش بخش هایی از اوستا و انجام داد و دهش سنت دیرینه خود را برپا می کنند .

امسال نیز همانند سالهای پیشین و با همکاری کانون فرهنگی زرتشتیان انتاریو و همیاری دیگر همکیشان، این جشن خوانی در روزهای دوشنبه ۱۶ مارچ، سه شنبه ۱۷ مارچ، چهارشنبه ۱۸ مارچ و پنج شنبه ۱۹ مارچ از ساعت ۶ پسین در درب مهر مهربان کیو برگزار می گردد. بدین وسیله از همه همکیشان که مایل هستند تا یادی از روان درگذشتگان خود در اوستاهای (روزهای پنجه کرده باشند و نام آنها خوانده شود فواهمند است تا با یکی از هموندان کانون تماس بگیرید.



## چهارشنبه سوری

آخرین سه شنبه سال از راه می رسد و زبانه های آتش از گپه های شعله ور به آسمان کشیده می شود. کودکان، جوانان و بزرگسالان هر کدام به ردیف آماده پریدن از روی آتش می شوند و در حال پریدن، این بیت شعر را با صدای بلند می خوانند:

**زردی من از تو**

**سرخي تو از من**

امسال نیز مراسم جشن چهارشنبه سوری همانند سالهای پیش و با همیاری کانون زرتشتیان انتاریو در روز سه شنبه ۱۷ مارچ (March 17th) از ساعت ۶ پسین در درب مهر مهربان کیو برگزار میگردد. با مشارکت و باشندگی خود ساعات شادی را با دیگر دوستان خود داشته باشید





## راه اندازی کانال تلگرام کانون فرهنگی زرتشتیان انتاریو

کانون فرهنگی زرتشتیان انتاریو در راستای هماهنگی و به روز رسانی هازمان (جامعه) کانال تلگرامی را راه اندازی نموده است. یکی از اهداف این کانال، آگاهی رسانی آموزه های اشوزرتشت و باور زرتشتیان همگام با بینش راستین اشوزرتشت می باشد. امید داریم تا با همراهی شما در رسیدن به این هدف پیروز باشیم. از همه شما گرامیان خواهشمندیم تا در جهت گسترده نمودن این کانال لینک و نشانی این درگاه را به دوستان، آشنایان و خواستاران دیگر آگاهی رسانی نمایید. خشنود خواهیم شد تا پیشنهاد و پرسش های خویش را به ایمیل آدرس [kanoun@zso.org](mailto:kanoun@zso.org) برای ما ارسال فرمایید.

<https://t.me/zsokanoun> :

کانون فرهنگی زرتشتیان انتاریو - Ontario Zoroastrian Cultural Kanoun

## فرتورهای از برگزاری جشن سده





## نشت اتره اهور مزداو

## «اوستای سال نو»

اتا آست. یزده میده. اهورم. مزدام. یه. کھجا. اچھا. وایست. اچھا. وایست. ارور وچھا.

وکیوین. روکھا وچھا. وایست. بو مچھا. ولسا. وچھا. وچھا.

دیی. اترھا. ایدو نام بیت. اوردو. یزده میده.

اسا نام آست. اوردو. یزده میده. کود. زاتیا میت. زلھا. نازری نھا. یی نام. ویریش.

دانا. وین تی. وای. وکمن. وای. واکره. وای.

آست. ایتا. یزده میده. وکیوین. آست. وکیوین. آست. یسن نشت. ایشک. یو. وچھا.

یو. وچھا. یو. وکیده اوس. آ. منکو. یسایچی. یو. وچھا. اوایچی. وچھا.

(یاشندگان سر سفر وقت سین، دست در دست هم)

آست. یزده میده. اهورم. مزدام. یه. کھجا. اچھا. وایست. اچھا. وایست. ارور وچھا.

وکیوین. روکھا وچھا. وایست. بو مچھا. ولسا. وچھا. وچھا.

دیی. اترھا. ایدو نام بیت. اوردو. یزده میده.

اسا نام آست. اوردو. یزده میده. کود. زاتیا میت. زلھا. نازری نھا. یی نام. ویریش.

iθā. āt. yazamaidē. ahurəm. mazdān. yē. gumčā. ašəmčā. dat.

apasčā. dat. urvarasčā. vajuhīs. raočasčā. dat. binimčā. vīspačā.

voḥu.~

datirikaṇčā. aidyūnqm. hyat. urunō. yazamaidē.~

ašūnqm. āat. urunō. yazamaidē. kudō-zālanqmčt. narqmčā.

nāirinqmčā. yaešqm. vohēhīs. daēnā. vanaiīt. vā. vōrghan. vā.

vaonarē. vā.~

āt. iθā. yazamaidē. vajuhīsčā. īt. vajuhīsčā. īt. spənīg.

amašōng. yavaejyō. yavaezvō. yōi. vajuhēhīs. ā-maarihō. šyehiīt.

yāsčā. tūti.~

ata. janyād. yata. āfīnāmi. arni. ašūbim. hamāzur. bim.

hamāzur-ē. kerjekān. bim. dar. az. vanāh. o. vanāhikān. bim.

hamkrfe-ye. basfe-košān. o. nikān. o. vohān-ē. haft. kešvar.

zamin. bim. dir. zivim. dorost. zivim. šād. zivim. tā. zivim. be.

kāneh. zivim. giti-e-mān. bād. be. kāne-ye. tan. meymu-ye-mān.

bād. be. kāne-ye. ravān. hamāzur. bim. hamāzur-ē. hamā. ašu.

bim. ašəm. voḥu.~ (ā. sar)

تو را ای اهورامزدا می پرستیم، که قانون ایشا را بنیاد نهادی، آب ها و گیاهان و روغن های را فریدی، کل جهان و همه نعمت ها را نیک آفریدی - می ستایم روان مردان و پهلوانان و مردان و زنان نیک اندیشی که با چشمان نیک بر ضد بدی ها بر می خیزند - می ستایم مردان و زنان نیک اندیش و جودانه را که همواره با منش پاک زندگی می کنند و همواره سواد رسان هستند.

همان شود که آرزو کردیم، همانرو باشیم، همانرو باشیم، همانرو کوفه کاران باشیم، دور از رانه و رهاکاران باشیم، هم کوفه بسته کشیمان و نیکان و وطن مفت کشور زمین باشیم، دیر زودیم، درست زودیم، بلند زودیم، تازویم به کلمه زودیم، گیتی مان به کلمه تن باشد، میومان به کلمه روان باشد، همانرو باشیم، همانرو هما ایشو باشیم، ایشو (تا سر).

زشت پیا از یشت (شیت)





## Kanoun Nowruz Party

جشن نوروزی کانون زرتشتیان تورنتو

SATURDAY, MARCH 21

## DINNER, DJ AND MORE

**Ticket Prices:** ZSO members \$75, non members \$90 and kids under 12 \$50

**START TIME** at 6.30 PM

Premier Place

696 Westburne Drive, Vaughan, ON, L4K 4V5







## ZOROASTRIAN SOCIETY OF ONTARIO

***Invites the entire Zoroastrian Community to attend the  
JAMSHEDI NAVROZE JASHAN & DINNER***

**SATURDAY, MARCH 21st, 2020 JASHAN AT 6.30 pm. Followed by Dinner**

**Menu: Gajjar meva nu Achar, Rotli, Sali Margi & Mutton Pulao dal.**

**Vegetarian Sali Paneer, Rai no papeto & Veg Pulao Dal.**

**Dessert: Lagan nu Custard.**

**Members: \$15.00      Non-Members: \$30**

**Children under 11yrs: Free.**

### **MEHRABAN GUIV DARBE MEHER**

**3590 Bayview Avenue, Willowdale, Ontario.**

**S.W. Corner of Bayview & Steeles Ave.**

**Pay online @[zso.org](https://zso.org)**

**Please fill out the form below and attach it with your cheque for Dinner.**

**Cheques must be received by March 17th, 2020.**

**Please adhere to this deadline & avoid last minute disappointment.**

**Mail cheques to Guloo Bharucha ( payable to: Zoroastrian Society of Ontario)**

**24 Trafford Crescent, Markham, ON. L3R 7H9**

**Tel: (905) 475 8894 & leave a message OR [Email: entertainment@zso.org](mailto:entertainment@zso.org)**

**(Please spell your name clearly, if leaving a phone message)**

### **PLEASE SPECIFY EACH PERSON'S NAME IN THE BOX BELOW**

FIRST & LAST NAME	MEMBER	NON-MEM	VEG	NON-VEG

**TOTAL PAYMENT \$ \_\_\_\_\_ PHONE # \_\_\_\_\_**



Presented by ZSO Entertainment Committee

# Bollywood Music Night



SATURDAY, APRIL 25th, 2020.

Doors Open AT 6.30pm

Show STARTS AT 7pm SHARP

DARBE Mehr 3590 BAYVIEW Ave, North York, ON. M2M 3S6

Dance along to Live Music & Enjoy Professional Singers



AmiSha Gandhi Sharma:  
Professional  
&  
Celebrity Singer



Faisal Raza:  
Professional  
&  
Celebrity Singer



Members: \$30

Non-Members: \$45

**Snacks followed by Elaborate Parsi Menu  
& Dessert / Tea / Coffee / Soft Drinks**

CASH BEER BAR

Limited Seats - **Book in advance to avoid disappointment.**

**PLEASE REGISTER ONLINE @ [www.zso.org](http://www.zso.org)**

Contact: Guloo Bharucha # 9054758894 & leave a message **OR email**  
[entertainment@zso.org](mailto:entertainment@zso.org) **OR** Mail your cheques to:

24 Trafford Crescent, Markham, ON L3R7H9