



ZOROASTRIAN SOCIETY OF ONTARIO NEWSLETTER

May 2019 - Volume 45, Number 11



MAY

Friday, May 3	11:00am	Seniors Event
Saturday, May 4	6:00pm	Spring Social (<i>see attached flyer</i>)
Sunday, May 5	12:00pm	Scouts and Religion Classes
Friday, May 17	11:00am	Seniors Event
Friday, May 24	6:30pm	Zarthost no Diso (S)
Saturday, May 25	6:00pm	Jashne Khordadgan (F)
Sunday, May 26	11:00am	Religion Classes – Annual Day
Friday, May 31	11:00am	Seniors Event

JUNE

Sunday, June 2	10:30am	Maidyarem Gahambar (S)
Tuesday, June 4	6:30pm	Homaji-ni-Baj
Friday, June 7	6:30pm	Adult Avesta Classes
Saturday, June 8	1:00pm	WZCC Meeting
Friday, June 14	11:00am	Seniors Event
Saturday, June 15	6:30pm	Dinner & a Movie (<i>see attached flyer</i>)
Sunday, June 16	11:00am	Peere Sabz (F)
Sunday, June 16	6:00pm	Mehraban Guiv – Death Anniversary Prayers
Wednesday, June 19	6:00pm	Porseh Hamegani (F)
Saturday, June 22	6:30pm	Seafood Bonanza (<i>see attached flyer</i>)
Sunday, June 23	10:45am	Guiv Family Prayers
Friday, June 28	11:00am	Seniors Event

Note: All events will be held at Mehraban Guiv Darbe Mehr unless otherwise specified. ZSO, as publisher, is not responsible for content and support of any flyers not issued by them.

*Please provide names for meals to Ervad Hoshang Udwadia at 416-499-4957.

MEHRABAN GUIV DARBE MEHR

Telephone: (416) 225-7771

Address: 3590 Bayview Avenue
North York, Ontario M2M 3S6

www.zso.org

Hours of Operation:

Mon, Wed	4:30-8:30pm
Tues, Fri, Sat, Sun	9:00am to 12:00pm; 4:30pm to 8:30pm
Thurs	Closed



“Zoroastrian Society of
Ontario – ZSO”

PRESIDENT'S MESSAGE

Spring is (supposedly) here, but despite the winter-like weather, we have had an active month. On April 6th, we had the Zoroastrian Symposium at the University of Toronto which was well attended and informative. The same evening at the Darbe Mehr, our entertainment committee held an enjoyable sports and karaoke evening.

On April 14th, we were represented by the children of ZSO at the Interfaith Festival 2019 hosted at the Tibetan Community Center. The event was interactive and informative as the young children of the ZSO Children's Religion Classes sang many songs and the children of the Kanoun Avesta classes presented on the Zoroastrian Faith. Our booth received great interest.

The scouts had their annual sleepover at the Darbe Mehr which the children look forward to every year. The night was filled with great activities and amazing food. Thanks to all our scout leaders and volunteers that make this such a successful event and encourage our youth to participate.

The month of May is replete with a host of fun-filled activities from our youth, entertainment committee and Kanoun. On May 4th, there will be a Semi-Formal dinner and dance which is a fundraiser for our youth attending the Zoroastrian youth congress in Los Angeles in July. Let's come out in large numbers and support them. Please see the flyer for details.

Also included in this newsletter are the Nomination Forms for positions that will come up for election at our next General Annual Meeting to be held on Sunday, July 21st. We encourage our members and especially our younger adults to consider serving on the board of ZSO. Please refer to a separate section in this newsletter for details.

Thank-you to the members who have paid the ZSO fees for the current year (2019-2020). The ZSO membership fees and donations are all used to run the Darbe Mehr and its activities. Currently we are requesting for donations for re-tiling the main hall. Donations of \$20 and over are eligible for a tax receipt. Please consider donating to your community.

As a reminder - this will be the LAST NEWSLETTER that will be mailed out to members. The seniors will continue receiving the newsletter by mail, BUT if the seniors wish to save ZSO some costs and be kind to the environment, you can request to stop receiving mail by emailing: secretary@zso.org. The newsletter will be emailed to everyone and it can always be found on our website www.zso.org.

Thank you for your continued support. Wishing you all a healthy and happy spring!

Mitra Jam – President, Zoroastrian Society of Ontario

ZSO History Project

The 50th Anniversary of ZSO is coming up in September 2021. Afreed Mistry, EVP, will be compiling a history of the ZSO to help mark this milestone in our community.

If you have any of the following below, please send it via email to: ZSO50Years@gmail.com or mail to:
ZSO 50 Years, 3590 Bayview Ave., Toronto, ON, M2M 3S6

- Digital photos of ZSO events since 1971
- Physical photos of ZSO events since 1971 – digital restore of old photos is available
- ZSO Committees and the work they have done in the past including pictures
- Stories and events from the past
- Biographies of Past ZSO Presidents & their photos
- Navjotes, Weddings and other events at the Darbe Mehr
- Old pictures of the Darbe Mehr
- Any other items/write-ups from the past

Zoroastrian Symposium

On April 6th, the University of Toronto hosted a Zoroastrian Symposium which was dedicated to the memory of Professor Ehsan Yashatar, who served the field of Iranian studies for many decades all over the world. He also wrote the Encyclopedia Iranica.

This symposium was organized by Dr. Jehan Bagli in junction with the University of Toronto and was funded by Zoroastrian Society of Ontario, Ontario Zoroastrian Cultural Foundation and FEZANA.

The well attended Symposium at the Faculty of Arts and Sciences was introduced by Dr. Tavakoli-Targum and Dr. Jehan Bagli. The four main speakers and their topics were:

Parvaneh Pourshariati – The Epic of Samak-e Ayyar: A Literary Companion to Mithraic Mythology, Ethics and Social Praxis?

Prof. Enrico Raffaelli - Dante and Wiraz: Two Otherworldly Travellers

Jesse Palestine - Parsi Traders and Travellers: Global Zoroastrians in the Age of Empire

Dan Sheffield - Zoroastrianism and the Problem of Universal Religion in the Early Modern Islamic World

All speakers had well prepared material which was very informative with many audience members asking questions relating to the topic. The closing speech was given by Mr. Homi Gandhi, President of FEZANA. He summarized the topics and thanked all the speakers and spoke very fondly of the Late Professor Yashatar who he had the pleasure of knowing from his days in New York. This was followed by a reception for all who attended.

The main speakers and the main representatives were then invited to a wonderful evening dinner by invitation from the Dean of Faculty of Arts and Science at the University of Toronto. All in all, it was a very successful evening with wonderful company.

Call For Participants at the United Nations

The FEZANA UN-NGO Committee is looking for participants to attend the 68th DPI NGO Conference in Salt Lake City, Utah from August 26-28, 2019. Individuals interested in attending the conference, are requested to send their resume and letter of intent by May 24, 2019. Please send the e-mail to both individuals below:

Behram Pastakia (bpastakia@aol.com)

Afreed Mistry (mistry.afreed@gmail.com)

While FEZANA, as an NGO in consultative status with the Economic and Social Council [ECOSOC] and the Department of Public Information (DPI), will facilitate registration to the Conference, the selected participants are expected to make their own financial arrangements regarding visas, tickets, accommodation, food, and transportation in the city. Details about the vision, mission and activities of the United Nations can be accessed at www.un.org.

Afreed Mistry and Behram Pastakia
Co-Chairs, FEZANA UN-NGO Committee

Volleyball Champions



Congratulations to the Zarathushti Volleyball team named “*May the Spike Be With You*” for winning the Pool B Championship this past season. The group plays in the Mississauga Average Joe Sports League.

Standing L to R: Fiona Engineer, Xerxes Wania, Ratanshaw Makujina and Kaivan Bharucha.

Kneeling: Afreed Mistry and Rustom Asli. Missing: Farzana Panthaky.

100th Toronto-First Zoroastrian Scout Group - February and March 2019



The Scouts Group enjoyed a basketball game on February 23rd watching the “Raptors 905” play against the “NY Nets” at the Pacific arena, the seats were great and the game environment was electric. They enjoyed watching the basketball pros up close.

On February 24th, the scouts celebrated “BP Day”, which is a day to celebrate the birthday of the Founder of the Scouting movement, Lord Baden-Powell, fondly referred to as “B-P” in the scouting world. The program included homage to B-P followed by presentation of the recognition awards from Scouts Canada to Scouter Asish Italia and Youth Scout leader Delicia Saldanha for their achievements in scouting and within the community. We also gave out “white tails (with a lightening flash)” to 2 of our Beaver-Scouts, namely Ava Ogra & Kayannush Mistry, who will be “swimming up” to Cub-Scouts this Fall.

The recognitions were followed by the high light of the day which is always the “Kub Kar” rally and the “Beaver Buggy” races. There is always a lot of cheering from the scouts and sometimes more so from the parents!!! All the Beaver-Scouts received participation certificates along with Beaver Buggy Badge and a gift generously donated by Mehbod Dastur.



This year’s winners are as follows:

Fastest car: 1st prize-Ronel Banaji, 2nd prize-Ishaan Prasad, 3rd prize-Katy Sarkari

Unique Design: 1st prize-Sophia Irani, 2nd prize-Zenia Irani, 3rd prize-Yohan Ghadiali

Best Design: 1st prize-Sophia Irani, 2nd prize-Ishaan Prasad, 3rd prize-Yohan Ghadiali



Congratulations to all the winners as well as everyone who participated! The races were followed by skits and songs with great performances by the little Beaver-Scouts and the Cub-Scouts.

The MCs for the day were Scouts Jia and Burzina Amroliwalla. They did an excellent job of keeping the crowd under control and, more importantly, kept track of the time. The afternoon concluded with a delicious lunch prepared by none other than our own Group Commissioner Firozshaw Ogra. All in all, it was another “Grand B-P Day” celebration which will be remembered by the youths for the rest of their lives.

On March 3rd, we had our regular meeting at the Darbe Meher. The Beaver-Scouts did a craft of making planes from clothes line clips & played games indoors. Since it was a relatively warm weather, the Cub-Scouts did some outdoor running challenges and also discussed how a campfire could be made in the snow!!! Later on they built their own snowmen. The Cub-Scouts also made the Beaver-Scouts play some games.

On Sunday March 31st the Beaver-Scouts and the Cub-Scouts had a swimming activity at the Douglas Aquatic. Everyone had a “splashing good time”. Many thanks to our Youth Scout Leader Kashmiri Bulsara for organizing the event on her own!! Great work Kahsmira.



(Report submitted by Freddy Mirza on behalf of the 100th Toronto-First Zoroastrian Scout Group)

The World Zarathusti Chamber of Commerce (WZCC) - *Toronto Chapter* had their Spring meeting on April 12th at the OZCF. There was a good turn out from the business and professional sectors within our community. Our Chapter Chair, *Cyrus Patel*, opened the evening proceedings followed by our two main speakers, Mr. *Xerxes Wania* and Mrs. *Kainaaz Chichgur* who discussed key areas for entrepreneurs, business owners and professionals to focus on.

There was a brief round table with all the attendees introducing themselves and discussing their professions/businesses and what value they bring to WZCC and the community. A sumptuous dinner and desert was served to all the attendees catered by our very own Zarathusti caterer, *Prochi Gazdar*. Everyone networked and had a fruitful outing for the spring session.

We look forward to an even greater turnout for our summer meeting to be held on Thursday, June 6th at 6:30 PM at the OZCF Hall. Please join us as we will have more interesting topics of discussion and networking for our members and their guests.

Interfaith Festival 2019

Our Zarathushti community was very well represented at the Interfaith Festival 2019, held on April 14 at the Tibetan Community Centre and organized by the Etobicoke-Lakeshore Faith Community Leaders Forum.



A group of six children, namely, Arianna and Shanaya Felfeli, Ahura Farahani, Melody Yazdani, Roya Merchant and Deeba Homaie, presented the fundamental beliefs of our religion.

They were followed by a group of twelve children from the ZSO's west end Religion classes, namely, Burzin Bhesania, Shahrzad Cooper, Shahan Irani, Shirin Kola, Cyrus Mehta, Luca

Mehta, Maya Mehta, Sabrina Mehta, Sofia Panthaky, Nazish Patel, Megan Singh and Zubin Warden. The group sang four songs covering Ahura Mazda's 7 Creations, the importance of Light and daily Prayers in Zoroastrianism and concluding with our 'anthem' - Chhaiye Hamey Zarathosti. Both groups of children gave outstanding performances and did us all very proud! Congratulations to all the children.



In addition to the performances, there were two Zoroastrian tables set up. One for displaying artifacts, including a small ses, Farohar, display board and handout booklets on our religion prepared by the ZSO, brochures and handouts on our "Parsi cuisine" prepared by Farishta Dinshaw. The second table displayed the Haftseen table which had sweets, dates, apricots and batasas for sampling. Many of the attendees commented that they had heard about Zoroastrianism but did not know much about it. They thanked us for providing some knowledge and information related to our faith.

Thanks to our "silent, behind-the-scene volunteers" for making this event a success. Special thanks to Anahita Babak who

coached the Avesta class children. She and Beheshteh Faramarzi helped with the Haftseen items and sweets. Thanks to Khurshid Engineer, Jasmine Major and Perviz Bhumgara and the parents, for preparing the west end religion class children with their marvellous performance, and for the batasas, dates and apricots and some of the artifact item. Thanks to Jasmine and Nergish Major, Hoshang Bhesania, Afreed Mistry, Kety and Freddy Mirza and to all those who helped answering questions from the public at our tables. We were honoured by the presence of Prof. Enrico Raffaelli who teaches Zoroastrianism at the University of Toronto and support from our community which was truly gratifying.



(Submitted by Fred Mirza on behalf of the ZSO Interfaith Committee, Kanoun Avesta class and the ZSO West end religion class).

Jamshid Jam – A Celebration

Iranian Zoroastrian Cultural Kanoun would like to cordially invite everyone in our community to come and celebrate the contributions of Mr. Jamshid Jam to the Zoroastrian community for the past 40 years. The event will be held on **Saturday June 1st at 6:30pm** at the MGDM. If you wish to contribute a few words recognizing Mr. Jamshid Jam's philanthropist services please contact Mehrnaz Dehmiri at 416 668-4696. Thank you for your contribution in advance.

Helping Hands

A Caregiver is available to look after Seniors in their home.
If you know of someone who can stitch Sadras.
If anyone needs a wheelchair.

For any of the above, please contact Khurshid Engineer at 416-520-8325.

Self-Healing PALM Yoga & Meditation Classes

PALM Yoga & Meditation Classes will resume at Darbe Mehr starting April. Join us for gentle yoga and meditation on chairs or mats at the Darbe Mehr on Wednesday evenings from 6:30-8:00 PM. Upcoming Dates: May 1, 8, 15, 22, 29th.

Please wear comfortable Yoga Outfits - while under meditation, wear socks and a light coverall.
Please confirm attendance by calling Zubin @ 905-629-2985.

Health and Fitness

Sports and exercise classes arranged by our Iranian Cultural Kanoun on Sunday afternoons at the Langstaff Community Centre, 155 Maple Red Road, Richmond Hill, ON, L4B 4P9 (Telephone: 905-882-4295). Avesta Class is in Farsi.

Date	Basketball & Avesta - Gym 'B'	Volleyball – Gym 'C'	Futsal – Gym 'C'
5-May	2:30 to 4:00	3:00 to 4:30	4:30 to 5:30
12-May	2:30 to 4:00	3:00 to 4:30	4:30 to 5:30
19-May	2:30 to 4:00	3:00 to 4:30	4:30 to 5:30
26-May	2:30 to 4:00	3:00 to 4:30	4:30 to 5:30

Condolences

Shirin Felfeli, on April 12th in London, Ontario. Daughter of Hodayun Felfeli and late Rustom, wife of Pariborz Izadi Biuki, mother of Anahita and Abtin, sister of Sorab, Banoo and Sohila. May her soul rest in peace.

Jehanbux (Jalu) Virjee Divecha, on April 12th in Toronto. Loving husband of Mani Divecha, beloved father of Zareer Divecha, father in law to Tanaz Divecha and brother in law to Jehanbux and Sillie Mehta. May his soul rest in peace.

Shernaz Colabewala (nee Vajifdar), on April 14th in Toronto. Mother of Shara Colabewala and Dinaz Colabewala, mother in law of Derek Saint Clair, sister to Khushroo Vajifdar, sister in law to Ety Vajifdar, aunt to Arash Vajifdar and sister-in-law to Jehangir Chenoy. May her soul rest in peace.

Perviz (Pearl) Ghadially, on Saturday April 20th in Toronto. Mother of Kati Tamboli (Houston), Farokh Ghadially (Late), Hoshang Ghadially (UK) and Sohrab Ghadially. Sister of Dinshaw Pestonji, Jimmy Pestonji (UK) and Jal Pestonji (Late). Mother-in-law of Amy, Naomi and Behroze Ghadially and Dadi Tamboli (Late). Grandmother of Saira and Farah Ghadially, Zain, Zavera and Shaan Ghadially, Khursheed Challa, Aderbad Tamboli (Houston), Diana Billimoria (Michigan), Firoze Tamboli (Houston), Zerkis and Zareer Ghadially (London). May her soul rest in peace.

Newsletter Requests

Please note that the deadline for receiving submissions for the ZSO newsletter is the 20th of each preceding month. Any materials received after this date will be published on a best efforts basis.

Editor: Armaity Bamji (newslettereditor@zso.org)

Please note that all requests for inclusions in the ZSO NL should be emailed to newslettereditor@zso.org. Please copy Afreed Mistry at evp@zso.org for approval.

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Miscellaneous

ZSO Contacts:

Emergency situations: Khushru Chothia (416) 677-7555

Messages on the auto-dialer: Roozbeh Farhadi (416) 809-7669 or ExecOfficer1@zso.org

Renting MGDH hall (for post-funeral prayers/rituals or for private functions): Mitra Jam president@zso.org or Afreed Mistry evp@zso.org

Newsletter advertising rates:

Inserts: \$200 *Quarter page/Business card:* \$55

Half page: \$75

Full page: \$125

Miscellaneous two-liners: \$15

10% discount for 12 consecutive months of advertising.



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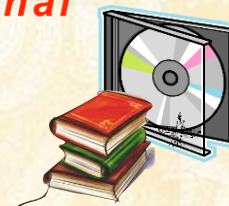
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اهنودگات - یسن ۳۴ - بند ۴

ای فدای هستی بفش، ما فروغ توانای تو را که در پرتو راستی فروزان است فواهانیم. آن شعله فروزانی که ابدی و نیرومند است و پیروان راستی را آشکارا، رهنمون گشته و یاری می‌بفشد. ای فداوند فرد همین شعله فروزان است که پلیدی نهفته در نهاد بدفواهان را آشکار می‌سازد.



گل سوسن - نماد جشن خوردادگان

جشن خوردادگان (جشن جوانان) خجسته

فرداد یشت چهارمین یشت اوستا است و جشن خوردادگان، جشنی در ستایش و گرامیداشت «فرداد» (= خورداد) که در اوستایی «هَکُورَوَات» و در پهلوی «فُردات» خوانده می‌شود، و به معنی رسایی و تندرستی و کمال است و نام یکی از هفت امشاسپند در فرهنگ ایران می‌باشد.

در این یشت، به شفافیت بیان شده "که فداوند یاری و رستگاری و رامش و سعادت را از سوی امشاسپند فرداد به جوان پاک دین می‌بفشد." (روزگاران در پی یکدیگر می‌آیند و می‌روند و نسل‌ها با کوله‌باری از تجربه و عشق به زندگانی در پی آنند که این هدیه گرانبها را بدست نسل‌های جوان و برومند پس از خود بسپرد. در فرهنگ بالنده و پیش‌برنده زرتشتی که همواره به کوشندگان راه راستی ستایش شده است، جوانان از جایگاه بسیار بالا و ارزش مندی برخوردارند.

جای دارد تا با سربلندی جشن خوردادگان را که جشن جوانان است را جشن بگیریم و این آداب پیشینیان را به نیکویی به یاد همگان آوریم. بیایید با یکدیگر، تلاش‌های پی‌درپی و دست‌آوردهای جوانانمان را پاس‌داریم و با این جشن، سپاسگزاری از جوانانمان را به دیگر جوامع انسانی گوشزد نماییم. باشد که این حرکت کوچک، یک سپاسگزاری از تلاش‌ها و دست‌آوردهای فرزندان تلاشگرمان برای سافت‌ن آینده‌ای فراتر از نسل‌های پیشین و بهتر برای نسل‌های کنونی باشد.

سپاسداری از پیشکوت گرامی آقای جمشید جم



کانون فرهنگی زرتشتیان تورنتو در نظر دارد تا در برنامه ویژه‌ای از آقای جمشید جم و به پاس ۴۰ سال خدمات ارزنده ایشان برای سازمان (جامعه) زرتشتی تورنتو سپاسداری ویژه‌ای برگزار نماید. این مراسم در روز اول ژوئن (June 1st) از ساعت ۳:۳۰ پسین در در ب مهر مهربان گیو برگزار می‌گردد.

در جهت برنامه ریزی و زمان‌بندی بهتر برنامه، از دوستان و همقطرانی که تمایل دارند تا فاطره و یا کلامی در باره ایشان بیان نمایند خواهشمندیم تا روز ۲۵ می با سرکار خانم مهرنار دهمیری ۴۶۹۶-۴۶۸-۴۱۶ تماس بگیرید.

گردهمایی ماهیانه بانوان

بانوان زرتشتی در اولین سه‌شنبه هر ماه از ساعت ۱۰ تا ۱۲ ظهر در در ب مهر مهربان گیو گرد هم می‌آیند. شرکت برای همگان آزاد می‌باشد.

تماس با ما

انتقادات، نظرات و پیشنهادات سازنده خود را با ما با ایمیل آدرس kanoun@zso.org در میان بگذارید.

ورزش و سلامتی

Date	Basketball & Avesta Gym 'B'	Volleyball Gym 'C'	Futsal Gym 'C'
5 - May	2.30 - 4.00	3.00 to 4.30	4:30 to 5:30
12 - May	2.30 - 4.00	3.00 to 4.30	4:30 to 5:30
19 - May	2.30 - 4.00	3.00 to 4.30	4:30 to 5:30
26 - May	2.30 - 4.00	3.00 to 4.30	4:30 to 5:30

همانگونه که آگاهی دارید ورزشهای سالنی والیبال، فوتسال در رده سنی جوانان و

بزرگسالان و

بسکتبال در

رده سنی



کودکان و نوجوانان در مجتمع فرهنگی ورزشی (Langstaff) در روزهای یکشنبه هر هفته برپا

می باشد. دیدار و ساعات شادی را با دیگر همکیشان داشته و با ورزش کردن سلامتی خود را بیمه نمایید.

خود درمانی و تندرستی با یوگا PALM-5 (روشی آسان برای داشتن سلامتی و درمان روان و بدن)

در ادامه چندین دوره برگزاری کلاسهای یوگا در درب مهر مهربان گویو، این کلاسها همچنان با پشتکار هموند گرمای زوبین داتیوالا (Zobin Dotiwalla) و هموندی همکیشان گرمی برپا می باشد. دوره جدید این کلاسها هر چهار شنبه از ساعت ۶:۳۰ تا ۸:۱۵ بعد از ظهر در سالن مهربان گویو برگزار می گردد. شرکت در این کلاسها رایگان و برای همگان آزاد می باشد. (May 1,8,15,22,29) برای آگاهی بیشتر با شماره ۲۹۸۵-۶۲۹- (۹۰۵) آقای زوبین داتیوالا (Zobin Dotiwalla) تماس بگیرید.

فرتورهای از باشندگی دانش آموزان کلاس اوستا در جشنواره بین

مذاهب

دانش آموزان کلاس اوستا در تاریخ ۱۴ آوریل در جشنواره بین مذاهب که در تورنتو آنتاریو برگزار گردید باشندگی بودند و با اجرای برنامه هایی گوشه ای از آیین زرتشت را برای باشندگان آوا خوانی نمودند.



همه با هم – All together

تلاش خواهد شد تا برای هر ماه نوشته هایی کوتاه را با دو عنوان "مناسبت های گاهشماری" و "شرح واژه" در خبرنامه داشته باشیم تا شاید برای آگاهی همگان مفید باشد. با سپاس از آقای بهمن مرادیان که ما را در این بخش یاری خواهند داد.

We will try to write short articles for each month with two titles, "Chronological occasions" and "Word Definition" in the newsletter, which may be useful for everyone. Thanking Mr. Bahman Moradian for his contribution in this section.

**** مناسبت های گاهشماری ماه آوریل April Chronological occasions ****

گهنبار میدوزرم گاه

اول ماه "می" دومین روز گهنبار میدوزرم گاه است که تا روز چهارم این ماه ادامه دارد. این گهنبار اولین گهنبار سال نو خورشیدی است. پیش از این درباره گهنبارها نوشته ایم. شش چهره (دوره) گهنبار بنابر سنت زرتشتی به عنوان مراحل آفرینش یاد شده است. اولین گهنبار بنابر این روایت برای آفرینش آسمان است. از سوی دیگر، این جشن ها را جشن های مربوط به زمان های برداشت محصول کشاورزی و دامپروری توسط کشاورزان هم می نامند. به طور سنتی در این مراسم خانواده ها تلاش می کردند تا نیایش و اوستاخوانی اجرا شود و با پذیرایی از شرکت کنندگان با محصولات کشاورزی داد و دهشی صورت گیرد. یکی از خصوصیات مثبت این مراسم این است که از تمامی گروه ها اجتماعی بدون در نظر گرفتن موقعیت مالی و شغلی شرکت می کردند و همگی در آن هم بهره می شدند. در دوران جدید گاهی صحبت شده که آیا هنوز هم گهنبار به همین روش باید انجام شود؟ برخی از عدم حضور جوانان گلایه کرده اند و برخی دیگر تنها اوستاخوانی و غذا خوردن را برای امروز جامعه کافی نمی دانند و تلاش کرده اند که برخی برنامه های فرهنگی دیگر از جمله سخنرانی را به آن بیفزایند. بی شک همین شکل گهنبار هم در همافزایی، دیدوبازید، دادودهدش و برآورده کردن برخی نیازهای دینی جامعه امروز هم نقش بسیار مهمی دارد و همت و تلاش برگزارکنندگان و دهشمندان برای برگزاری آن بسیار ارزشمند است، اما شاید جای یک گفتگوی جدی در این مورد هنوز خالی باشد!

جشن خوردادگان

۲۵ "می" برابر با چهارم ماه خورداد در گاهشماری زرتشتی روز جشن خوردادگان است. این جشن اولین جشن ماهیانه است که در آن نام روز خورداد با ماه خورداد برابر است. خورداد امشاسپند که در اوستایی به صورت "هوروات" به معنی "تکامل" آمده است، بنابر سنت نگهبان آب است. درباره جزئیات چگونگی برگزاری این جشن در دوران گذشته آگاهی دقیقی در دسترس نداریم. به احتمال زیاد این جشن در بزرگداشت آبها و رودها برگزار می شده است.

موسیقی و شعر در اوستا

موسیقی و شعر از ویژگی های بسیار کهن متون اوستایی است. براساس نظر پژوهشگران تمامی متنی که به نام اوستا می شناسیم یعنی یسنا، پشت ها، خرده اوستا، ویسپرد و وندیداد به شعر هستند. امروزه هم موبدان در هنگام انجام مراسم متن اوستا را با روشی شعرگونه می خوانند. از سوی دیگر به طور سنتی زنگی در جایگاه آتش نصب بوده که موبد در زمان خواندن اوستای آتش آن را به صدا در می آورده است. ساختار شعری اوستا را ساختاری هجایی می نامیم که در آن تعداد بخش های کلمات در هر مصرع نظم را دنبال می کند. البته گفتگوهای زیادی درباره تعداد هجاهای بخش های مختلف اوستا شده است. اما در اینجا کوتاه فقط به گاهان سرودهای اشوزرتشت می پردازیم. پنج بخش گاهان هر کدام از ساختار هجایی و نظم شعری مشخصی پیروی می کنند. برای نمونه هر بند اهنود گات شامل سه بیت است که مصرع اول آن ۹ هجا و مصرع دوم آن ۷ هجایی است و این نظم در تمامی بندهای آن رعایت شده است. فصل های دیگر گاهان هر کدام ساختاری متفاوت دارند. در یک سال گذشته تلاش شده است که خواندن گاهان به صورت دسته جمعی و گُر در تورنتو آغاز شود که حرکتی است شایسته در جهت امروزی کردن این سنت بسیار دیرینه و کهن.



The Youth Committee of Zoroastrian Society of Ontario is hosting a Dinner and Dance Fundraising event on Saturday May 4th, 2019 at the Darbe Mehr - (3590 Bayview Ave, Toronto, ON. M2M 3S6) to support our youth attending the upcoming 7th World Zoroastrian Youth Congress in Santa Monica, California.

With the help of generous donors and sponsors we're confident that we'll be able to support some of the cost for this event and help our youths to discover new adventures and achieve experiences they wouldn't have elsewhere. It also helps develop them into capable, confident and successful individuals focused on giving back to their community and helping others.

You can support this cause by

1. Donations of any amount
 - a. Sponsors and Donors who donate a minimum of \$300 will be recognized by their names or logos printed on the back of the participant T-Shirts
2. Advertising your business*
 - a. \$75 full slide

* considering the environment all business advertisements will be presented digitally during the event.

Please forward your final artwork to Pearl Chothia (kpfreedom@me.com) **no later than April 30th, 2019** for inclusion in the digital presentation. A \$50 will be added to your invoice if you require help designing/ editing your art work. All payments must be received by end of the day **April 30th, 2019**.

In order to receive a tax receipt the donation amount must be greater than \$25 and the cheque is payable to "Zoroastrian Society of Ontario". In the memo section kindly mention "Donation for Youth Congress 2019". Please provide a note with your current mailing address for tax receipt mailing purposes.

All cheques are payable to "Zoroastrian Society of Ontario"

Please mail all cheques to Pearl Chothia, 241 Kingscross Drive, King City, ON, L7B 1E7.

Kindly join us with your family and friends for a wonderful evening with great food, gifts, music and dancing. Seats are limited, please book your tickets today! Ticket Prices: Adult (18+) \$25 , Youth (5-17) \$20 , Under 5 Free.

We look forward to your continued support.

Thank you in advance.

- ZSO Youth Committee

WORLD YOUTH CONGRESS FUNDRAISER
SPRING SEMI-FORMAL
DINNER & DANCE

Saturday May 4th 6pm

Ticket prices: Adult (18+) \$25 Youth (5-17) \$20

3590 Bayview Avenue, Toronto M2M 3S6



**RAFFLE/DANCE PRIZES,
LIVE MUSIC, CASH BAR**

***PERFORMANCES BY OUR
COMMUNITY'S BEST***

EVENT FOR ALL AGES

RSVP: Pearl: # 416-917-7402 OR leave message

Cheques payable to "Zoroastrian Society of Ontario"

Mail to: 241 Kingscross Drive, King City, On. L7B 1E7



DINNER AND A MOVIE

THE ZOROASTRIAN SOCIETY OF ONTARIO
PRESENTS THE MOVIE:

GOOD THOUGHTS, GOOD WORDS, GOOD DEEDS: THE CONDUCTOR ZUBIN MEHTA

Along with a Q&A with Zubin Mehta's son,
Mervon Mehta,
Executive Director of Performing Arts at the Royal Conservatory of Music
Followed by Dinner

SATURDAY, JUNE 15, 2019

6:30 PM

Mehraban Guiv Darbe Mehr
3590 Bayview Ave., Toronto, ON

Early-Bird Price (until May 20th) for Members of ZSO & OZCF: \$20
Regular Price (May 21st onwards) for Members of ZSO & OZCF: \$30
Non-Members: \$40

RSVP Online: <https://tinyurl.com/y3w63odx>

We anticipate that there will be a large turnout so to avoid disappointment,
please make sure your tickets are purchased in advance for admission.



SEAFOOD BONANZA!!!

SAVE THE DATE: June 22nd 2019 at 7:00pm

Mehraban Guiv Darbe Mehr, 3590 Bayview Ave.

MEMBERS: \$30.00

NON-MEMBERS: \$40.00

DJ & CASH BAR



RSVP by June 17th 2019 to
GULOO BHARUCHA @905-475-8894 or
email:entertainment@zso.org.

Mail cheques to: Guloo Bharucha,
24 Trafford Crescent, Markham, ON L3R7H9

Cheques Payable to Zoroastrian Society of Ontario
(on Memo line please mention Seafood Bonanza)

MENU

Fish Pakoda, Tilapia, King Fish, Red Snapper,
Golden Pomfret, Mackrel, Shrimp, Curry, Rice,
Chapati, Cachumber, Limboo.

Dessert cocktail fruits with jello.

*As per availability of the mentioned variety of fishes

July 1-6th 2019

Los Angeles California

7th World Youth Congress

The ZSO Youth Committee will be organizing fundraisers to help encourage more youth attend the event.

Your Donations/Sponsorships will go a long way in helping our Youth.

This congress, is intended for Zoroastrian youth of ages 18 to 35, has over the years brought together hundreds of current and future leaders of the Zoroastrian community and provided them with a platform to build global partnerships and relationships and work towards addressing the challenges facing our community.

For more information about the Congress and Registration go to:
<https://wzycongress.org/>
For Donations or Sponsorships call: 416-917-7402



DONATION FORM

Please complete the form below and send it along with your donation cheque or money order.

This will ensure we have your correct mailing address to send your tax receipt.

Tax receipts will be issued for donations of \$20 and higher.

First Name: _____

Last Name: _____

Address: _____

City _____ Province _____ Postal Code _____

Donation Amount: \$ _____

Please mail cheques to : Zoroastrian Society of Ontario
Attn: Treasurer
3590 Bayview Ave
North York, ON, M2H 3S6

****All cheques payable to Zoroastrian Society of Ontario**



ZSO's Annual General Meeting – Sunday, July 21st, 2019 - CALL FOR NOMINATIONS

The May NL inadvertently missed including the positions that will become vacant on the Board as of the date of the AGM - July 21st.

Nominations are solicited for the following positions:

- President – 2-year term
- Vice-President – 2-year term
- Assistant Treasurer – 2-year term
- Secretary – 2-year term
- Executive Officer 2- 2-year term

The board sincerely apologizes for the oversight in the May Newsletter and will ensure the June Newsletter will have this detail.

We encourage all members of our community to consider running for a position. The only way to see change is to help make it.

Sincerely,

ZSO Board



ZOROASTRIAN SOCIETY OF ONTARIO

NOMINATION FORM - 2019

(Please print or write clearly and complete all sections on both sides of this Form)

We, the undersigned, being members in good standing of the Zoroastrian Society of Ontario (ZSO), nominate the following member of ZSO who is a permanent resident of Ontario

_____ of _____,
(Name of member nominated) (City)

for election to serve on the Board of Directors as:

(Position)

Dated at _____ this _____ day of _____, 2019.
(City) (Date) (Month)

(Proposer's Name)

(Proposer's Name)

(Proposer's Signature)

(Proposer's Signature)

I, _____ (Nominee), consent to this Nomination, and agree to abide by the Constitution and By-laws of the ZSO and all Resolutions passed by the members of the ZSO at all General Meetings.

(Nominee's Signature)

Please Note:

1. For this nomination to be valid, it must be delivered to the attention of the "ZSO Secretary" before 6:00 p.m. on Sunday, 16th June, 2018, at the registered office of the ZSO.
2. The Nominee must complete the Bio-data Form overleaf.
3. The Nominee and the Proposers must be members in good standing (up to date with their Membership Fees) on the date that this Nomination Form is signed.

(P.T.O.)

ZOROASTRIAN SOCIETY OF ONTARIO
NOMINEE'S BIO-DATA FORM - 2019

Nominee's Name:

Member of ZSO since:

**Past Social/Community
Activities:**

Education Background:

**Professional Background/
Occupation:**

**Objectives I'd like to
achieve if elected:**

Dated: _____, 2019

-

(Signature of Nominee)

(P.T.O.)



ZOROASTRIAN SOCIETY OF ONTARIO

3590 BAYVIEW AVENUE, TORONTO, ONTARIO M2M 3S6

MEMBERSHIP FORM

Membership Application: ☐ Renewal ☐ New Member Membership Year April 1st 20____ - March 31st 20____

Membership Category/Fees

<input type="checkbox"/> Family	<input type="checkbox"/> Individual	<input type="checkbox"/> Student	<input type="checkbox"/> Senior	<input type="checkbox"/> Family senior
Includes children under the age of 18	Non-student over age 18	Full time student age 18-25	Age 65 and over	Both spouses age 65 and over
\$100	\$60	\$30	\$30	\$50

Applicant Information

Last Name: _____ First Name: _____
Spouse Last Name: _____ Spouse's First Name: _____
Address: _____ Apartment/Suite# _____
City: _____ Province: _____ Postal Code: _____
Home Phone: (____) - ____ - ____ Cell Phone: (____) - ____ - ____
Email: _____ Age: _____ Signature _____

Dependent Information:

First & Last Name	Age

Select your communication methods: Auto dialer (US & Canada), E-Mail and SMS Messages (SMS within Canada Only)

Auto dialer voice messages: ☐ Home ☐ Cell ☐ Spouse Cell: _____

SMS Messages: ☐ Yes ☐ No

Newsletter: ☐ Email ☐ Spouse Email: _____ ☐ Regular Mail

Total Enclosed: Cash \$_____ Cheque \$_____

(All cheques payable to "Zoroastrian Society of Ontario" and mailed to Attn: ZSO Treasurer (Membership Form) 3590 Bayview Avenue, Toronto, ON, M2M 3S6). Please note the bank will **NOT** accept cheques payable to "ZSO".

☐ I have reviewed the ZSO Constitution & Bylaws* and agree to abide by them (*available on the ZSO website zso.org)

NEW MEMBERS must be introduced by two ZSO members in good standing and approved by the ZSO Board of Directors (BOD).

Existing ZSO Member

Print Full Name _____

Signature _____

Existing ZSO Member

Print Full Name _____

Signature _____

Approved by the ZSO BOD

☐ Yes ☐ No

Signature _____