



Zoroastrian Society of Ontario

Newsletter - October 2019
Volume 46, Number 4

OCTOBER

Friday, Oct. 4	11:00am	Seniors Event
Friday, Oct. 4	6:30pm	Adult Avesta Classes
Saturday, Oct. 5	6:00pm	Mehergan (F)
Monday, Oct. 7	6:00pm	Rostam Guiv Death Anniversary
Wednesday, Oct. 9	6:30pm	ZSO Board Meeting
Saturday, Oct. 12	1:00pm	Seniors Food Fair – <i>see attached flyer for details</i>
Sunday, Oct. 13	11:00am	Ayathrem Gahambar (F)
Friday, Oct. 18	11:00am	Seniors Event
Saturday, Oct. 19	6:00pm	Bingo Family Night – <i>see attached flyer for details</i>
Saturday, Oct. 26	1:00pm	Calendar Meeting for All Committees
Saturday, Oct. 26	6:00pm	Abangan (F)

NOVEMBER

Friday, Nov. 1	11:00am	Seniors Event
Friday, Nov. 1	6:30pm	Adult Avesta Classes
Saturday, Nov. 2	11:00am	WZCC Meeting
Saturday, Nov. 2	6:00pm	Volunteer Appreciation Night
Wednesday, Nov. 13	7:00pm	ZSO Board Meeting
Friday, Nov. 15	11:00am	Seniors Event
Saturday, Nov. 16	6:30pm	Sports Night/Karaoke
Saturday, Nov. 23	6:00pm	Azargan (F)
Friday, Nov. 29	11:00am	Seniors Event
Friday, Nov. 29	4:00pm	Maidyoshem Gahambar (S)*

*Please provide names for meals to Ervad Hoshang Udwadia at 416-499-4957.

Note:

All events will be held at Mehraban Guiv Darbe Mehr unless otherwise specified. ZSO, as publisher, is not responsible for content and support of any flyers it has not issued.

MEHRABAN GUIV DARBE MEHR

Telephone: (416) 225-7771

Address: 3590 Bayview Avenue
Toronto, Ontario M2M 3S6

www.zso.org



“Zoroastrian Society of Ontario – ZSO”



zoroastrian_society_ontario

<u>Days</u>	<u>Morning Hours</u>	<u>Evening Hours</u>
Monday	CLOSED	4:30PM - 8:30PM
Tuesday	9:00AM - 12:00PM	4:30PM - 8:30PM
Wednesday	CLOSED	4:30PM - 8:30PM
Thursday	CLOSED ALL DAY	
Friday	9:00AM - 12:00PM	4:30PM - 8:30PM
Saturday	9:00AM - 12:00PM	4:30PM - 8:30PM
Sunday	9:00AM - 12:00PM	4:30PM - 8:30PM

WHAT'S NEW PRES?

Who doesn't love going back to school (besides me :) – swapping exciting stories of summer fun, anxieties about the new class and all that goes with it, new friendships and mentors; all made worthwhile thanks to the brand new 'stuff' that 'back-to-school' shopping brings!

At the Darbe Mehr too, 100th Toronto First Zoroastrian Scouts and Children's Religion Classes kicked off yet another new year. While the enthusiasm for attending these on Sunday varies from "I can hardly wait!!!" to "Why can't I just have my Sunday to myself?", the mood is undeniably upbeat once family and friends converge onto the Darbe Mehr – with parents generously taking turns dishing up goodies for snack-break!

On Monday, October 7th we'll observe our benefactor Arbab Rostam Guiv's Death Anniversary, as we do each year. We hope to see many from our community attend the prayers, youth and young-at-heart alike.

After a great Bollywood night, enjoyed by all, it's time to look forward to more treats for the tummy and fun for the spirit, with the Seniors Food Fair back with a bang on Saturday, October 12th and Bingo night on the 19th!

Catch the fun as it happens... and place your orders for the Food Fair in advance to avoid disappointment! Details and vendor lists can be found on the ZSO website.

While we enjoy bringing you all the events you have come to expect, we are always looking for newer and more engaging ways of connecting the community, especially youth.

Have an idea to share? Let us know via the ZSO website, Facebook page and Instagram!

And whether you're planning a trip over Thanksgiving or 'tripping on tryptophan', we wish everyone a Very Happy Thanksgiving in advance!

Tandarosti,
Mashya Amroliwalla

Congratulations Jehzan Munshi

ZSO is proud to announce that our own Jehzan Munshi of Toronto has been awarded the Sheroo Kolsawala Endowed Scholarship of Can \$1000 towards his educational expenses for the 2019-2020 academic year.

Jehzan was chosen out of 51 applicants by the FEZANA scholarship committee. Congrats on this great achievement and the entire community wishes you the very best in your academic career!

ZSO History Project

Please continue to send ZSO related historical artefacts from the past 50 years to Afreed Mistry. Please email documents to 50Years@zso.org or mail to: ZSO 50 Years, 3590 Bayview Ave., Toronto, ON, M2M 3S6

ZSO Positions Still Vacant

ZSO Board is still looking for volunteers for the positions of Muktaad Committee Co-Chair and Assistant Newsletter Editor.

Please contact secretary@zso.org if you are interested.

The 2019 Muktaḍ ceremonies marked 37 years of observances by the Zoroastrian Society of Ontario.

Our most important volunteers are our Mobeds, who so willingly give their time in the many hours of prayers. Ervad Hoshang Udwadia, Mobed Athavian Bamji, Ervad Kerman Katrak and most of all our young Mobeds Navroze Antia and Xersis Dastoor who were there for all the prayers, including the early morning one. Our sincere appreciation of their dedication during their school vacation. Ervad Mehbād Dastur, Ervad. Pauzash Mthaiwala took turns to perform the various prayers. And sincere thanks to Ervad Khushroo Bhārda for being there for our early morning prayers on the last day.

Our early morning Afringan/ Farokhshi prayers were attended by more than 50 members. We had an average of about 100 + community members for lunch and nearly 225 or more for dinner. Even our last day morning Stum and Afringan at 4.00 AM was attended by more than 50 members. Our attendance has increased for all our prayers. We had 570 names of our dear departed ones to recite at each prayer.

There are hundreds of volunteers who help to make these days so successful and awe inspiring. The resident volunteers, Roshan Rabadi, Khurshid Engineer, Hoshang Surty, and myself. The initial DM clean-up crew led by Pearl and Khushru Chothia, who organized a team of 41 volunteers! The chefs in our kitchen who prepared 3 meals a day for all in attendance at the DM ably led by Roshan Rabadi, Zarine and Ronnie Irani, Prochi Gazdar and Katy Panthakee, Dina Amroliwalla, and Kersi Khambatta, Nancy Patel and Percy Daruwalla.

More than a thousand Diwas were lit in the 5 days and we thank Sam Gandhi for the preparation of the trays and Farokh our custodian for always being there with a helping hand.

Our deepest thanks and remembrance go to Mehraban and Arbab Rustom Guiv for giving us this beautiful place for us to worship and hold our Muktaḍ observances. Our thanks also to all the board members for their full support, cooperation and help.

And finally, we always are grateful to Ahura Mazda for the many blessings bestowed on our community. With the blessings of our Asho- Farohars, we hope to continue to work together in peace and harmony for many years to come.

Read the full report submitted by Putli Mirza at www.zso.org under the News section.

Good Deeds in Action – Adil Mama



The National Ethnic Press and Media Council Of Canada recently honoured and Awarded Adil D. Mama with their Medal for his many years of Distinguished and Outstanding Services to The People and the Government of Canada and was given all the rights, privileges and honours afforded as an Honorary Member of the Board of Directors.

Over the years Adil has been the recipient of numerous prestigious awards and medals that include the Gold Medal of Her Majesty Queen Elizabeth II, the Diamond Jubilee Medal of Her Majesty Queen Elizabeth II and is being nominated to be awarded The Order of Canada.

Adil his wife Margaret and daughter Sophia live in Toronto Canada and is the son of the late Dali and Soonu Mama.

Condolences

Soli Manekji Surty, on September 21st in Toronto. Husband of Lilly, father of James and Aaron and father-in-law to Malisa. May his soul rest in peace.

Self-Healing PALM Yoga & Meditation Classes

PALM Yoga & Meditation Classes have resumed at Darbe Mehr! Join us for gentle yoga and meditation on chairs or mats at the Darbe Mehr on Wednesday evenings from 6:30-8:00 PM.

Please wear comfortable Yoga Outfits - while under meditation, wear socks and a light coverall.

Upcoming Dates: October 2, 9, 16, 23 and 30 – dates are also online at www.zso.org .

Please confirm attendance by calling Zubin @ 905-629-2985.

Health and Fitness

Sports and exercise classes arranged by our Iranian Cultural Kanoun on Sunday afternoons at the Langstaff Community Centre, 155 Maple Red Road, Richmond Hill, ON, L4B 4P9 (Telephone: 905-882-4295). Avesta Class is in Farsi.

Date	Basketball & Avesta - Gym 'B'	Volleyball – Gym 'C'	Futsal – Gym 'C'
06-Oct	2:30 to 4:00	3:00 to 4:30	4:30 to 5:30
13-Oct	2:30 to 4:00	3:00 to 4:30	4:30 to 5:30
20-Oct	2:30 to 4:00	3:00 to 4:30	4:30 to 5:30
27-Oct	2:30 to 4:00	3:00 to 4:30	4:30 to 5:30

Helping Hands Corner

- A Caregiver is available to look after Seniors in their home.
- Needed - someone who can stitch Sadras.

For any of the above – please contact Khurshid Engineer on 416-520-8325.

Shahrzad Shahriari is a registered social worker and provides free psychotherapy services to the community. Interested members can contact Shahrzad on 647-405-7706.

Accommodation Available

1 bedroom condo available for rent in the Yonge & Finch area. The unit has direct underground connection to Finch subway station, GO and VIVA bus service routes.

Rent is \$2,075 per month. Contact either by phone 647 351 7517 or by email at nargis@bell.net.

Advertising at Darbe Mehr

Stay tuned on how you can advertise your business on the big screen at the Darbe Mehr during events.

Newsletter Requests

Please note that the deadline for receiving submissions for the ZSO newsletter is the 20th of each preceding month. Any materials received after this date will be published on a best-effort basis.

Editor: Armaity Bamji (newslettereditor@zso.org)

Please note that all requests for inclusions in the ZSO NL should be emailed to newslettereditor@zso.org
Please copy Afreed Mistry at evp@zso.org for approval.

The distribution or reproduction, in part or whole, of the Zoroastrian Society of Ontario's monthly Newsletters by any means or via any media, requires authorization by the Society's Board of Directors. Any unauthorized distribution or reproduction is strictly prohibited.

Miscellaneous

ZSO Contacts:

Emergency situations: Khushru Chothia (416) 677-7555

Messages on the auto-dialer: Mashya Amroliwalla (647) 285-2105 or president@zso.org

Renting MGDM hall (for post-funeral prayers/rituals or for private functions): Afreed Mistry at evp@zso.org

Newsletter advertising rates:

Inserts: \$200 Quarter page/Business card: \$55 Half page: \$75 Full page: \$125

Miscellaneous two-liners: \$15

10% discount for 12 consecutive months of advertising.



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 - * Gift Items, Silver & Gold pendants
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241 Kingscross Dr, King City, On.L7B 1E7

Email: zstudies@hotmail.com
www.zstudies.com

اهنودگات - یسن ۳۴ - بند ۹

ای مزدا، کسانیکه با زشت کرداری و بی فبری از منش پاک، فروزگان سپنتا آرمیتی^(۱) را که نزد بفردان گرامی است، فوار شمرند، از آنان راستی دور فواهد ماند چنانکه تبه کاران با تمایلات پلید شیطانی فویش از ما دوری جویند.

۱- فروزگان مقدس عشق و فداکاری و ایمان و فروتنی



مهرگان بر شما خجسته

کانون فرهنگی زرتشتیان اناریو جشن مهرگان را با شکوه تمام در روز شنبه ۵ اکتبر از ساعت ۶:۰۰ پسین در درب مهر مهربان گیو برگزار می کند. با باشندگی خود مهر و مهرتان را با دیگران پیوند دهید.

مهر و مهرگان بر شما خجسته

گزارشی از انتخابات کانون فرهنگی زرتشتیان اناریو

جلسه همگانی کانون زرتشتیان اناریو در روز یک شنبه ۱۵ سپتامبر پس از مراسم گهنبار و با باشندگی همکیشان در سالن درب مهر مهربان گیو برگزار گردید.

در ابتدا گزارشی از فعالیتهای سال پیش و سپس گزارش مالی برای همگان بازگو گردید. در ادامه هموندان کانون پاسخگوی سؤالاتی باشندگان بودند و در ادامه با تشویق باشندگان گزارش مالی را به تصویب رساندند.

سپس نوبت به انتخاب هموندان جدید کانون رسید که با تصویب باشندگان، هموندان جدید کانون به شرح زیر انتخاب شدند:

هموندان کانون (ترتیب الفبا)

بهرام پور بمانی، نازنین بهجت، مهران بهدینان، گیتی بهمنیان، مهرناز دهمیری، خورشیدچهر

زندیان، بیتا شکیبا، پدram یزدانی



گهنبار چهره ایاسرم گاه

مراسم گهنبارخوانی چهره ایاسرم گاه در روز یکشنبه ۱۳ اکتبر (Sun. Oct. 13th) در درب مهر مهربان گیو از ساعت ۱۰:۳۰ بامداد با همکاری همکیشان گرامی برگزار می گردد با باشندگی خود، این مراسم را سپاسدار باشیم.

هما زور بیم و هما زور هما اشو بیم

تماس با ما

انتقادات، نظرات و پیشنهادات سازنده خود را با ما با ایمیل kanoun@zso.org در میان بگذارید.

گردهمایی ماهیانه بانوان

بانوان زرتشتی در اولین سه شنبه هر ماه از ساعت ۱۰ تا ۱۲ ظهر در درب مهر مهربان گیو گرد هم می آیند. شرکت برای همگان آزاد می باشد.



Date	Basketball & Avesta Gym 'B'	Volleyball Gym 'C'	Futsal Gym 'C'
8 - Oct	2.30 - 4.00	3.00 to 4.30	4:30 to 5:30
13 - Oct	2.30 - 4.00	3.00 to 4.30	4:30 to 5:30
20 - Oct	2.30 - 4.00	3.00 to 4.30	4:30 to 5:30
27 - Oct	2.30 - 4.00	3.00 to 4.30	4:30 to 5:30

همانگونه که آگاهی دارید ورزشهای سالنی والیبال، فوتسال در رده سنی جوانان و بزرگسالان و بسکتبال در رده سنی کودکان و نوجوانان در مجتمع فرهنگی ورزشی (Langstaff) در روزهای یکشنبه هر هفته برپا می باشد. دیدار و ساعات شادی را با دیگر همکیشان داشته و با ورزش کردن سلامتی خود را بیمه نمایید.

ورزش و سلامتی



خود درمانی و تندرستی با یوگا PALM-5 (روشی آسان برای داشتن سلامتی و درمان روان و بدن)

در ادامه چندین دوره برگزاری کلاسهای یوگا در درب مهر مهربان گویو، این کلاسها همچنان با پشتکار هموند گرامی زوبین داتیوالا (Zobin Dotiwalla) و هموندی همکیشان گرامی برپا می باشد. دوره جدید این کلاسها هر چهارشنبه از ساعت ۶:۳۰ تا ۸:۱۵ بعد از ظهر در سالن مهربان گویو برگزار می گردد. شرکت در این کلاسها رایگان و برای همگان آزاد می باشد. (Oct 2,9,16,23,30) برای آگاهی بیشتر با شماره ۲۹۸۵ - ۶۲۹ - (۹۰۵) آقای زوبین داتیوالا (Zobin Dotiwalla) تماس



هالوین پارتی

با برنامه ریزی انجام گرفته، کانون فرهنگی زرتشتیان انتاریو، هالوین پارتی شادی را برای همکیشان برنامه ریزی نموده است.

این برنامه در روز شنبه ۲۶ اکتبر از ساعت ۶:۳۰ پسین در درب مهر مهربان گویو برگزار می گردد.

با باشندگی خود ساعات شادی را برای خود و دیگر دوستان و همکیشان داشته باشیم.

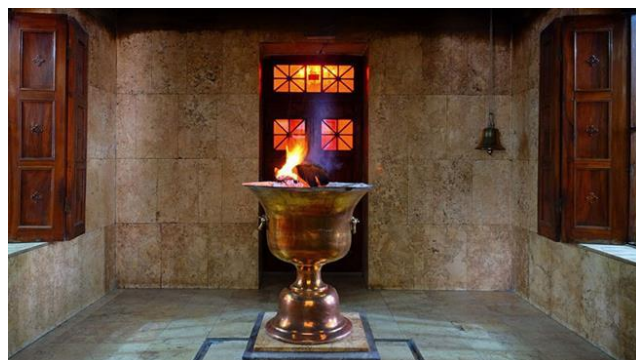


آیا میدانید...

اهمیت آتشکده شهر یزد به قدمت آتش درون آن است که گفته شده از حدود ۱۵۲۰ سال پیش تاکنون فروزان مانده و حفاظت گردیده است.

"آتش ورهرام" در

اتاقی مخصوص، در میان ساختمان آتشکده و در سطحی بالاتر از سطح زمین به دوراز باد و باران و تابش خورشید نگهداری می شود.



Gourmet Food Fair

At Darbe Mehr

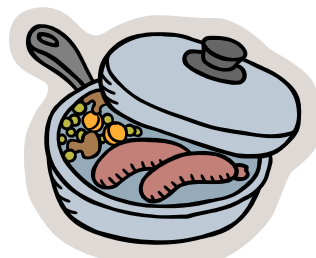
Saturday, October 12th, 2019 at 1.00pm

Entrance: \$2.00 per person

(Free for kids age 10 and under)



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**COOKED
DISHES**

**Bring your Friends
Bring your empty stomachs
and savour the mouth watering dishes
prepared by our gourmet chefs**

**Soft drinks and ice-cream will also be sold
All sales transactions will be handled by coupons
10% of all sales to be donated towards the**

Senior's Revolving Fund

Participate and be generous towards this worthy cause



For further information contact:

Roshan Rabadi 647 341 6731

Freny Gandevia 416 888 8851

Yasmin Khory 416 733 0699



VASANOO - CHEVDO - BHEL - FALOODO - BATASA - NAN KHATAI - BHAKRA



ZSO PRESENTS



On Saturday ,Oct 19 , 2019

Doors open @6pm

Game Starts @7pm

**Menu: Cocktail samosas, Chips,
Fish Curry Rice, Cachumber/Papad.**

Dessert: Jilebi & Gajjar Halwa

**Contact: Guloo Bharucha # 905-475-8894 & leave a message or
Register online.**

Email: entertainment@zso.org

**Mehraban Guiv Darbe Mehr
3590 Bayview Avenue,**

DINNER & ENTRY : \$10 Members / \$15 Non-members

Bingo Tickets sold separately

Games, Fun , Lots of Prizes & A Scrumptious Dinner





2020 CALIFORNIA
ZOROASTRIAN CENTER

Essay Contest

"What are the qualities of a good leader?"

Essay Contest for Ages 11-14

Topic: In your opinion what are the qualities of a good leader? Compare it to what the Gathas teach us about being a good leader.

700-900 words

Word format only

Rubric and leader as described in the Gathas is provided on our website

Deadline: January 15, 2020

Sponsored by: Fatane Farid Fund and an Anonymous Supporter

Endorsed by: California Zoroastrian Center in Los Angeles

Supported by: Chehreh Nama Magazine, and FEZANA Journal

First Place: \$300

Second Place: \$200

Third Place: \$100

Winning essays will be published in collaboration with

Chehreh Nama Magazine and FEZANA Journal

Submit to: www.czc.org/essay-contest or

zessayentry@yahoo.com

Contact: zessayentry@yahoo.com

By submitting you agree for Essay Contest organizer to publish and use your essay in any desired form.

Short Story Contest for Ages 13-18



2020 CALIFORNIA
ZOROASTRIAN CENTER

Short Story Contest

"How Zoroastrian teachings help to
resolve a challenging situation or achieve a goal."

"Write a story in which a Zoroastrian relies upon the teachings of the faith to help them resolve a challenging situation or achieve a goal."

2000-3000 words

Word format only

Rubric is provided at our website

Deadline: January 15, 2020

First place winner: \$300

Second place winner: \$200

Third place winner: \$100

A signed copy of "A Clawed and Feathered Spell" will be awarded to the winners

All stories begin with characters who desire something, but who face obstacles to getting what they want. Sometimes the obstacles are weaknesses inside the characters and other times the obstacles are forces outside the characters. Characters use their knowledge, will, beliefs and talents to try to overcome those obstacles. Because of their struggles, they are changed by their experiences.

Endorsed by: California Zoroastrian Center in Los Angeles (CZC-LA)

Supported by: Chehreh Nama Magazine, and FEZANA Journal

Sponsored by: Ms. Catherine Linka

Author of "A Clawed and Feathered Spell"

**Winning short stories will be published in collaboration with
Chehreh Nama Magazine and FEZANA Journal**

Submit to: czc.org/essay-contest or zessayentry@yahoo.com

Contact: zessayentry@yahoo.com

By submitting you agree for the Short Story Contest organizer to publish your short story in any desired form.

