

Zoroastrian Society of Ontario



Friday, May 5	11:00am	Seniors Event
Friday, May 5	6:00pm	Adult Avesta Class
Sunday, May 7	12:30pm	Scout's Meeting
Sunday, May 7	2:45pm	Children's Religious Classes
Friday, May 12 to		
Sunday, May 14	6:00pm	DIBC Scouts Camp
Saturday, May 13	6:00pm	Movie Night (see flyer)
Friday, May 19	11:00am	Seniors Event
Wednesday, May 24	7:00pm	Zarthost-no-diso (S)*
Thursday, May 25	6:00pm	Jashn-e-Khordadgan (F)
Saturday, May 27	11:00am	Scout's Masti Mazza Bazaar (see flyer)
Sunday, May 28	10:00am	Children's Religion Class – Annual Event
Friday, June 2	11:00am	Seniors Event
Friday, June 2	6:30pm	Adult Avesta Classes
Friday, June 2	7:00pm	Maidyarem Gahambar (S)*
Saturday, June 3	11:00am	Table Tennis Tournament
Sunday, June 4	10:30am	Homaji-ni-Baj (S)*
Sunday, June 11	11:00am	Pir-e-Sabz (F)
Friday, June 16	6:00pm	Meheraban Guiv Death Anniversary
Sunday, June 25	11:00am	Scout's Annual Picnic (see flyer)
Friday, June 30	11:00am	Seniors Event

Note: All events will be held at Mehraban Guiv Darbe Mehr unless otherwise specified. ZSO, as publisher, is not responsible for content and support of any flyers not issued by them.

*Please provide names for lunch to Ervad Hoshang Udvadia at 416-499-4957.

Mehraban Guiv Darbe Mehr Hours

Mon, Wed	4:30-8:30pm
Tues, Fri, Sat, Sun	9:00am to 12:00pm; 4:30pm to 8:30pm
Thurs	Closed

MEHRABAN GUIV DARBE MEHR

Telephone: (416) 225-7771

Address: 3590 Bayview Avenue
North York, Ontario M2M 3S6

www.zso.org



"Zoroastrian Society of
Ontario – ZSO"

President's Message

Based on suggestions made at our last AGM, the Board of the ZSO held its first Town Hall meeting on April 1st at our Darbe Mehr. There was a good exchange of ideas, and suggestions made by members will be reviewed by the Board on an ongoing basis. About fifty members attended, but we would have liked a larger turnout at this meeting..

ZSO directors hosted the Board of OZCF for a working dinner at the Darbe Mehr on April 11th. It was a good meeting and we targeted areas and events where both our organizations may work and hold more joint events for the benefit of our community across the GTA, and especially for our youth. While this Newsletter goes to press, our 100 Oakville and 100 Toronto Scout Groups will be holding their annual Link Camp at our Darbe Mehr. We wish our Scouts an eventful and fun-filled Camp, and we thank our Scout Leaders for their dedication in looking after our children and helping them to imbibe the spirit of Scouting that will help them to grow into good and responsible citizens of this great country, Canada.

It is heartening to note that various events organized by our several Committees including Seniors, Children Religion Class, Religion, Kanoun Council, Entertainment etc, are well attended and enjoyed by our members. Your continued participation at these events is essential not only to make them a success, but it also provides the energy and impetus to our volunteers to forge ahead with even more exciting events.

The next Annual General Meeting of the ZSO will be held at the Darbe Mehr on Sunday, July 16th at 11.00 am. In accordance with our Constitution and By-Laws, nominations are invited from members who wish to serve on the Board of Directors. The Nomination Form is included with this Newsletter, and the positions to be filled are those of President, Vice President, Secretary, Assistant Treasurer, Executive Officer 2 and Treasurer (who was recently appointed by the Board and whose term expires at the forthcoming AGM). This is a good opportunity for members, and especially for our youth, to volunteer their time, skills and expertise by stepping up on the Board. Please ensure that the Nomination forms are duly completed, enclosed in a sealed envelope addressed to ZSO Secretary, and returned by no later than 6:00 pm on Tuesday, June 13th.

It appears that global warming is responsible for the frequent fluctuations in weather conditions - more so than in previous years. Regardless, the cold season is (possibly!) well behind us, and we can look forward to warmer days ahead for enjoying the outdoors.

Russi Surti – ZSO President

ZSO Scholarship for High School Students

APPLICATION FOR SCHOLARSHIPS for the 2017 – 2018 School Year are Now Open. Please go directly to the ZSO website at www.zso.org for the application form. Deadline for application is July 22nd, 2017.

FEZANA Youth Mentorship Program

The Zoroastrian Youth of North America (ZYNA) committee is happy to announce a new **Zoroastrian Youth Mentorship Program!** The aim of this program is to help young Zarathushtis advance on their educational and professional trajectories. ZYNA is rolling out this program for the next academic year (2018-2019) application cycle.

We have now closed the survey for mentors to focus on identifying young Zarathushtis to join the program as mentees. Potential mentees are anybody who is planning to enter college or university in the next few years through early career professionals. **If you or someone you know are interested in joining the program as a mentee, please fill out the [mentee survey](https://goo.gl/forms/N4KUDSXdELrsv9Au1) by May 19 on <https://goo.gl/forms/N4KUDSXdELrsv9Au1>.**

We look forward to the community's support for young Zoroastrians. If you have any questions, please contact us at zyana@fezana.org.

100th Zoroastrian Scout Group – March Report

The Beavers, Cubs and Scouts were busy with badge work in the month of March. Congratulations to Beavers Niki Jahanisepehr, Ava Ogra and Ruzan Patel for completing the requirements for their investiture into the Beaver Colony. Our group also helped out with the cleaning of the Darbe Meher in preparation for the Fasli Muktaf held in March.

The Cubs were busy planning for the annual “Link Camp” with our sister Group, the 100th Oakville Zoroastrian Group. The Beavers were busy planning for a “P-J sleepover party” at the Ontario Science Center at end of the month. In addition to these events, the scouts have planned two additional fun summer events – the Masti Mazza Bazaar fundraiser to be held on Saturday, May 27th and of course our annual awards ceremony and picnic lunch on Sunday, June 25th. We hope that the community will once more come out and support the youths in their efforts to raise funds for our Jamboree held in July. Please see the attached flyers for event details and circle the dates in your calendars. We hope that you will come out in large numbers and support our youths.

We are currently seeking volunteers, preferably with some scouting experience, to join our Group as Leaders in order to assist the existing leaders. If you are interested in camping and outdoor activities and if you would like to have fun and serve our community, please contact our Group Commissioner Ferozshaw Ogra (ogra @ rogers.com) for details on becoming a volunteer leader.

Report submitted by Freddy Mirza

Health and Fitness

Zoroastrian Youth and adults are invited to join the sports and exercise classes arranged by our Iranian Cultural Kanoun on Sunday afternoons at the Langstaff Community Centre, 155 Maple Red Road, Richmond Hill, ON, L4B 4P9 (Telephone: 905-882-4295). Please note that the Avesta Class for children is conducted in Farsi.

Date	Basketball & Avesta - Gym 'B'	Volleyball – Gym 'C'
May 7 th	2:30 to 4:00	3:00 to 4:30
May 14 th	2:30 to 4:00	3:00 to 4:30
May 21 st	2:30 to 4:00	3:00 to 4:30
May 28 th	2:30 to 4:00	3:00 to 4:30

Aerobics Classes:

Held on Tuesday Evenings at the Darbe Mehr starting at 6:30 pm. Please contact Mehrtaj Kaviani for more details.

Self-Healing – Palm Yoga Classes

Mat and Chair Yoga Classes, Wednesday evenings from 6:30-8:00 PM, at the Darbe Mehr Hall. Please try to be on time – if you come late, or you need to leave early –please do so as quietly as possible.

Please continue to call or text Zubin @ 905-629-2985 to confirm attendance. Please wear ‘Loose-Waisted’ Yoga Outfits, as we do stomach exercises. Bring socks and a cover up to wear while under meditation. Dates for May are as follows: May 3, 10, 17, 24 and 31.

Seniors Rides

Rides will be available from Brampton and Mississauga on Fridays to attend Seniors Events. Anyone interested, do contact Daulat Divecha @ 647-344-0666 OR Katy Panthakee @ 647-347-3334.

Newsletter Requests

Please note that the deadline for receiving submissions for the ZSO newsletter is the 20th of each preceding month. Any materials received after this date will be published in the following newsletter.

Editor: Armaity Bamji (newslettereditor@zso.org) **Associate Editor:** TBD

Please note that all requests for inclusions in the ZSO NL should be emailed to newslettereditor@zso.org. Please copy Dara Panthakee at evp@zso.org for approval.

In an attempt to save postage and paper, the ZSO requests those who do not wish to receive the newsletter by mail or who wish to receive the newsletter online to please email your full name to secretary@zso.org. We encourage all members to consider this option.

The distribution or reproduction, in part or whole, of the Zoroastrian Society of Ontario's monthly Newsletters by any means or via any media, requires authorization by the Society's Board of Directors. Any unauthorized distribution or reproduction is strictly prohibited.

Miscellaneous

ZSO Contacts:

Emergency situations: Khushru Chothia (416) 677-7555

Messages on the auto-dialer: Dara Panthakee (416) 826-3298 or evp@zso.org

Renting MGDH hall (for post-funeral prayers/rituals or for private functions): Mashya Amroliwalla (647) 285-2105 or execofficer2@zso.org

Newsletter advertising rates:

Inserts: \$200

Quarter page/Business card: \$55

Half page: \$7

Full page: \$125

Miscellaneous two-liners: \$15

10% discount for 12 consecutive months of advertising.



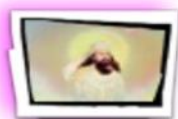
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Pearl K. Chothia # 416 917 7402
241 Kingscross dr, King City, On. L7B 1E7
Email: zstudies@hotmail.com
www.zstudies.com

اهنودگات - یسن ۲۲ - بند ۱۲

آنها با آموزش نادرست کوشش می کنند مردم را از انجام کار نیک و شایسته باز دارند و با گفتار فریبنده مردم را گمراه ساخته زندگانی آنها را تباه سازند. آنان در اثر کج اندیشی، گرگان درنده ای چون "گرهما" و "کرپان ها" را، بر راستان و پاکان برتری داده و برای هواخواهان دروغ آرزوی سروری می کنند ولی مزدا، خداوند خرد برای آنان کیفر سختی مقرر داشته است.



جشن خوردادگان (جشن جوانان) مجتهد

خرداد یشت چهارمین یشت اوستا است و جشن خوردادگان، جشنی در ستایش و گرامیداشت «خرداد» (= خورداد) که در اوستایی «هتوروتات» و در پهلوی «خُردات» خوانده می شود، و به معنی رسایی و تندرستی و کمال است و نام یکی از هفت امشاسپند در فرهنگ ایران می باشد.

در این یشت، به شفافیت بیان شده "که خداوند یاری و رستگاری و رامش و سعادت را از سوی امشاسپند خرداد به جوان پاک دین می بخشد".

روزگاران در پی یکدیگر می آیند و می روند و نسل ها با کوله باری از تجربه و عشق به زندگانی در پی آنند که این هدیه گرانبها را بدست نسل های جوان و برومند پس از خود بسپرد. در فرهنگ بالنده و پیش برنده زرتشتی که همواره به کوشندگان راه راستی ستایش شده است، جوانان از جایگاه بسیار بالا و ارزش مندی برخوردارند.

در بندهش؛ فردار، امشاسپند بانویی است که همراه با اسپندارمز و امرداد گروه سه گانه امشاسپند بانوان را تشکیل می دهند. نگهداری از آب ها در این جوان فویشکاری فردار است همچنین از گل سوسن به عنوان گل ویژه امشاسپندبانو فردار نام برده شده است. ...

جای دارد تا با سربلندی جشن خوردادگان را که جشن جوانان است را جشن بگیریم و این آداب پیشینیان را به نیکویی به یاد همگان آوریم. بیایید با یکدیگر، تلاشهای پی در پی و دست آوردهای جوانانمان را پاس بداریم و با این جشن، سپاسگزاری از جوانانمان را به دیگر جوامع انسانی گوشزد نماییم. باشد که این حرکت کوچک، یک سپاسگزاری از تلاش ها و دست آوردهای فرزندان تلاش گرمان برای ساختن آینده ای فراتر از نسل های پیشین و بهتر برای نسل های در حال زندگی باشد.

گروههایی ماهیانه بانوان

بانوان زرتشتی در اولین سه شنبه هر ماه از ساعت ۱۰ تا ۱۲ ظهر در درج مهر مهربان کیو کرد هم می آیند. شرکت برای همگان آزاد می باشد.

تماس با ما

انتقادات، نظرات و پیشنهادات سازنده خود را با ما با آدرس kanoun@zso.org و یا با شماره ۸۴۹-۲۹۲۶-۶۴۷ در میان بگذارید.

سدره پوشی همگانی

کانون فرهنگی (زرتشتیان اونتاریو) در مال برنامه ریزی برای برگزاری سدره پوشی همگانی می باشد. از دوستدارانی که مایل هستند خود یا فرزندانشان سدره پوش شوند و در این آیین و تعهد اجتماعی باستانی همآزور باشند، با مهترتاج کویانی با شماره ۸۸۹-۲۲۷-۴۱۶ یا ایمیل mehrtajk@hotmail.com و یا اعضای دیگر کانون تماس بگیرید. شایسته است به آگاهی رسانده شود که آموزش های بایسته برای افراد پیش بینی خواهد شد.

Zoroastrian Iranian Cultural Kanoun in Ontario, is planning a group Sedreh Pooshi. Anyone interested in participating in this tradition for themselves or their loved ones is invited to contact Mehrtaj Kaviani at (416) 227- 0889 - mehrtajk@hotmail.com or any Iranian Kanoun's members.

ورزش و سلامتی

Date	Basketball & Avesta Gym 'B'	Volleyball Gym 'C'
7 - May	2.30 - 4.00	3.00 to 4.30
14 - May	2.30 - 4.00	3.00 to 4.30
21 - May	2.30 - 4.00	3.00 to 4.30
28 - May	2.30 - 4.00	3.00 to 4.30



همانگونه که آگاهی دارید ورزشهای سالنی
والیبال در مجتمع فرهنگی ورزشی
(Langstaff) در روزهای یکشنبه هر هفته



برپا می باشد. دیداری با دیگر همکیشان داشته و با ورزش کردن سلامتی خود را بیمه نمایید.

شرکت کنندگان والیبال نیز در رده سنی جوانان و بزرگسالان ساعات شادی را همراه با ورزش با یکدیگر سپری می کنند.

یوگا خنده و سلامتی

با برنامه ریزی انجام گرفته و با همکاری دکتر بهرام جم، یک دوره کلاسهای یوگا در روزهای سه شنبه از ساعت ۶:۳۰ - ۷:۰۰ پسین در سالن مهربان گیو برگزار می گردد.
در ادامه نیز از ساعت ۷:۰۰ - ۸:۰۰ پسین کلاسهای آیروبیک و بدن سازی به سرپرستی و همیاری خانم فرانک فروهری (تهمورث زاده) برگزار می گردد.

شرکت برای همگان رایگان می باشد.

همچنین آموزش دینی همراه با تمرین بسکتبال برای جوانان سنین ۱۲ - ۸ سال در همان مکان برپا می باشد.
کودکان ۸ - ۶ سال نیز جهت یادگیری آموزشهای دینی می توانند از ساعت ۳/۵ - ۳ بعد از ظهر در سالن B باشند (حاضر) شوند.

تورنمنت ورزشی - تنیس روی میز (پینگ پونگ)

گروه جوانان انجمن زرتشتیان آنتاریو (ZSO) یک دوره مسابقه تنیس روی میز برای همه گروههای سنی در درب مهر مهربان گیو برنامه ریزی نموده است.

زمان: شنبه سوم ژوئن ۲۰۱۷ - ۱۱ صبح تا ۶ پسین (نام نویسی ساعت ۱۱ صبح)
ورودی: ۱۰ دلار برای مسابقه (شامل نوشیدنی و تنقلات)

گروه بندی: دختران و پسران زیر ۱۵ سال، مردان انفرادی، زنان انفرادی، دونفره
برای نام نویسی می توانید به یکی از این افراد آگاهی رسانی نمایید:

Mahiyar Panthaky -> mpanthaky@gmail.com

Mitra Jam -> mitrajam@gmail.com

Zamyad Meherji -> zamyad.m@gmail.com

گزارشی تصویری از گردش تفریمی دالاش آموزان

کلاس اوستا





ZOROASTRIAN SOCIETY OF ONTARIO

3590 BAYVIEW AVENUE, TORONTO, ONTARIO M2M 3S6

MEMBERSHIP FORM

Membership Application: ☐ Renewal ☐ New Member Membership Year April 1st 20____ - March 31st 20____

Membership Category/Fees

<input type="checkbox"/> Family	<input type="checkbox"/> Individual	<input type="checkbox"/> Student	<input type="checkbox"/> Senior	<input type="checkbox"/> Family senior
Includes children under the age of 18	Non-student over age 18	Full time student, age 18-25	Age 65 and over	Both spouses age 65 and over
\$100	\$60	\$30	\$30	\$50

Applicant Information

Last Name: _____ First Name: _____
Spouse Last Name: _____ Spouse's First Name: _____
Address: _____ Apartment/Suite# _____
City: _____ Province: _____ Postal Code: _____
Home Phone: (____) - ____ - ____ Cell Phone: (____) - ____ - ____
Email: _____ Age: _____ Signature _____

Dependent Information:

First & Last Name	Age

Select your communication methods: Auto dialer (US & Canada), E-Mail and SMS Messages (SMS within Canada Only)

Auto dialer voice messages: ☐ Home ☐ Cell ☐ Spouse Cell: _____

SMS Messages: ☐ Yes ☐ No

Newsletter: ☐ Email ☐ Spouse Email: _____ ☐ Regular Mail

☐ I (we) wish to provide donation - Onetime \$ _____ or ongoing \$ _____ per: _____

Total Enclosed: Cash \$ _____ Cheque \$ _____

(All cheques payable to "Z.S.O." and mailed to Attn: ZSO Secretary (Membership Form) 3590 Bayview Avenue, Toronto, ON, M2M 3S6)

☐ I have reviewed the ZSO Constitution & Bylaws* and agree to abide by them (*available on the ZSO website zso.org)

NEW MEMBERS must be introduced by two ZSO members in good standing and approved by the ZSO Board of Directors

Existing ZSO Member

Print Full Name _____

Signature _____

Existing ZSO Member

Print Full Name _____

Signature _____

Approved by the ZSO BOD

☐ Yes ☐ No

Signature _____



NOMINATION FORM - 2017

(Please print or write clearly and complete all sections on both sides of this Form)

We, the undersigned, being members in good standing of the Zoroastrian Society of Ontario (ZSO), nominate the following member of ZSO who is a permanent resident of Ontario

_____ of _____,
(Name of member nominated) (City)

for election to serve on the Executive Committee as:

(Position)

Dated at _____ this _____ day of _____, 2017.
(City) (Date) (Month)

(Proposer's Name)

(Proposer's Name)

(Proposer's Signature)

(Proposer's Signature)

I, _____ (Nominee), consent to this Nomination, and agree to abide by the Constitution and By-laws of the ZSO and all Resolutions passed by the members of the ZSO at all General Meetings.

(Nominee's Signature)

Please Note:

1. For this nomination to be valid, it must be delivered to the attention of the "ZSO Secretary" before 6:00 p.m. on Tuesday, June 13th, 2017, at the registered office of the ZSO.
2. The Nominee must complete the Bio-data Form overleaf.
3. The Nominee and the Proposers must be members in good standing (up to date with their Membership Fees) on the date that this Nomination Form is signed.

(P.T.O.)

ZOROASTRIAN SOCIETY OF ONTARIO

NOMINEE'S BIO-DATA FORM - 2017

Nominee's Name: _____

Member of ZSO since: _____

**Past Social/Community
Activities:** _____

Education Background: _____

**Professional Background/
Occupation:** _____

**Objectives I'd like to
achieve if elected:** _____

Dated: _____, 2017

(Signature of Nominee)

(P.T.O.)

Saturday, MAY 13th, 2017

6 pm Onwards



At Mehraban Guiv Darbe Mehr,
3590 Bayview Ave, Toronto.ON. M2M 3S6

Price \$10 Members
\$12 Non Members
(under 5 yrs FREE)



Please give your names for Dinner to Guloo Bharucha # 905 475 8894

Mail cheques to: 24 Trafford Crescent, Markham.ON.L3R 7H9
Cheque Memo: Please mention 'Movie Night'

100 Toronto Scouts Group Presents

MAY
27
2017

MASTI MAZZA BAZZAR



Hot & Cold Beverages



Lots of Yummy Food



Henna



Fun & Games

*Games *Craft *Competition *Face Painting *Henna & Much more

FUN EVENT FOR ALL

11am - 3pm @ Darbe Mehr
3590 Bayview Ave, Toronto. ON M2M 3S6

\$2 Entrance
Kids Under 5yrs FREE
Vendor Tables \$25 +
25% of the proceeds towards CJ Funds

FOR MORE INFO CONTACT: SHIRAZ # 416 371 3704
TO BOOK YOUR TABLES EMAIL: ASBULSARA@GMAIL.COM

ZSO Youth and Sports Committee present a Table Tennis Tournament for all ages!

COME OUT AND SHOW OFF YOUR SKILLS!!

When: Saturday, 3-June-2017

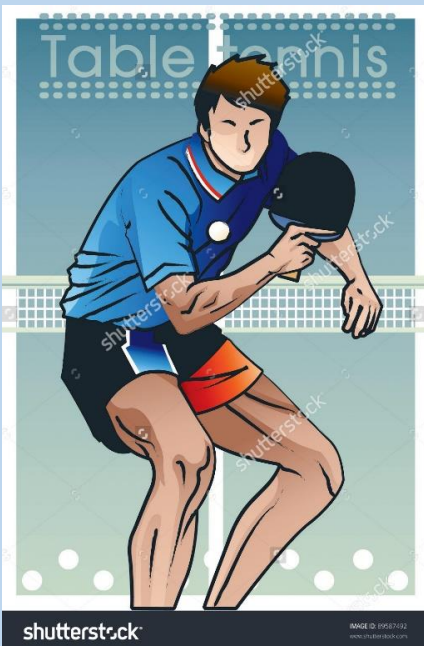
Time: 11:00 AM- 6:00 PM (Registration @ 11:00 AM sharp)

Cost: \$ 10 tournament entry fee (includes snacks and drinks)

Where: Darbe Mehr, 3590 Bayview Avenue

Categories:

- 1) Age Under 15 singles (boys and girls mixed)*
- 2) Mens Singles*
- 3) Womens Singles*
- 4) Mixed Doubles*



Please register for tournament by emailing (one or more of the following):

- Mahiyar Panthaky mpanthaky@gmail.com
- Mitra Jam mitrajam@gmail.com
- Zamyad Meherji (zamyad.m@gmail.com)

All Names to be received by April 30th to book your spot in the tourney!!

100 Toronto First Zoroastrian Scout Group

&

ZSO Entertainment Committee

Would like to invite the entire Zoroastrian Community to join us

Celebrate our Annual Awards & Picnic Day

PRIZES

YUMMY FOOD



FUN GAMES

ACTIVITIES



**At : Woodland Trails - Beaver Meadows
14919 Kennedy Rd, Stouffville. ON.
North of Bloomington on Kennedy Rd.**

Sunday, 25th June 2017 11 am onwards

Bring along lots of food for all to share & enjoy & build our community spirit



Tea & Watermelon will be provided courtesy 100 Toronto Scout Group

