

February 2017

Volume 43, Number 8

Zoroastrian Society of Ontario

Events for the months ahead...



Friday, February 3	6:30pm	Adult Avesta Classes
Saturday, February 4	6:00pm	Family Bingo Night
Wednesday, February 8	7:30pm	Interfaith Mosaic Meeting
Friday, February 10	11:00am	Seniors Event
Saturday, February 11	7:00pm	Scout's Valentine's Party (see flyer)
Sunday, February 12	10:30am	Paitishahem Gahambar (S) Lunch*
Monday, February 13	6:00pm	Porseh Hamegani (F)
Friday, February 17	6:00pm	Jashn-e-Esfandegan (F)
Friday, February 24	11:00am	Seniors Event
Sunday, February 26	2:45pm	Children's Religion Classes
Friday, March 3	6:30pm	Adult Avesta Classes
Sunday, March 5	2:45pm	Children's Religion Classes
Friday, March 10	11:00am	Seniors Event
Saturday, March 11	11:00am	Muktad Clean-Up
Sunday, March 12	10:30am	Ayathrem Gahambar (S) (Chasni) **
Sunday, March 12	5:00pm	Bazaar Noroozi
Sunday, March 19	7:00pm	Hamaspathmaidyem Gahambar (F)
Tuesday, March 21	6:30pm	Nowroz Jashan and Dinner **
Friday, March 24	11:00am	Seniors Event
Friday, March 24	7:00pm	ZSO/OZCF Navroze Function (see flyer)
Sunday, March 26	11:00am	Khordad Sal/Zayesh-e-Zarthost (F)

Note: All events will be held at Mehraban Guiv Darbe Mehr unless otherwise specified. ZSO, as publisher, is not responsible for content and support of any flyers not issued by them.

*Please provide names for lunch to Ervad Hoshang Udvadia at 416-499-4957.

**Please provide names for dinner to Guloo Bharucha at 905-475-8894.



"Zoroastrian Society of
Ontario – ZSO"

MEHRABAN GUIV DARBE MEHR

Telephone: (416) 225-7771

Address: 3590 Bayview Avenue
North York, Ontario M2M 3S6

www.zso.org

BOARD OF DIRECTORS REPORT.

We all ushered in the New Year with parties and other celebrations with family and friends. ZSO also held its annual signature Khushali nu Jashan event on 22nd January to welcome the New Year and to seek the blessings of the good Lord Ahura Mazda for the year ahead. The event was well attended with 165 members participating. The Prayers were followed by an inspiring lecture by Kersi Shroff of Washington DC, a learned theologian and a long time FEZANA member. The Lecture that provided ample food for thought, was followed by a sumptuous Lunch of Pulao-Daar, etc prepared by our super Chef Percy Daruwalla and his merry band of volunteers. It was relished by all, and the only comment was that we had to search for rice in the abundance of Lamb – wonderful, keep it coming! Our sincere thanks to ZSO's Entertainment Committee for yet another successful event.

Please review and mark dates on your calendars for events to be held at our Darbe Mehr, as mentioned in our monthly Newsletters. Please participate in large numbers and encourage and compliment the hard work of so many volunteers. The ZSO library has been receiving some additional literature, and please stay tuned for further details.

Due to the aging demographics of our membership, we have unfortunately been witnessing a high number of bereavement announcements in recent months. Our thoughts and prayers are with the bereaved families.

Enjoy and keep safe for the remainder of the Winter.

Congratulations to our dear Ervad Jehan Bagli!

FEZANA's highest award is **The Lifetime Achievement Award** which recognizes a highly-respected North American Zarathushti, who through his/her personal achievements and meritorious service has brought recognition to the Zarathushti community worldwide.



On the occasion of the 30th Anniversary Celebration, FEZANA is honored to announce that Ervad Dr. Jehan Bagli has been awarded this Lifetime Achievement Award.

The award is given to Ervad Dr. Jehan Bagli, a highly respected North American Zarathushti and a scientific scholar, who through his professional excellence, personal achievements and meritorious community service has brought recognition to the Zarathushti community in North America and the world over.

The award will be presented to Ervad Dr. Jehan Bagli at the FEZANA 30th Anniversary and ZAH Legacy Scholarship 10th Anniversary Gala on Saturday, April 29, 2017 in Houston, Texas. The Gala will take place as part of the FEZANA Annual General Meeting weekend.

To read more about Jehan Bagli, please go to the [FEZANA website](http://www.fezana.org).

FEZANA Logo Competition

In 2017, the Federation of Zoroastrian Association will celebrate 30 years of its founding. To mark the occasion, FEZANA announces a competition to design a logo for the organization. The new logo will become the official logo of FEZANA and will be used on FEZANA website, social media sites, business cards, letterhead, posters, souvenir trinkets and gifts, or anywhere else FEZANA chooses. The contest is open to citizens of any country. The contest is not open to FEZANA Executive Council members, Members of the judging panel and their immediate family members.

The contest closes at 11:59 p.m. February 28, 2017 US Pacific Standard Time. The winner(s) will be selected and announced at the unveiling of the logo at the FEZANA 30th Anniversary Gala in Houston on Saturday, April 29, 2017. All entries must be submitted electronically to FEZANA by email at logo@fezana.org. For more details please visit <https://fezana.org/logodesign/>.

Sports Night – January 2017



We had our first Sports Night for the year 2017. In spite of the freezing weather, ZSO and Kanoun had an amazing combined Sports Night on Saturday, Jan 7, 2017, at the Darbe Mehr.

We were happy to see many youth, who braved the Canadian winter.

We had a few tables for playing cards, Sudoku, Table tennis as well as Carom which everyone enjoyed playing. We had a lot of music too playing in the background.



There were snacks too which was Chips and Coke.

For Dinner we had our finger licking Butter Chicken and Rice and ended it with sweet dish of Mango Ice cream.

A Big Thank You to all who attended. Hope to see you all soon for our next Sports Night.

Khushali nu Jashan 2017



The Jashan prayers were recited by Ervad Hoshang Udvadia, Ervad Jehan Bagli, Ervad Mehbad Dastur and Ervad Noshir Mirza. Followed with a Hum Bandagi by Ervad Bomansa Kotwal.

We would also like to thank Mr.Kersi Shroff from Washington D.C for his lecture on **Zoroastrianism in Academic Literature: A Report on an 'Insider/Outsider' Divide in Scholarly Writings.**

We had a strong crowd of 170 community members who stayed on for the mouth watering lunch that was prepared by our very own Percy Daruwala and his team, Kudos to all their hard work. The menu for this year's Khushali nu Jashan was Mutton pulao, Dhansak Dal, Tandoori Chicken and Kachumber. For the vegetarians, menu was saffron paneer pulao.



For the sweet dish, we had Gulab Jamuns. We would like to take this opportunity to Congratulate the Entertainment committee for all the amazing hard work and taking the responsibility of seeing that every function is a success.



Mozaic Interfaith Event – Celebrating Martin Luther King Jr.



On Sunday, January 15th, the Darbe Mehr held a gathering of over 100 people representing more than 12 Faith Groups in the Toronto Interfaith Mozaic.

The event started with a few words on Zoroastrianism by Sam Vasuna, followed by a welcoming speech from President Russi Surti.

Representing our youth, Tanya Bharda gave a short biography on the Life and Teachings of Martin Luther King Jr.

The main Speaker for the event was Professor Jamil Jivani, Visiting Professor at Osgoode Hall Law School, Toronto. Professor Jivani gave a very interesting talk on how MLK's Life and Teachings influenced and

even changed the Social and Cultural attitudes towards minority groups, not only in the United States but around the world. MLK had met with Mahatma Gandhi whose principles of non-violence, greatly influenced Martin Luther King's struggles for Freedom and Tolerance. Professor Jivani further emphasized, that "Societal Change" cannot be made just by legislation, politicians or the government but by a (sea of) change within the hearts and minds of the population at large. He offered some useful suggestions on how this could be achieved.



A Q & A session followed, with some very interesting and pointed questions from attendees, very ably and fully answered by the Speaker. This was followed by a short tour of the Darbe Mehr premises was given attendees in small groups with short explanation on the History, Culture and Religious aspects of Zoroastrianism.

Many thanks to the little Cubs and Scouts from 100 Toronto who very enthusiastically assisted in the entire proceedings, the Mosaic Committee Members and the ZSO Interfaith Committee for all their help in making this a very successful event.



Burial Plots at Glen Oaks Memorial Gardens, Oakville, Ontario

Approximately 26 years ago, Zoroastrians were able to purchase a parcel of land 20' by 20' at Glen Oaks Memorial Gardens in Oakville to have as a scattering ground for the ashes of our departed ones. This was made possible thanks to a bequest of \$10,000 made by Coomi (Aunty) Bhatena. 45 plots surrounding our scattering ground had been reserved for our members to purchase with each plot being roughly 3.5 by 9 feet.

Currently, nine burial plots within the Zoroastrian section remain to be purchased. The current cost to purchase a plot is \$4,975. Glen Oaks will sell off the remainder of plots with other (non-Zoroastrian) associations already having indicated their interest. Price increases are inevitable and will continue occurring. It makes good sense to lock in at today's prices.

If interested, please contact Sean Doyle at Glen Oaks Funeral Home at (905) 257-1100 x232, or on his cell at (416) 315-3193 for more detailed information.

The 2017 FEZANA Annual General Meeting is fast approaching and it is now time to prepare for elections of FEZANA Officers for a new term. Hence, this correspondence is a call for Nominations of FEZANA Officers.

Please find on the link below the nomination form for the election of the following FEZANA Officers:

2017-2019 Term of office: 1) Vice President 2) Secretary

2017-2018 Term of office: 1) Treasurer

The deadline for receiving all nominations is midnight (US EST) on February 15, 2017.

The results of the elections will be announced on April 28th at the 2017 AGM in Houston, TX.

Please note that only those associations in the membership lists, whose membership dues form and payments for their 2017 membership dues have been received, will be eligible to participate in nominating and voting as per terms of the FEZANA Constitution. Please do not hesitate to contact me should you have any questions. Please go to link below to download the Nomination Form.

Percy M. Master

FEZANA Secretary

https://fezana.org/wp-content/uploads/2017_FEZANA_Officer_Nomination_Form.pdf

Christmas Break 2016 - Beyond Uniting Zoroastrian Youth

Winter break is both a blessing and a curse. It is a blessing in the way the kids get to relax, temporarily forget about the stresses of school and spend more time with family. It is also a curse in the way that kids get bored, lazy and spend more time attached to their phone and tablet screens. The lack of routine sparks this newfound unproductivity, two weeks of freedom equates to too much time and not enough things to do. The Winter Zoroastrian Youth Events were organized by the ZSO and implemented by Zoroastrian university students, Negin & Negar Khosraviani, Keshvar Merchant and Nadia Jam, who sought to unite Zoroastrian youth in an empowering, enjoyable and creative environment.



There were four events in total, December 27th & 30th and January 3rd & 5th and took place from 11am to 2pm at Darbe Mehr Guiv. Apples, tangerines, popcorn, cookies, pasta and veggie lasagna were served along with the playful activities the events had in store. A dozen youth aged from 2 to 14 years of age would willingly participate and be eager to know what games were planned for the day. In fact, the youth enjoyed themselves so much the first time that they began calling the event, “Funday”. This only made the time, energy and effort put into the organization of it all that much more worthwhile and gratifying. Their favourite game was “Oger”, “Murder Wink” and “Key Thief”, the youth would beg to stay longer as the three hours never seemed to be enough time to make positive memories and catch up with friends.

Did I forget to mention that “Funday” was also a digital free zone? This meant that the participants were told to leave their cellphones at home or at least out of sight. The purpose of the event began as a way to get youth together while fulfilling their weekly quota of imagination. However it undoubtedly ended up being a way to show youth the value and significance of leisure unassociated with social media and video games. There is nothing more important to the intellectual and emotional youth development other than raw, natural and undistracted social interactions. We look forward to more Youth Events that encourage individuality and the beauty of keeping the Zoroastrian community close and connected.

By Nadia Jam

ZSO – Youth and Sports Committee - Events

Ice Skating at Toronto Harbourfront Centre on Saturday, Jan. 21st, was attended by 30 people of all ages. DJ Medicineman entertained us with music from around the globe. Many of the youth came out to meet new people and make new friends. The ZSO Sports and Youth Committee hope you can join us for future events.



Art Gallery of Ontario – First Thursdays

Zoroastrian Society of Ontario - Youth and Sports Committee invites you all to join us for First Thursdays at Art Gallery of Ontario (AGO) on Thursday, Feb. 2nd at 7 PM. Advance tickets need to be purchased for this event. This is only open to ages 19 and above. If you have a love for art and would like to see the rotating collection on now with Monet and Van Gogh, then please do sign up and join us. There will be performances, food and a cash bar. You can also tour the AGO. We will meet in the front lobby of the AGO at 7 PM. Please be on time.

For tickets, there are 2 options for First Thursdays and there is a discount on tickets purchased in advance. (AGO Members, please check the website for your options). <http://www.ago.net/firstthursdays>

AGO FIRST THURSDAYS: SHAPESHIFTERS 7– 11:30 pm - 19+ (ID required)/Cash Bar

Advance Tickets: \$13 Non members/\$11 AGO Members

At the door: \$16 Non members/\$14 AGO Members

FIRST THURSDAY ADMISSION + EXHIBITION ENTRY to Mystical Landscapes: Monet, Van Gogh and more

Advance Tickets: \$23 Non-Members / \$11 AGO Members*

At the Door: \$26 Non-Members / \$14 AGO Members

The Exhibition is open from 7PM to 9:30PM only. Last entry time will be 9PM.

*Advance ticket purchase is strongly recommended. First Thursdays consistently sell out, and tickets are not held back for at-the-door purchase.

Write for a Better World – World Literacy Canada Contest

What is it? A nation-wide writing contest open to students in **grades 5-8** across Canada.

What are the awards?

Top 10 Award Winners:

- Become published authors in a collectable magazine and online!
- Receive a copy of Melanie Florence's *Missing Nimâmâ*
- World Map!
- World Literacy Canada swag!

Top 9 Finalists:

- \$50

Grand Prize Winner:

- \$500
- One-on-one Skype time with Melanie Florence!

When is the deadline? April 1st, 2017

Please contact us at write2017@worldlit.ca if you would like further information.

Visit our website, <http://www.worldlit.ca/canada-programs/write-for-a-better-world/> to stay up to date on contest details, find teaching resources, and submit entries.

Continuing Education – OSAP for Mature Students

Mature Students Could Qualify for Free Tuition with New OSAP Program.

The new OSAP will make average tuition free for students, including mature students and adult learners, whose family income is less than \$50,000 per year. Students with children may be eligible to receive OSAP funding for child care costs, and students from higher-income families will also benefit from more generous grants and loans.

Ontario has also launched a new online calculator at Ontario.ca/osap to allow students to find out instantly whether they qualify for free tuition or other grants from the province.

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Please go to link below for further details.

<https://www.ontario.ca/page/osap-ontario-student-assistance-program>

100th Toronto-First Zoroastrian Scout Group - January 2017 Report

We would like to welcome Dilnaz Garda as a Beaver Leader and Ferzin Mahava as a volunteer.

Dilnaz was a Scout and a Venturer in our Group and was also involved with the ZSO's Youth Committee during the '90s.

Ferzin is from Ottawa and is presently studying at the Chiropractic College in Toronto.



On December 4th 2016, the entire Group went skating at the Milliken Mill Community Centre in Markham. After skating, they came to the Darbe Meher to have a "Party". The main hall was beautifully decorated by Scout Leader Shiraz with help from our newest volunteer Ferzin. Everyone enjoyed pizza. Many thanks to all the leaders and the parents and special thanks to Scouter Pearl Chothia for arranging the skating and to Scouter Shiraz and Ferzin for the decorations at the Darbe Meher.

We are currently seeking volunteers with scouting experience to join our Group as new leaders working to support our existing leaders. If you are interested in camping, outdoor activities and like to have fun while serving our community, please contact our Group Commissioner Ferozshaw Ogra ([ogra @ rogers.com](mailto:ogra@rogers.com)) for details.

Please come and join us in the Valentine Day Fund Raising Dance on Saturday, February 11 at the Darbe Meher Tickets are selling fast. (See the attached flyer for details). The entire amount will be used to subsidize 13 scouts and 4 leaders and to buy the equipment for the Canadian Jamboree in Halifax, NS from July 7th to 15th, 2017.



Accommodation Available

Looking for a Zoroastrian single person for a Newly renovated basement 1 bedroom , fully equipped kitchen and open concept living room available for rent \$950, plus 25% monthly utility bills.

Green Lane/ Bayview Avenue near York region bus stop. Please contact Bahram at 416-819-0977

Births

A baby girl, Layla born to Farah and Piran Commissariat on January 16th. Proud grandparents : Kashmira and (late) Eruch Commissariat of Mumbai and Dara Panthakee and Katy Panthakee of Toronto. Niece to Zenobia Mistry of Perth, Australia and Cyrus Panthakee. Congratulations to the proud parents.

Condolences

Jamshed Pestonji Sethna on January 5th in Toronto. Husband of Prochi, father of Kairas and May Sethna, grandfather of Emrald, brother of Fram & Yasmin Sethna, brother-in-law of Kheki, Dhunji, Pervin & Soli Patel.

Maneck Byramji Javat on January 16th in Karachi. Husband of Katy Javat, father of Mahveer Javat, Khursheed Kotwal and Byramji Javat. Condolences: Mahveer, javat@rogers.com, Khursheed, kotwal.khursheed@gmail.com

Keki Rustomji Bharucha on January 19th in Toronto. Brother of Nanu Bharucha of Ottawa.

Motla Tehmuris Anklesaria on January 20th in Toronto. Wife of late Tehmuris Anklesaria, mother of Soonu Jehangir Darabshaw of Mumbai and Perin Adil Panthakee of Toronto. She was the grandmother to Aimy and Farokh Panthakee of Toronto.

Mrs. Mani Kanga, on Sunday, January 22, 2017. Wife of Edul Kanga, mother of Sam & Faroukh Kanga and grandmother to their five children.

Zoroastrian Youth and adults are invited to join the sports and exercise classes arranged by our Iranian Cultural Kanoun on Sunday afternoons at the Langstaff Community Centre, 155 Maple Red Road, Richmond Hill, ON, L4B 4P9 (Telephone: 905-882-4295). Please note that the Avesta Class for children is conducted in Farsi.

Date	Basketball & Avesta - Gym 'B'	Volleyball - Gym 'C'
5 – Feb	2:30 to 4:00	3:00 to 4:30
12 – Feb	2:30 to 4:00	3:00 to 4:30
19 – Feb	2:30 to 4:00	3:00 to 4:30
26 – Feb	2:30 to 4:00	3:00 to 4:30

Miscellaneous

In an attempt to save postage and paper, the ZSO requests those who do not wish to receive the newsletter by mail or who wish to receive the newsletter online to please email your full name to secretary@zso.org. We encourage all members to consider this option.

Contacts:

Emergency situations: Khushru Chothia (416) 677-7555

Messages on the auto-dialer: Dara Panthakee (416) 826-3298 or evp@zso.org

Renting MGDH hall (for post-funeral prayers/rituals or for private functions): Mashya Amroliwalla (647) 285-2105 or execofficer2@zso.org

Newsletter advertising rates:

Inserts: \$200

Quarter page/Business card: \$55

Half page: \$75

Full page: \$125

Miscellaneous two-liners: \$15

10% discount for 12 consecutive months of advertising.



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Seniors Rides

Rides will be available from Brampton and Mississauga on Fridays to attend Seniors Events.
Anyone interested, do contact Daulat Divecha @ 647-344-0666 OR Katy Panthakee @ 647-347-3334.

Health and Fitness Classes

Aerobics Classes:

Held on Tuesday Evenings at the Darbe Mehr starting at 6:30 pm. Please contact Mehrtaj Kaviani for more details.

Newsletter Requests

Please note that the deadline for receiving submissions for the ZSO newsletter is the 20th of each preceding month. Any materials received after this date will be published in the following newsletter.

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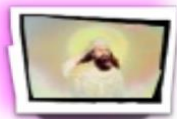
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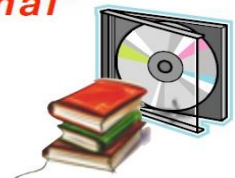
Please note that all requests for inclusions in the ZSO NL should be emailed to newslettereditor@zso.org. Please copy Dara Panthakee at evp@zso.org for approval.

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اهنودگات - یسن ۳۲ - بند ۹

آموزگار کج اندیش تعالیم مذهبی را تحریف کرده و با آموزشهای نادرست خود انسان را گمراه و از هدف اصلی و واقعی زندگی منحرف می سازد. او انسان را از توجه به سرمایه گرانهای راستی و اندیشه پاک باز می دارد. ای خداوند خرد و ای مظهر پاکی و راستی با سخنانی که از قلب و روح تراوش می کند به درگاهتان گله کرده و پناه می جویم.

جشن اسفندگان خجسته باد



جشن اسفندگان (سپندارمذگان) یکی از جشن‌های ایرانی است که امروز زرتشتیان آنرا در روز اسفند (سپندارمذ - پنجمین روز) از ماه اسفند (سپندارمذ) برابر با بیست و نهم بهمن در گاهشماری خورشیدی برگزار می کنند. ایرانیان باستان این روز را روز بزرگداشت زن و زمین می دانستند.

واژه فارسی "اسفند" در زبان فارسی امروز، از واژه پهلوی سپندارمات (Spandarmat) و اوستایی سپنته آرمئی تی (Spenta-Armaiti) بر گرفته شده است.

در این روز مردان به همسران خود هدیه می دادند. مردان زنان خانواده را بر تخت شاهی می

نشاندند و از آنان اطاعت می کردند و به آنان هدیه می دادند. این یک یادآوری برای مردان بود تا مادران و همسران خود را

گرامی بدارند و چون یاد این جشن تا مدت‌ها ادامه داشت و بسیار باشکوه برگزار می شد همواره این آزر و احترام به زن برای مردان گوشزد می گردید.

این جشن را با نام‌های جشن برزیگران هم نامیده‌اند. در روز اسپندگان چند جشن با مناسکی به خصوص برگزار می شده است. نخستین آنان جشن مردگیران یا جشن مزدگیران بود که ویژه زنان بود. در این روز مردان برای زنان هدیه می خریدند و از آنان قدردانی می کردند. امروزه نیز بیشترین جنبه مورد تأکید در اسپندگان قدردانی از زنان است.

می ستاییم این زمین را، می ستاییم آن آسمان را،

می ستاییم روان‌های جانوران سودمند را،

می ستاییم روان‌های مردان پیرو راستی را،

می ستاییم روان‌های زنان پیرو راستی را،

در هر سرزمینی که زاده شده باشند،

مردان و زنانی که برای پیروزی آیین راستی کوشیده‌اند،

می کوشند و خواهند کوشید

اوستا - فروردین یشت - بند ۱۵۳ و ۱۵۴

دهشمندان

فانم هما (رشیدی بنامگانه (روانشاد پدر گرامیش گودرز رشیدی مبلغ ۲۵۰ دلار به کانون ایرانیان (زرتشتی) اناریو کمک نموده اند تا در جهت گسترش فعالیت‌های ورزشی جوانان هزینه گردد.

پاداش نیک فیراندیشان را از اهورامزدا فواستاریم

گردهمایی ماهیانه بانوان

بانوان زرتشتی در اولین سه شنبه هر ماه از ساعت ۱۰ تا ۱۲ ظهر در درب مهر مهربان کیو گرد هم می آیند. شرکت برای همگان آزاد می باشد.

تماس با ما

انتقادات، نظرات و پیشنهادات سازنده خود را با ما با آدرس kanoun@zso.org و یا با شماره ۶۴۷-۸۴۹-۲۹۲۶ در میان بگذارید.

سدره پوشی همگانی

هما زور بیم هما زور هما اشو بیم

کانون فرهنگی (زرتشتیان اونتاریو) در حال برنامه ریزی برای برگزاری سدره پوشی همگانی می باشد. از دوستدارانی که مایل هستند خود یا فرزندان شان سدره پوش شوند و در این آیین و تعهد اجتماعی باستانی هم‌زور باشند، با مه‌رتاج کویانی با شماره ۰۸۸۹-۲۲۷-۴۱۶ یا ایمیل mehrtajk@hotmail.com و یا اعضای دیگر کانون تماس بگیرند. شایسته است به آگاهی رسانده شود که آموزش های بایسته برای افراد پیش بینی خواهد شد.

Zoroastrian Iranian Cultural Kanoun in Ontario, is planning a group Sedreh Pooshi. Anyone interested in participating in this tradition for themselves or their loved ones is invited to contact Mehrtaj Kaviani at (416) 227- 0889 - mehrtajk@hotmail.com or any Iranian Kanoun's members.

یوگا خنده و سلامتی

با برنامه ریزی انجام گرفته و با همکاری دکتر بهرام جم، یک دوره کلاسهای یوگا در روزهای سه شنبه از ساعت ۶:۳۰ - ۷:۰۰ پسین در سالن مهربان گیو برگزار می گردد.
در ادامه نیز از ساعت ۷:۰۰ - ۸:۰۰ پسین کلاسهای آبروییک و بدن سازی به سرپرستی و همیاری خانم فرانک فروهری (تهمورث زاده) برگزار می گردد.

شرکت برای همگان رایگان می باشد.

ورزش و سلامتی

Date	Basketball & Avesta Gym 'B'	Volleyball Gym 'C'
5 - Feb	2.30 - 4.00	3.00 to 4.30
12 - Feb	2.30 - 4.00	3.00 to 4.30
19 - Feb	2.30 - 4.00	3.00 to 4.30
26 - Feb	2.30 - 4.00	3.00 to 4.30



همانگونه که آگاهی دارید ورزشهای
سالنی والیبال در مجتمع فرهنگی ورزشی
(Langstaff) در روزهای یک شنبه هر هفته برپا می باشد.



دیداری با دیگر همکیشان داشته و با ورزش کردن سلامتی خود را بیمه نمایید.

شرکت کنندگان والیبال نیز در رده سنی جوانان و بزرگسالان ساعات شادی را همراه با ورزش با یکدیگر سپری می کنند.

همچنین آموزش دینی همراه با تمرین بسکتبال برای جوانان سنین ۱۲ - ۸ سال در همان مکان برپا می باشد.
کودکان ۸ - ۶ سال نیز جهت یادگیری آموزشهای دینی می توانند از ساعت ۳/۵ - ۳ بعد از ظهر در سالن B به دیگر کودکان و نوجوانان ملحق شوند.



*You're cordially invited
to
100 Toronto Scouts Group's Gypsy Dream Valentine Party*

When: Saturday February 11th, 2017

Time: 7:00pm

Where: Mehraban Guiv Darb e Mehr

3590 Bayview Ave, Toronto

Adults \$30 Children (5-12) \$20

RSVP by January 22nd to

Shiraz Tampal: 416-371-3704

Khushamin Chothia: 416-473-2012

Please fill out all the details below and send it along with your cheque to

Pearl Chothia

241 Kingscross Drive

King City, ON, L7B 1E7

Name: -----

Number of Adults----- Number of children -----

Meal Choice Non Veg ----- Veg -----

Event RSVP cheques are payable to "100 Toronto Scouts Group"

Donation cheques are payable to "Scouts Canada". Please indicate

"100 Toronto" in the memo line. Tax receipt will be issued by Scouts Canada for donation of \$20 and greater

Cheques must be received by February 01st, please adhere to the deadline & avoid last minute disappointments.

All proceeds are to support the 2017 Scouts Jamboree in Halifax (Nova Scotia).

ZSO & OZCF Presents

JAMSHEDI NAVROUZ Dinner & Dance !!!



Date : Friday March 24th 2017 - 7pm onwards

Location: Woodbine Banquet Hall.

30 Vice Regent Blvd, Toronto,
ON. M9W 7A4 (Hwy 27/Rexdale Blvd)

Tickets: ZSO / OZCF Members - Adults \$35 , Children 5- 12 years \$25
ZSO/OZCF Non-Members - Adults \$45, Children 5 -12 years \$35

DINNER: Indian Cuisine with Cash Bar



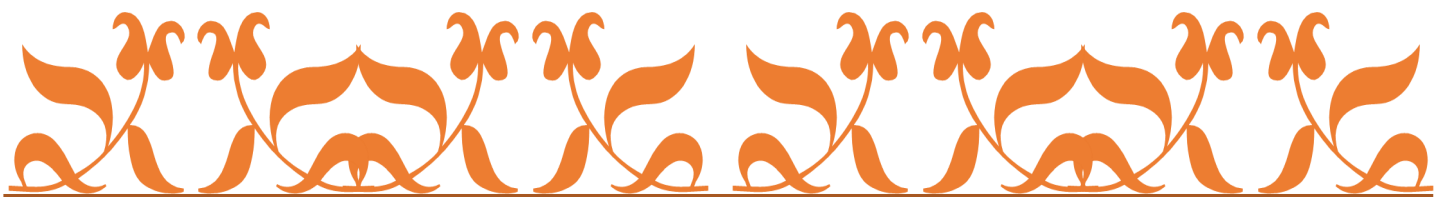
Please fill out your details below & send it along with your cheque.

Cheques payable to ZSO mail to: Guloo Bharucha
24 Trafford Crescent, Markham, ON L3R7H9 #905-475-8894

Cheques payable to OZCF mail to: Shirin Chaturvedi
Unit 64, 2825 Gananoque Dr, Mississauga, ON L5N1V6 # 647-407-4824

Cheques must be received no later than Monday, March 20. Please adhere to this deadline to avoid last minute disappointment.

NAME: _____ Member/Non-member
NUMBER OF ADULTS: _____ NUMBER OF CHILDREN: _____ VEG OR NON-VEG
TOTAL PAYMENT\$ _____ PHONE NUMBER _____



هموندان بزرگوار درود

Dear Friends,

Join us in celebration of Norooz
and beginning of spring

We will be celebrating the start
of 3755 Zoroastrian year with
music and dance.

نسیم بهاری یک سبد شادی و یک بغل مهربانی
برایمان پیشکش آورده، به حرمت این هدیه ی
بهاری، یادگار نیاکانمان را در روز سپندارمزد از سال
3755 زرتشتی برابر با پنجم فروردین ماه 1396
خورشیدی در جشنگاه Le Parc بانوای ساز، رقص و
پایکوبی، پاس میداریم. همراهی شما نوروزمان را
خوش رنگ و دلهامان را یکرنگ خواهد نمود.

Date: March 25th, 17 at 6 pm

Location: Le Parc banquet
hall - 8432 Leslie St.

Early bird ticket Price:

Members \$65

Non-members \$80



To purchase tickets please contact: Mehran Behdinan (647) 927-9314



ABCs for Zarathushtis

By Anaheet Gazder

A is for Ahura Mazda... Z is for Zarathushtra.
This new book serves as a visual glossary of
religious terms. Easy to read, it is ideal for
children and serves as a wonderful
reference for Zoroastrians of all ages!

Books can be ordered from
www.abcsforzarathushtis.com

All credit cards accepted.
USD 15. Shipping charges apply
(Ships from U.S.A)

F

'Farohar' / 'Fravahar'

Farohar (Fravahar) is one of the most recognized symbols of the Zoroastrian religion. It is a winged guardian angel that represents a link between the physical and spiritual world. Several *Farohars* are found in the ruins at Persepolis and in the Achaemenid reliefs.

Fire

Most Zoroastrians have a fire in their homes and ceremonies. The presence of fire is considered a sign of the divine. A fire urn called *Atash Behram* and frankincense is used to keep it burning. Fire is considered a source of light and it produces light and dispels darkness. Prayers are facing the direction of the light source, such as the sun. *Divo* is an oil lamp used in Zoroastrian homes and Temples. It consists of a bowl filled with oil and a lit float. Although fire plays an important role in the practice of the Zoroastrians worship Ahura Mazda, they do not worship fire.



ABCs for Zarathushtis

An alphabetic introduction to the concepts, teachings and customs of the Zoroastrian religion.



Written and Illustrated by
Anaheet Gazder

....Makes a great gift!

S

Shahnameh

Shahnameh means 'Book of Kings'. It is a famous epic written over a thousand years ago by the Persian poet Ferdowsi. A combination of fact and fiction, scholars credit the survival of the Persian language to this legendary book.

'Ses'

For auspicious occasions, Indian Zoroastrians prepare a silver ceremonial tray (*ses*) containing:

- *divo*
- *pigani* (a conical silver vessel)
- *gulabus* (sprinkling rose water)
- *para* (conical silver vessel)

