

November 2015

# Zoroastrian Society of Ontario

Volume 42, Number 5

## Events for the months ahead...



Friday, November 6	10:30am	Seniors Event
Friday, November 6	6:00pm	Avesta Class
Saturday, November 7	10:00am	NAMC Lecture Series ( <i>see attached flyer</i> )
Sunday, November 8	12:30pm	Scouts
Sunday, November 8	2:45pm	Children's Religion Classes
Friday, November 20	10:30am	Seniors Event
Sunday, November 22	12:30pm	Scouts
Sunday, November 22	2:45pm	Religion Classes
Sunday, November 29	10:30am	Maidyoshem Gahambar (S)
Friday, December 4	10:30am	Seniors Event
Sunday, December 6	12:30pm	Scouts
Sunday, December 6	2:45pm	Children's Religion Classes
Sunday, December 13	12:30pm	Scouts

Winter weather permitting, Self-Healing OMEGA PALM-7 YOGA, Integrated Mind-Body Wellness Therapy class will be held Wednesday, November 4, 11, 18, and 25 at the Darbe Mehr from 6:30 to 8:15pm. For further information, please call Zubin Dotiwalla at (905) 629-2985.

**Note:** All events will be held at Mehraban Guiv Darbe Mehr unless otherwise specified. ZSO, as publisher, is not responsible for content and support of any flyers not issued by them.

### Mehraban Guiv Darbe Mehr Hours

Mon, Wed	4:30-8:30pm
Tues, Fri, Sat, Sun	9:00am to 12:00pm; 4:30pm to 8:00pm
Thurs	Closed

### MEHRABAN GUIV DARBE MEHR

Telephone: (416) 225-7771

Address: 3590 Bayview Avenue  
North York, Ontario M2M 3S6

[www.zso.org](http://www.zso.org)



"Zoroastrian Society of  
Ontario – ZSO"



### **Board of Directors Corner**

During the past month the Board has been hard at work scheduling events for the months ahead. The ZSO calendar of detailed events for the year ahead is under preparation and will be included in a future edition of our monthly newsletter. The Committees of the ZSO are now all up and running. Lecture events organized at the Darbe Mehr during the past month were both well attended and received. The Seniors annual Food Fair was a great success as usual; our gratitude to the seniors for pulling off yet another successful event. Religion education classes have commenced and we would urge all those parents who are holding out to enroll their children in the program. A Halloween costume party is planned for our children. A new Caretaker for the Darbe Mehr has been appointed. Please extend your full cooperation to Mr. & Mrs. Farhandian. We also thank Mr. Rayo Antia for his valuable service to the community.

### **Birth Announcement**

Darien Phiroze Panthaky, son to Roxanne & Phiroze Panthaky; brother to Sofia; and grandson to Jai & Noshir Panthaky and Purviz & (late) Kuroosh Mistry was born on September 24. *Congratulations to the happy families!*

### **NAMC Lecture Series**

The NAMC Lecture Series will be held at the Darbe Mehr on Saturday, November 7<sup>th</sup> at 10:00am. This is a great opportunity to learn from our Ervads and Mobedyars about the relevance of our scriptures on Mother Earth and on ourselves. Please see the attached flyer for further details. Please contact Guloo Bharucha for reservation and light lunch.

### **Jamva Chaloji**

OZCF is hosting their annual "Jamva Chaloji Christmas Bazaar" on Sunday, November 29<sup>th</sup> from 11am-2pm. Pre-order your items by November 22<sup>nd</sup>. For more information and details contact Jeroo Madan at (289) 667-6800 or email [ozcfentertainment@gmail.com](mailto:ozcfentertainment@gmail.com).

### **MOSAIC Interfaith Annual Peace Meal**

The MOSAIC Interfaith group will hold their Annual Peace Meal "Walking in our Moccasins – Understanding First Nations Ways of Knowing". The event will be on Sunday, November 29<sup>th</sup> from 2-5pm at Temple Har Zion, 7360 Bayview Avenue in Thornhill. For more information or to RSVP, please contact the congregational MOSAIC representative (Sam Vesuna [sam.vesuna@sympatico.ca](mailto:sam.vesuna@sympatico.ca)) or Fran Isaacs, co-chair: [thisisfran@yahoo.com](mailto:thisisfran@yahoo.com) or Shabnees Siwjee, co-chair: [shabnees@yahoo.ca](mailto:shabnees@yahoo.ca).

### **New Darbe Mehr Hours**

Please see new Darbe Mehr hours, effective October 1, 2015.

		
Hours of Operation		
Monday		4:30PM - 8:30PM
Tuesday	9:00AM - 12:00PM	4:30PM - 8:30PM
Wednesday		4:30PM - 8:30PM
Thursday	Closed All Day	
Friday	9:00AM - 12:00PM	4:30PM - 8:30PM
Saturday	9:00AM - 12:00PM	4:30PM - 8:30PM
Sunday	9:00AM - 12:00PM	4:30PM - 8:30PM

### **Condolences**

Mrs. Katy Thanavalla, mother of Gulshan Tarapore, Yasmin Thakur, and Aspi Thanavalla; grandmother to Karina and Zenia, passed away on October 15, 2015.

Mrs. Siloo Lentin, wife of Beji Lentin and mother of Mehernaz Lentin, passed away on October 23, 2015 in Toronto.

*Our condolences to the bereaved families.*



## 100<sup>th</sup> Toronto Scouts Silver Anniversary Celebrations

On Saturday, September 19<sup>th</sup>, the Scout Group organized the final event, a patraa nu bhonu, in celebrating the Silver Anniversary year. This mouthwatering event was attended by 152 people and our sincere apologies to those who were placed on the waiting list because the event was completely SOLD OUT. There were many stars of the show we would like to thank. First is our very own **Chief Chef Kersi Khambatta** and his team of kitchen helpers who worked tirelessly until 2am on Friday night to make all the delicious food for all. The delicious mouthwatering patraa nu bhonu comprised of lagan nu achar, saria, rotli, sali boti, patra-ni-machhi, chicken pulav and dal, lagan nu achar, saria, rotli, sali with veggie khurma, lagan nu vegetarian stew, tamota par eeda, and veggie pulav and dal, followed by lagan nu custard, sev, and Paan. The second star for the evening was Ferozshaw Ogra, the current **Group Commissioner**. He coached and meticulously conducted and orchestrated our cheerful, smiling servers with precise direction to control the flow and order of serving the dishes with help from the kitchen staff and ensured a smooth flow of dishes at a comfortable pace.

Dinner time sing-along old time Parsi and western music was provided by Freddy Mirza on the mouthorgan. Scout Kashmira Bulsara prepared a video of scouting activities during the year which was played on the screen with assistance from Mehabad Dastur. The two MCs, Mashya Amroliwalla and Anahita Ogra, kept the crowd informed and entertained and made sure the program was on track. Novel, from DJ Service, provided music for the evening and the dance. We truly appreciate him donating the same for every Scout event.

The beautiful colourful brochures were prepared by Anahita Ogra and one of our past leaders Adil Gazdar. Thanks to all the donors for the ads in the brochure. Rashna Unvala and Kety Mirza helped with the registration & tickets. Rashna also took care of all the accounts for this event. Khushru Chothia, Yezdi Sheriar, and Khushru Patel cheerfully looked after the bar sale and "Parsi pegs". Shiraz Tampal did a wonderful job of selling the "50-50" raffle tickets with her charming smile & humor. The lucky winner of the draw was Mehabad Dastur. I wish to thank the ZSO Board of Directors and the entire community for their unconditional support and encouragement throughout the years.

Our sincere thanks to:

- **The Silver Anniversary Committee** for organizing the various events during the year, namely, Rashna and Rusi Unvala, Russi Surti, Kersi Khambatta, Vispi Patel, Ferozshaw and Anahita Ogra, Cyrus Tampal, Shiraz Tampal, Pearl Chothia, Hormuzd Chothia, Noshir Mirza, Freddy & Kety Mirza
- **Kitchen Helpers** Minoo Bharda, Cyrus Tampal, Dina Amroliwalla, Arnavaz Patel, Shernaz Writer, Nergish Khambatta, Putli Bharda, Mahnaz Sheriar, Kety Mirza, Aban Amroliwalla, Mahatab Tarapore, Ferozshaw Ogra, Khushru Patel as well as the young helpers Burzina and Jia Amroliwalla and Sam Gandhi.
- **Servers** Arnavaz Patel, Shiraz Tampal, Pearl Chothia, Mahnaz Shehriar, Shernaz Saldanha, Putli Bharda
- **Grocery** Ferozshaw Ogra, Cyrus Tampal, Khushru Patel, Pearl Chothia
- Sarosh Tampla & Khushroo Patel for setting up tables and chairs, and other volunteers for clearing them after the event. Aban Vazir for donating Lagan nu Custard and making sev, Dara Homavazir for donating the Paan, and Roshan Rabadi for making lagan nu achar.
- We greatly appreciate the kind gesture of those who served dinner to the kitchen staff, servers, and other volunteers.

With Ahura Mazda's Blessings and the continuous support from our Community and well-wishers, we hope to see everyone in 2040 for the Golden Anniversary of our 100<sup>th</sup> Toronto-First Zoroastrian Scout Group, Amen!

Submitted by Freddy Mirza, Chair, 100<sup>th</sup> Toronto Silver Anniversary Sub-Committee

**Buying or selling a Home?** [www.listwithaddy.com](http://www.listwithaddy.com)





**My realty offers "Full Service" differential advantage over other realtors, unique services include:**

- \* Financial viability
- \* Comparative market analysis
- \* Mortgage finance and debt ratios
- \* Tips for home staging
- \* Marketing strategies and lawyers
- \* Offer negotiation
- \* After sales services

**11 Yr's** PROFESSIONAL & COMMUNITY EXPERIENCE

**Addy Sadry**  
Sales Representative  
(CPA, CGA, CSC)  
**416.917.6455**

O: 416.732.9777  
F: 416.730.8777  
asadry007@gmail.com  
[www.listwithaddy.com](http://www.listwithaddy.com)

    1396 Don Mills Rd, Suite: 8119  
ON, M3B 3N1



Please note that the deadline for receiving submissions for the ZSO newsletter is the 15<sup>th</sup> of each preceding month. Any materials received after this date will be published in the following newsletter.

**Publisher:** Zoroastrian Society of Ontario

**Associate Editors:**

Diana Vania ([dianakvania@gmail.com](mailto:dianakvania@gmail.com))

Natasha Bozorgi ([nbozorgi@hotmail.com](mailto:nbozorgi@hotmail.com))

### Miscellaneous

In an attempt to save postage and paper, the ZSO requests those who do not wish to receive the newsletter by mail or who wish to receive the newsletter online to please email your full name to [secretary@zso.org](mailto:secretary@zso.org).

### **Contacts:**

*Emergency situations:* Khushru Chothia (416) 677-7555

*Messages on the auto-dialler:* Dara Panthakee (416) 826-3298 or [evp@zso.org](mailto:evp@zso.org)

*Renting MGDH hall (for post-funeral prayers and rituals or for private functions):* Meherwan Wadia (416) 455-5614 or [communications@zso.org](mailto:communications@zso.org)

### **Newsletter advertising rates:**

*Inserts:* \$200

*Quarter page/Business card:* \$55

*Half page:* \$75

*Full page:* \$125

*Miscellaneous two-liners:* \$15

*10% discount for 12 consecutive months of advertising*

- Traditional wood **paatlaas** (made without nails) and German silver **ses** polishing services are available for a nominal fee right here in the GTA. Please contact Pervez Masani at (416) 282-2615.
- Customized **Kustis** are available in different sizes for all occasions. Some are currently in stock. **Kustis** can also be made to order. Please contact Banoo Dordi at (416) 491-7389 or (416) 491-3214.



1844 732 7575  
1844 PEARL75

**HARDWOOD LAMINATE CARPET GRANITE**  
**RE-SANDING REFINISHING & STAIRS**  
**WASHROOMS KITCHENS RENOVATIONS**  
**Sales – Installation – Service**



Khushru (416) 677-7555  
5-8575 Keele St, Vaughan, ON, L4K 3P4.

[INFO@PEARLKNSTRUCTIONS.COM](mailto:INFO@PEARLKNSTRUCTIONS.COM)  
[WWW.PEARLKNSTRUCTIONS.COM](http://WWW.PEARLKNSTRUCTIONS.COM)



### **Zoroastrian Studies Projects International**

- \*Zoroastrian Artefacts
- \*Religious Books, CDs, DVDs
- \*Sukhar, Loban, Vehr, Tacho
- \*Diva na glass, Kakra
- \*Sadra, Kastis, Topi, T-shirts, Caps
- \*Gift Items, Silver & Gold pendants
- And much more.....



Pearl K. Chothia # 416 917 7402  
241 Kingscross dr, King City, On. L7B 1E7  
Email: [zstudies@hotmail.com](mailto:zstudies@hotmail.com)  
[www.zstudies.com](http://www.zstudies.com)

## اهنودگات - یسن ۳۱ - بند ۱۶

پروردگارا از تو می پرسم، هرگاه شخص نیک اندیش در راه ترقی خانه، شهر، کشور و پیشرفت راستی و درستی کوشش نماید، از وصال تو برخوردار خواهد گردید؟ ای مزدا اهورا، کی و چگونه چنین آرزویی بر آورده خواهد شد؟

## جشن آذرگان برهنگان خجسته باد.

روز آذر از ماه آذر (نهمین روز از ماه آذر در گاهشمار زرتشتیان برابر با ۳ آذر در سالنمای خورشیدی و ۲۴ نوامبر میلادی) را جشن آذرگان نامند.



آذر یا "آتر" () به چَم آتش است و آذر ایزد ویژه ی همه ی آتش هاست. از زمانهای قدیم، آتش بهترین و سریعترین پاک کننده و گرما دهنده بوده و از احترام ویژه ای نسبت به سایر آخشج ها (عناصر) در میان مردم برخوردار بوده است.

زرتشتیان همواره آتش را گرمایی داشته از سوی دیگر آن را نماد روشنایی و گرما می دانند و چون پرستش سو (قبله) زرتشتیان، روشنایی است، به همین دلیل برای نیایش ها و ستایش اهورامزدا، به آتشکده یا مکانی که روشنایی وجود دارد روی می آورند.

## گزارشی از انتخابات کانون زرتشتیان ایرانی انتاریو



آنگونه که آگاه هستید و در روز انتخابات باشنده بودید، انتخابات کانون زرتشتیان ایرانی انتاریو در روز یکشنبه ۱۱ اکتبر با باشندگی گروهی از همکیشان گرمی در سالن مهربان گیو برگزار گردید.

در ابتدای مراسم، یکی از هموندان کانون، گزارش مالی و برنامه های انجام گرفته در دوره پیشین کانون را به آگاهی همکیشان رسانید و در ادامه نیز رای گیری برای انتخاب هموندان دوره جدید انجام گرفت.

نتایج گزینش انتخابات کانون (به ترتیب حروف الفبا):

**هموندان اصلی:** نیما آذرکیوان، نازنین بهجت، مهران بهدینان، مهران ترکی، میترا جم، نگار خدادادی و پدram ورجاوند  
**هموندان جانشین:** کتی بهدین، پروین کاووسی و گلچهر دهموبد

در انتها بیان و تاکید شد که هازمان زرتشتیان ایرانی تنها در این چند هموند کانون خلاصه نمی شود و همیاری و همکاری دیگر همکیشان برای پیشبرد و پیشرفت امور هازمان زرتشتی به هر صورت ممکن واجب و لازم می باشد.

**پیشاپیش هم یاری و همگامی شما را سپاس داریم.**

### تماس با ما

انتقادات، نظرات و پیشنهادات سازنده خود را با ما با آدرس [kanoun@zso.org](mailto:kanoun@zso.org) در میان بگذارید.

### گردهمایی ماهیانه بانوان

بانوان زرتشتی در اولین سه شنبه هر ماه از ساعت ۱۰ تا ۱۲ ظهر در درب مهر ارباب رستم گیو گرد هم می آیند. شرکت برای همگان آزاد می باشد.



## ورزش و سلامتی

همانگونه که آگاهی دارید ورزشهای سالنی والیبال و بسکتبال در مجتمع فرهنگی ورزشی (Langstaff) در روزهای یکشنبه هر هفته برپا می باشد. دیداری با دیگر همکیشان داشته و با ورزش کردن سلامتی خود را بیمه نمایید.

Date	Mini Basketball GYM B	Volleyball GYM C
4-Oct	2:30 - 3:30	3:00 - 4:30
11-Oct	2:30 - 3:30	3:00 - 4:30
18-Oct	2:30 - 3:30	3:00 - 4:30
25-Oct	2:30 - 3:30	3:00 - 4:30
1-Nov	2:30 - 3:30	3:00 - 4:30
8-Nov	2:30 - 3:30	3:00 - 4:30
15-Nov	2:30 - 3:30	3:00 - 4:30
22-Nov	2:30 - 3:30	3:00 - 4:30
29-Nov	2:30 - 3:30	3:00 - 4:30
6-Dec	2:30 - 3:30	3:00 - 4:30
13-Dec	2:30 - 3:30	3:00 - 4:30
20-Dec	2:30 - 3:30	3:00 - 4:30



همچنین آموزش دینی همراه با تمرین بسکتبال برای جوانان سنین ۱۲ - ۶ سال در همان مکان برپا می باشد.

شرکت کنندگان والیبال نیز در رده سنی جوانان و



بزرگسالان ساعات شادی را همراه با ورزش با یکدیگر سپری می کنند.

## خوددرمانی و تندرستی با یوگا

## PALM-5

## (روشی آسان برای داشتن سلامتی و

## درمان روان و بدن)

در ادامه چندین دوره برگزاری کلاسهای یوگا این کلاسها همچنان با پشتکار هموند گرمی زوبین داتیوالا و دیگر همکیشان گرمی برپا می باشد. این کلاسها هر چهارشنبه از ساعت ۶:۳۰ تا ۸:۱۵ بعد از ظهر در سالن مهربان گیو برگزار می گردد. شرکت در این کلاسها رایگان و برای همگان آزاد می باشد. ( Nov. 4, 11, 18, 25)

برای آگاهی بیشتر با شماره ۲۹۸۵-۶۲۹ (۹۰۵) آقای زوبین داتیوالا (Zobin Dotiwalla) تماس بگیرید.

چون شکوه سحر دلاویز است  
بر چنین فرّ جاودانه درود  
عشق و مهر و امید و شور بود  
هم خودآگاه، هم جهان نگر است  
شور بخشد بجان ایرانی  
این سه همواره در نهادش هست  
گرچه گهگاه پرتو افشان نیست  
لیک هرگز جدا نگشت از آن  
بوده در هر زمانه ایران ساز  
باز هم کرده پرتو افشانی  
تیرگی را زداید از ایران  
هست اوج کمال و زیبایی  
پرتو روح آریایی هست  
فرّ ایران بهتر از جان را

فرّ ایران ستایش انگیز است  
از ازل بود و هست و خواهد بود  
فرّ ایران فروغ و نور بود  
آرمانش سعادت بشر است  
این کهن آرمان ایرانی  
مهر و داد و خرد مرادش هست  
هیچگاه فر جدا از ایران نیست  
گاهگاهی اگر که شد پنهان  
فرّ ایران به روزگار دراز  
در شب سرد و تار و توفانی  
فرّ ایران چو هست جاویدان  
این بهین بخشش اهورایی  
چونکه آن داده خدایی هست  
میستاییم فر ایران را

فرایران را می ستایم

سروده ای از شاعره توران بهرامی



**ZOROASTRIAN SOCIETY OF  
ONTARIO**

## **NAMC Lecture Series**

**Saturday November 7<sup>th</sup>, 2015  
10:00a.m.**

**Mehraban Guiv Darbemehr**  
3590 Bayview Ave, Toronto, ON

**Cost: \$5 per person**  
(Light Lunch included)

**RSVP Deadline: October 31st, 2015**

Please adhere to this deadline & avoid last minute disappointments.  
Seats will be confirmed upon RSVP ONLY

**Contact: Guloo Bharucha Tel: (905) 475-8894**  
Email: [entertainment@zso.org](mailto:entertainment@zso.org)

### **SPEAKERS AND THEIR TOPICS:**

**Ervad Firdosh Bulsara:**

Vendidad – Zarathustra's "Instruction Manual" for better living.

**Ervad Tehemton Mirza:**

Power of Vohu Mana (Good Mind) in Zoroastrianism.

**Ervad Xerxes Madan:**

Spenta Armaiti – The Caretaker of Earth.

**Mobedyar Khushroo Mirza:**

Asha Vahishta – Our Tour Guide for Good Living.



*100th Toronto Silver Anniversary Celebrations - 19th Sept 2015*

