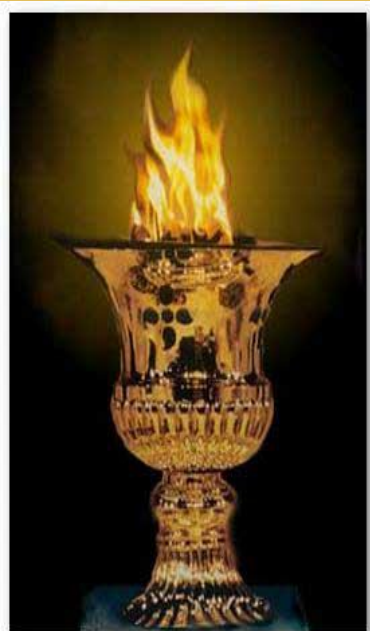


May 2015

Zoroastrian Society of Ontario

Volume 41, Number 11

Events for the months ahead...



Friday, May 1	6:00pm	Avesta Classes
Sunday, May 3	11:00am	Maidyozarem Gahambar (F)
Friday, May 8	11:00am	Seniors Games
Friday, May 22	11:00am	Seniors Bingo
Sunday, May 24	12:30pm	Scouts
Sunday, May 24	2:30pm	Religion Classes
Monday, May 25	7:00pm	Zarthosht-No-Diso (S)*
Saturday, May 30		Religion Class Annual Day
Sunday, May 31	10:30am	Maidyarem Gahambar (S)*
Friday, June 5	7:00pm	Homaji-Ni-Baj (S)*
Friday, June 5	6:00pm	Avesta Classes
Tuesday, June 16	7:00pm	Meheraban Guiv Death Anniversary
Wednesday, July 1	11:00am	Tiregan (F)
Wednesday, July 1	12:00pm	Maidyoshem Gahambar (F)
Friday, July 3	6:00pm	Avesta Classes

Self-Healing PALM-5 YOGA, Integrated Mind-Body Wellness Therapy classes will be held every Wednesday in May at the Darbe Mehr from 6:30 to 8:15pm. For further information, please call Zubin Dotiwalla at (905) 629-2985.

*Those interested in joining for lunch or dinner after Shahenshahi Jashan, Gahambar, or other Shahenshahi (S) prayers or ceremonies, please provide your name to Pervin or Fredoon Khory at (905) 669-5037 or secretary@zso.org at least 4 days prior to the event.

Note: All events will be held at Mehraban Guiv Darbe Mehr unless otherwise specified. ZSO, as publisher, is not responsible for content and support of any flyers not issued by them.

Mehraban Guiv Darbe Mehr Hours

Monday	Closed
Tuesday – Sunday	9:00am to 12:00pm; 4:30pm to 8:00pm



"Zoroastrian Society of
Ontario – ZSO"

MEHRABAN GUIV DARBE MEHR

Telephone: (416) 225-7771

Address: 3590 Bayview Avenue
North York, Ontario M2M 3S6

www.zso.org

Board of Directors Corner

We start off this May newsletter with a new name. Instead of Executive Committee Corner, you will hear from us through the Board of Directors Corner. As you may know, as part of the modernization of our constitution and bylaws, the term "Executive Committee" was changed to "Board of Directors".

Volunteering

An organization such as ours is only as strong as its volunteers. From creative ideas to manpower for implementation and all the logistics in between, volunteers make up the backbone of an organization. We always welcome new and past volunteers. Take a moment and contact one of the Board members or Committee chairs to express your area of interest and/or readiness to give your time.

Standing for Office

Also, we draw to your attention the enclosed nomination form. The Annual General Meeting will be upon us soon. This is your chance to join the Board of the ZSO. Standing for office allows you to participate in the direction and operations of our organization. It gives you the opportunity to view and assess things from the inside and become aware of the challenges, and hopefully attain some positive result to allow our community to move forward. Remember, as long as you have the best interests of the members at heart and in mind, you cannot do wrong. We encourage you, especially the younger generation, to stand for office.

Renovations Update

The last outstanding item on the renovation project was to make the kitchen fully operational, and it is being installed as this newsletter goes for print. The Contractor is confident to have the kitchen completed and inspected and certified by the City of Toronto in a week. With this project almost complete, our attention is now focused on renovating and providing a facelift to the adjacent rooms to the main hall. We anticipate completion of this initiative before the end of the summer. Our sights are on the next major project, which consists of upgrading the main hall. The cost numbers are being worked on and will be presented to the membership for review, guidance, and decision at our forthcoming AGM.

ZSO Extraordinary General Meeting

An Extraordinary General Meeting of the ZSO was held at the Darbe Mehr on April 12th to consider and pass 5 resolutions to amend the Constitution and By-laws of the ZSO. Four of the resolutions pertained to changes in the Constitution and By-laws to enable them to conform to the new and proposed Not-for-Profit Act in the Province of Ontario. Resolution 5 was the addition of a Code of Conduct for ZSO members. All 5 resolutions were discussed and approved by members present in person at the meeting. In addition to 126 members present at the meeting, there were 207 valid proxies received by the scrutineers. Voting was by a show of hands and ballots were not required. The resolutions were passed by an overwhelming majority, much greater than the 75% required for amendments to the Constitution. The amended Constitution will be put on the ZSO website.

ZSO Annual General Meeting

The Annual General Meeting of the ZSO will be held at 11:00am on Saturday, July 18, at the Mehraban Guiv Darbe Mehr. Nominations (on the enclosed nomination form) are invited for the following positions on the Board of Directors:

President, Vice-President, Secretary, Assistant Treasurer, and Executive Officer

The nomination forms must be completed and returned in a sealed envelope clearly marked "NOMINATION FORMS" to the attention of the Secretary at the registered address of ZSO by no later than 6:00pm on Saturday, June 13, 2015. The envelopes will be opened at the Darbe Mehr at 7:00pm on Tuesday, June 16. Any ZSO member in good standing can be present at the opening of the envelopes. Please note that any ZSO member in good standing can be nominated for *one position only*. If multiple nominations are received for the same person, all the nomination forms for that person will be rejected.

Condolences

Mrs. Khorshed Nowsherwanji, wife of Zal Nowsherwanji; mother of Dr. Shanaz Khodaiji and Kerman Nowsherwanji; mother-in-law of Jal Khodaiji and Yasmin Nowsherwanji; grandmother of Khurush, Huzaan, Zayaan, Huzvak, Paricheher, and Parizad; grandmother-in-law of Mona Nowsherwanji, Sheroy Mistry, and Meherzad Elavia; great-grandmother of Zara, Cyrus, Freya, and Kyra, passed away in Mumbai, India on March 28, 2015.

Mrs. Dolly Homi Patel, wife of late Homi Patel; mother of Dinshaw, Cyrus, and Neville Patel; mother-in-law of Firoozi and late Jacqueline; grandmother of Natasha and Eric; sister of Pilloo Naoroz, Kaity Patel, and Sheriar Haveliwalla, passed away in Toronto on April 5, 2015.

Mrs. Gospi Pervez Daroga, wife of late Pervez Daroga; mother of Javareh Daroga and Parvana Bharucha; mother-in-law of Ferzin Daroga and Burzin Bharucha; and grandmother of Taiana, Cyruz, and Arnaz, passed away in Ahmedabad, India on April 25, 2015.

Mrs. Kashmira Hoshang Udwadia, wife of Ervad Hoshang Udwadia; and masi of Piran and Sherezad Damania of Bombay, passed away in Toronto on April 28, 2015.

Our condolences to the bereaved families.

May 2015

The following is a poem by Farida Bamji. It has been accepted by the Canadian Museum of Human Rights.

Freedom

Nothing in this world is Free
For everything there is a Price
For the sake of Love of Freedom
Innocent lives get sacrificed.
“Imagine if there is no Heaven
Or Hell below us

To do good would be driven
As Wars murders Rape
Suicide bombers
Rain upon us

“Born Free as free as
The wind blows”
It’s entrenched in
The Constitution
As I recall
Life Liberty Equality
And Justice for all

There should not be
Any Watch Towers
Or road blocks along the way
No guard dogs to
Guard the gates
‘Cause reward comes to
Those who only stand & wait



New Darbe Mehr Hours

New hours for the Darbe Mehr have been established and will take effect on May 1st. Please see the first page of the newsletter for updated times.

ZSO Logo Contest

This is a final call for entries for the new ZSO logo contest mentioned in previous newsletters. To be included in the contest, please send your entries to execofficer2@zso.org before May 20, 2015. Although some entries have been received, we encourage more of you to put your graphic and designer finesse and talents to work. All entries received will be included in the AGM package, including our existing logo, and the general body will decide our logo going forward.

FEZANA Bulletin

To access past FEZANA Bulletin journals, please visit fezana.org/publication/bulletinarchives/. If you would like to receive a free copy of the FEZANA Bulletin, please subscribe with your email address at www.fezana.org/list.

Sandalwood

ZSO supplies of sandalwood (sukhar) sticks are at a precariously low level. We need to maintain an adequate supply on hand to meet our ongoing needs. We earnestly request our fellow Zarthushtis travelling to India to be kind enough to bring back whatever they can. Every bit will help. ZSO will gladly reimburse costs if desired.

Navjote Announcement

Yohan, son of Hoofrish Patel and Mehernosh Ghadiali, was initiated into the Zoroastrian religion on December 28, 2014, in Mumbai. The function was held at Radio Club, Colaba, Mumbai. Congratulations to Yohan and family!

Jashne Khordadgan (Youth Day)

This month, we have a celebration that is dedicated to the youth. Jashne Khordadgan falls on May 25th, the day of Khordad in the month of Khordad in accordance with the Fasli calendar. We wish you a happy Jashne Khordadgan.

ZSO Scholarship Program

The ZSO Scholarship Committee has just released the application for the *ZSO Academic and Community Service Excellence Award for High School Students*. For information about the scholarship, eligibility criteria, and the application, please access the application at http://zso.org/images/Downloads/ZSO_Application_for_Scholarship_2015_2016.pdf

Zoroastrian Woman Conquers Mount Everest

Dr. Fereshte Bakhtiari, a Zoroastrian woman from Kerman, Iran, has conquered Mount Everest. Dr. Bakhtiari who is part of Asha, a Zoroastrian Group, has a PhD in Chemical Engineering. She is an experienced mountain climber who has climbed many mountains in Iran, including the Mt. Damavand. She was part of a team of 6 men and 2 women that scaled Everest. We applaud her achievements.

New Darbe Mehr Custodian

Our new Darbe Mehr custodian is Rayomond Antia, a young man who has previously done some handyman/cleaning duties at the Darbe Mehr on a part-time basis. He has good computer skills and will be of assistance with some of our administrative duties. His previous experience has been in sales/marketing with firms involved in customer service and related matters. He has also worked with a landscaping contractor and acquired experience in sodding, weeding, lawn mowing, flower beds, etc. We are confident that with a short learning curve he will make a very suitable caretaker for the Darbe Mehr. And last but not least, Rayomond is an Ordained Zoroastrian Navar and has participated in prayer ceremonies at the Darbe Mehr. Please welcome Rayomond as our new custodian!

Our previous custodian had to resign due to health reasons. We wish him well.

Invitation to Join Vesak Celebration

The annual Vesak: Buddha's Birthday Celebration will be held on May 24, from 2-6pm at Mississauga's Celebration Square. For more information, or for those interested in attending, please visit <http://www.vesakcelebration.com/>.

York Region's "Let's Talk Inclusion" Dialogue Sessions

York Region is holding intercultural dialogue sessions so that members of the public can provide feedback on how the region can be a more welcoming place for everyone. The goal of the dialogue sessions is to allow people to have input into what would eventually be a York Region Diversity and Inclusion Charter. For more information on one of the dialogue sessions around York Region, please visit <http://goo.gl/ha6k5p>.

World Zoroastrian Youth Congress Subsidies

ZSO has agreed to provide a cash subsidy of \$250 per youth for those whose parents are members in good standing of the ZSO to mitigate some of the costs associated with the New Zealand Congress. Each youth requesting the subsidy must send a letter or email to the attention of the ZSO Secretary together with evidence of paid registration for the Congress and a valid airline ticket. Requests for the cash subsidy must be received by no later than June 30th. Requests received after that date will not be entertained. By accepting the cash subsidy from the ZSO, each member agrees to share their experience at the Congress with a brief presentation to the community either in person or a written submission, the format of which is to be determined. If members would like to come forward and donate for this purpose, please contact the ZSO Secretary

FEZANA is providing subsidies to select youth attendees of the 6th World Youth Zoroastrian Congress this December in New Zealand. For more information about the subsidy, applicant eligibility, and the application for the subsidy, please visit the FEZANA website www.fezana.org. Applications are due on May 10th.

100 Toronto – First Zoroastrian Scout Group

100 TORONTO SCOUTS GROUP continued to be active with various activities indoors, and outdoors whenever weather permitted. The Group Committee has been busy with preparing for 100 Toronto hosting our sister Group 100 Oakville to a Link Camp at the Darbe Mehr on the weekend of April 24 to 26. This was part of 100 Toronto's Silver Anniversary Celebrations and it was packed with scoutcraft and other activities. The highlight of the Camp was a Grand Campfire at the Darbe Mehr on April 25. A detailed report on this important Link Camp will be carried in ZSO's June newsletter and in the next issue of OZCF's Vision.

Please note that the deadline for receiving submissions for the ZSO newsletter is the 15th of each preceding month. Any materials received after this date will be published in the following newsletter.

Publisher: Zoroastrian Society of Ontario

Associate Editors:

Diana Vania (dianakvania@gmail.com)

Natasha Bozorgi (nbozorgi@hotmail.com)

Miscellaneous

In an attempt to save postage and paper, the ZSO requests those who do not wish to receive the newsletter by mail or who wish to receive the newsletter online to please email your full name to secretary@zso.org.

Contacts:

Emergency situations: Khushru Chothia (416) 677-7555 or evp@zso.org

Messages on the auto-dialler: Dara Panthakee (416) 826-3298 or vp@zso.org

Renting MGDH hall (for post-funeral prayers and rituals or for private functions): Meherwan Wadia (416) 455-5614 or execofficer2@zso.org

Newsletter advertising rates:

Inserts: \$200

Quarter page/Business card: \$55

Half page: \$75

Full page: \$125

Miscellaneous two-liners: \$15

10% discount for 12 consecutive months of advertising

- Traditional wood *paatlaas* (made without nails) and German silver *ses* polishing services are available for a nominal fee right here in the GTA. Please contact Pervez Masani at (416) 282-2615.
- Customized *Kustis* are available in different sizes for all occasions. Some are currently in stock. *Kustis* can also be made to order. Please contact Banoo Dordi at (416) 491-7389 or (416) 491-3214.



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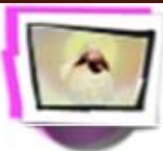
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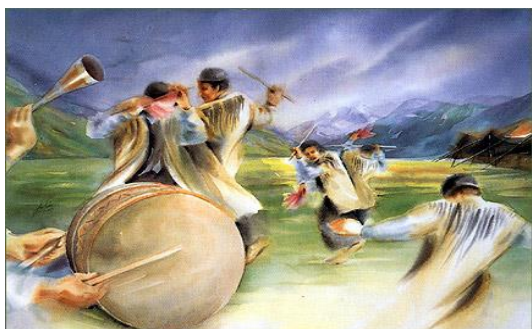


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zstudies@hotmail.com
www.zstudies.com

اهنودگات - یسن ۳۱ - بند ۹

انسان باید از بین این دو سروری راست کردار و پارسا و افزاینده منش پاک را به عنوان پشتیبان و رهبر واقعی برای خویش برگزیند. پروردگارا مباد رهبر فریبکار با تظاهر به پاکی، از حافظه ای نیرومند بهره ور گردد.



جشن خردادگان (روز جوانان) گرامی باد

خرداد یشت چهارمین یشت اوستا است و جشن خردادگان، جشنی در ستایش و گرامیداشت «خرداد» (= خرداد) که در اوستایی «هتوروتات» و در پهلوی «خردات» خوانده می شود، و به معنی رسایی و تندرستی و کمال است و نام یکی از هفت امشاسپند در فرهنگ ایران می باشد.

در این یشت، به شفافیت بیان شده "که خداوند یاری و رستگاری و رامش و سعادت را از سوی امشاسپند خرداد به جوان پاک دین می بخشد".

روزگاران در پی یکدیگر می آیند و می روند و نسل ها با کوله باری از تجربه و عشق به زندگانی در پی آنند که این هدیه گرانبها را بدست نسل های جوان و برومند پس از خود بسپرد. در فرهنگ بالنده و پیش برنده زرتشتی که همواره به کوشندگان راه راستی ستایش شده است، جوانان از جایگاه بسیار بالا و ارزش مندی برخوردارند. جای دارد تا با سربلندی جشن خردادگان را که جشن جوانان است را جشن بگیریم و این آداب پیشینیان را به نیکویی به یاد همگان آوریم. بیایید با یکدیگر، تلاشهای پی در پی و دست آوردهای جوانانمان را پاس بداریم و با این جشن، سپاسگزاری از جوانانمان را به دیگر جوامع انسانی گوشزد نماییم. باشد که این حرکت کوچک، یک سپاسگزاری از تلاش ها و دست آوردهای فرزندان تلاش گرمان برای ساختن آینده ای فراتر از نسل های پیشین و بهتر برای نسل های در حال زندگی باشد.

بدین مناسبت همه با هم در روز شنبه ۲۳ می (May 23rd) در درب مهر ارباب رستم گویو گرد هم می آییم تا جشن جوانان را برگزار نماییم. در راستای انتقال تجربیات شغلی به جوانان، آشنایی با حرفه و مشاغل (Carrier Information) نیز برای این روز برنامه ریزی شده است. بدین وسیله از همه جوانان گرامی خواستاریم با باشندگی خود از تجربیات این افراد استفاده نمایند.

کانون زرتشتیان اوتاریو، تصمیم دارد تا با تشکیل یک کمیته هنری، برنامه ها و فعالیت های هنری برنامه ریزی شده برای مراسم ها را هدفمند نماید. بدین منظور از همه کسانی که تمایل دارند تا در این شورا و یا دیگر برنامه های کانون مشارکت و همکاری نمایند خواهشمند است تا با اعضای کانون و یا با ایمیل kanoun@zso.org تماس بگیرند.

گهنبار یاری رسان همگان باد

گهنبار چهره **میديوم رزم** نخستین گهنبار سال می باشد که از روز خور از ماه اردیبهشت تا روز دی بمهر از ماه اردیبهشت برابر با ۱۰ - ۱۴ اردیبهشت (April 30th - May 4th) گرامی داشته می شود.

امسال نیز این گهنبار در تاریخ یک شنبه May 3rd (۶ اردیبهشت) در درب مهر ارباب رستم گویو با همیاری همکیشان گرامی برگزار و پاس داشته خواهد شد. با باشندگی خود، این مراسم را سپاسدار باشیم.

تماس با ما

انتقادات، نظرات و پیشنهادات سازنده خود را با ما با آدرس kanoun@zso.org در میان بگذارید.

خود درمانی و تندرستی با یوگا PALM-5

(روشی آسان برای داشتن سلامتی و درمان روان و بدن)

در ادامه چندین دوره برگزاری کلاسهای یوگا در درب مهر ارباب رستم گویو، این کلاسها همچنان با پشتکار هموند گرامی زوبین داتیوالا (Zobin Dotiwalla) و هموندی همکیشان گرامی برپا می باشد. این کلاسها هر چهارشنبه از ساعت ۶:۳۰ تا ۸:۱۵ بعد از ظهر در سالن مهربان گویو برگزار می گردد. شرکت در این کلاسها رایگان و برای همگان آزاد می باشد.

برای آگاهی بیشتر با شماره ۲۹۸۵ - ۶۲۹ - (۹۰۵) آقای زوبین داتیوالا (Zobin Dotiwalla) تماس بگیرید.

گهنبار



"گهنبار" یا "گاهان بار" و یا "گاسان بار" (به زبان پهلوی)، از دو بخش "گاه" و "انبار" می باشد و به چم "زمان انبار کردن" می باشد. این مراسم و جشن در سال شش بار و هر بار به مدت پنج روز برگزار می گردد. مردم با برپایی جشن و مهمانی این پنج روز را به شادی، اوستا خوانی، شکر اهورامردا و دادو دهش می پردازند.

گهنبارها را جشنهای سالیانه می نامند زیرا از واژه اوستایی "یآریه یسنه" است و کلمه "یآریه" از ریشه "یاره" به چم سال می دانند. از سویی دیگر گهنبار را جشنی فصلی می دانند چونکه در هر فصل سال یک یا دو چهره گهنبار قرار دارد. پژوهندگان دین زرتشت بر این باورند که شش چهره گهنبار یادآور شش مرحله آفرینش هستی می باشد که بنا بر نوشته های فروردین یشت، این شش مرحله به ترتیب آفرینش آسمان، آب، زمین، گیاهان، جانوران و آفرینش انسان می باشد.

چهره اول - میدیوژرم (میان بهار)

این چهره از روز خیر از ماه اردیبهشت (April 30th) شروع و در روز دی بمهر از ماه اردیبهشت (May 4th) پایان می یابد.

چهره دوم - میدیوشهم (میان تابستان)

این گهنبار یادگار زمانی است که آیین ها هنوز به ایران وارد نشده بودند و سال آنها دارای یک تابستان هفت ماهه و یک زمستان پنج ماهه بود. بنابراین این گهنبار در میان تابستان از روز خیر از ماه تیر (June 29th) شروع و در روز دی بمهر از ماه تیر (July 3rd) پایان می یابد.

چهره سوم - پیتیه شهم (پایان تابستان)

این چهره از روز اشتاد از ماه شهریور (Sept 12th) شروع و در روز انارم از ماه شهریور (Sept 16th) به پایان می رسد.

چهره چهارم - آياسرم (آمدن سرما - ابتدا زمستان)

این جشن به خاطر آغاز زمستان پنج ماهه برپا می گردیده که از روز اشتاد از ماه مهر (Oct. 12th) شروع و در روز انارم از ماه مهر (Oct. 16th) به پایان می رسد.

چهره پنجم - میدیارم (میان زمستان)

این چهره از روز مهر از ماه دی (Dec. 31st) شروع و در روز ورهرام از ماه دی (Jan. 4th) به پایان می رسد. این چهره در میان زمستان پنج ماهه قرار دارد.

چهره ششم - همس پت میدیم (برابر شدن شب و روز)

این چهره در پنج روز پنجه واقع شده و آخرین روز آن با آخرین روز سال برابر است. اولین روز آن اهنود (Mar 15th) و آخرین روز آن وهشتواش (Mar 19th) می باشد.

دهشمندان

برگرفته از پرسش و پاسخ های موبد کورش نیکنام

ترجمه آفرینامه : برای شهریار و سرور کشور

بالاترین توانایی و پیروزی آرزو داریم . برای او زندگانی دراز، تندرستی و سرافرازی را خواستاریم تا در نبرد با کژاندیشان و کینه توزان پیروز شود هیچگاه اندیشه ، گفتار و کردار بد به سراغ او نیاید.

ترجمه ویسپوخاترم : آرزو داریم که همواره اندیشه ، گفتار و کردار نیک به سراغ ما آید تا ما نیز از زمره نیکوکاران روزگار خود باشیم.

پاداش نیک خیراندیشان را از اهورامزدا خواستاریم.

شیرین و کیخسرو ظهور مبلغ ۱۰۰ دلار بابت کمک به اقدامات فرهنگی و دینی

ZOROASTRIAN SOCIETY OF ONTARIO

NOMINATION FORM - 2015

(Please print or write clearly and complete all sections on both sides of this Form)

We, the undersigned, being members in good standing of the Zoroastrian Society of Ontario (ZSO), nominate the following member of ZSO who is a permanent resident of Ontario

_____ of _____ ,
(Name of member nominated) (City)

for election to serve on the Executive Committee as:

(Position)

Dated at _____ this _____ day of _____, 2015.
(City) (Date) (Month)

(Proposer's Name) (Proposer's Name)

(Proposer's Signature) (Proposer's Signature)

I, _____ (Nominee), consent to this Nomination, and agree to abide by the Constitution and By-laws of the ZSO and all Resolutions passed by the members of the ZSO at all General Meetings.

(Nominee's Signature)

Please Note:

1. For this nomination to be valid, it must be delivered to the attention of the "ZSO Secretary" before 6:00 p.m. on Saturday, June 13, 2015, at the registered office of the ZSO.
2. The Nominee must complete the Bio-data Form overleaf.
3. The Nominee and the Proposers must be members in good standing (up to date with their Membership Fees) on the date that this Nomination Form is signed.

(P.T.O.)

ZOROASTRIAN SOCIETY OF ONTARIO

NOMINEE'S BIO-DATA FORM - 2015

Nominee's Name: _____

Member of ZSO since: _____

Past Social/Community Activities: _____

Education Background: _____

**Professional Background/
Occupation:** _____

**Objectives I'd like to
achieve if elected:** _____

Dated: _____, 2015

(Signature of Nominee)

(P.T.O.)